

ALLIED GARDENS  
SWIMMING POOL

# CANNED FOOD DRIVE

COME FOR SPECIAL HOURS  
FOR REC/LAP SWIM. DON'T  
FORGET YOUR CANNED  
FOOD TO DONATE.



**UNEXPIRED &  
CANNED FOOD  
ONLY**

**Saturday  
November 14, 2026  
11:00am-1:00pm**

**FOR MORE  
INFORMATION:**

**Allied Gardens Pool  
6707 Glenroy St  
619-235-1143**

The City of  
**SAN DIEGO**



The City of  
**SAN DIEGO**

# **HALLOWEEN NIGHT SWIM**



**MUSIC, GAMES & CANDY**

**23th  
Oct  
2026**

**TIERRASANTA  
COMMUNITY  
POOL**

**6 PM  
8 PM**

**COME TO REC/LAP SWIM FOR FUN  
MUSIC & GAMES**





# Join Our Free CPR Training

Hands-Only CPR Class & Demonstration

**August 28th, 2026**

**Class - 5:30-6:00 p.m.**

**Free Recreation Swim - 6:00-7:00 p.m.**

Event is open to everyone of all ages with no previous knowledge or skills required. Please join the City of San Diego Parks and Recreation Department in this free lifesaving event located at the **Allied Gardens Pool.**



Sign up online at  
**[www.SDRecConnect.com](http://www.SDRecConnect.com)**  
Activity # 136594