



FOR IMMEDIATE RELEASE

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Councilmembers Campillo, von Wilpert, Elo-Rivera and Council President La Cava Recognize Pregnancy and Infant Loss Remembrance Day

SAN DIEGO — San Diego City Councilmembers Raul Campillo, Marni von Wilpert, Sean Elo-Rivera and Council President Joe LaCava were joined Tuesday at City Hall by the Institute of Reproductive Grief Care to proclaim today, October 15, 2026, Pregnancy and Infant Loss Remembrance Day in the City of San Diego.

“The crushing weight of reproductive loss impacts a quarter of couples and individuals trying to start a family,” said Councilmember Raul Campillo. “We must make sure we’re doing everything we can to support and care for those affected by this profound and unimaginable type of loss.”

According to the Institute of Reproductive Grief care, [there are 2.4 million reproductive losses each year](#) in the United States alone. [Reproductive loss can lead to physical and psychological symptoms](#) that include psychological trauma, medical complications, and increased risk of developing depression, anxiety, and suicidal ideation.

“At a time when maternity care units are closing across the country, supporting families means protecting the facilities, care teams, and resources they rely on before, during, and after a pregnancy,” said Councilmember Marni von Wilpert. “Every family deserves holistic care during pregnancy and support to grieve after a loss, and this moment calls on us to act. We honor the families who carry their loss every day by investing in critical support for them and protecting facilities here in San Diego.”

Councilmembers Campillo and von Wilpert are currently working together on ways to increase support for City employees who experience reproductive loss.

“Awareness matters, but meaningful change requires action. Strengthening reproductive loss support for City employees recognizes that reproductive loss can have profound physical and emotional effects,” said Dr. Michaelene Fredenburg, President and CEO of the Institute of Reproductive Grief Care. “As a San Diego-based organization working to advance research, education, and compassionate care surrounding reproductive loss, the Institute of Reproductive Grief Care is proud to support this important step.”

San Diego State University (SDSU) [recently released a study](#) confirming that directly asking patients about their experience with reproductive loss allows healthcare providers to identify and validate grief that is often overlooked or disregarded. The study found that participants were grateful to be asked about their reproductive losses.

“Reproductive grief remains an overlooked gap in healthcare. From a population health perspective, routine care should identify the physical and emotional effects of reproductive loss and connect patients with appropriate support,” said SDSU Assistant Professor Rebecca Mattson, Ph.D., R.N., PHN. “Our study of 844 women demonstrates the value of asking directly about grief and supports the development of a brief, patient-informed screening approach.”

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About City Council District 7

The Seventh Council District of the City of San Diego is proudly represented by Councilmember Raul Campillo, who serves as Chair of the Economic Development and Intergovernmental Relations Committee. His top priorities include improving public safety and fiercely advocating for increased transparency, opportunity, and access in District 7 and beyond. [Sign up here](#) for district-wide updates and more.

About City Council District 5

The San Diego City Fifth Council District is represented by [Councilmember Marni von Wilpert](#), Chair of the Public Safety Committee. The district’s communities include Black Mountain Ranch, Carmel Mountain Ranch, Miramar Ranch North, Rancho Bernardo, Rancho Peñasquitos, Sabre Springs, San Pasqual, Scripps Ranch, and Torrey Highlands. Learn more about the district at sandiego.gov/citycouncil/cd5.