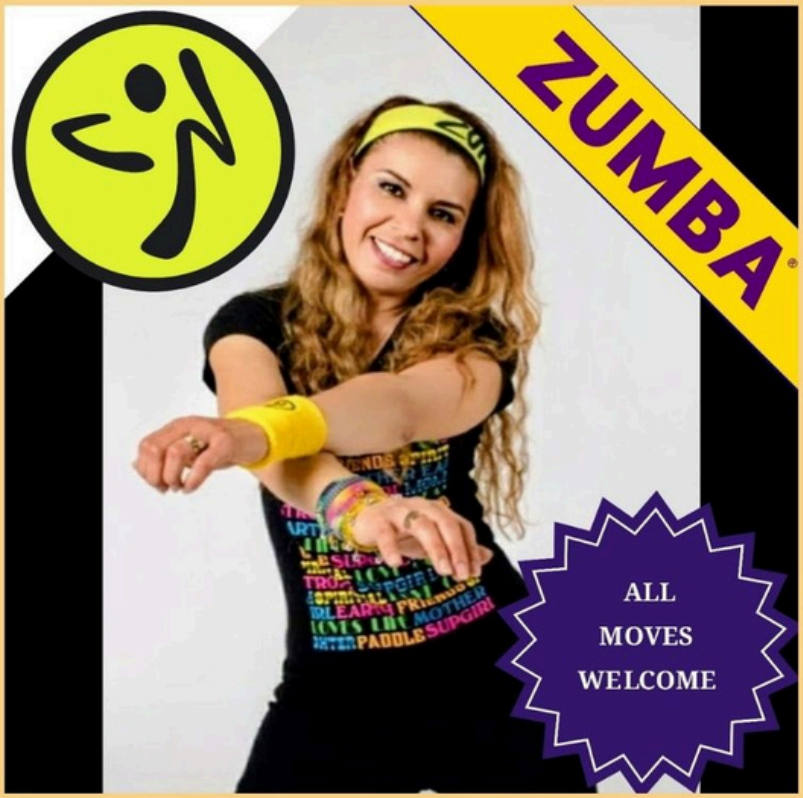
ZUMBA



With Maria K

at Nobel Rec. Center
8810 Judicial Dr, San Diego
(858)-552-1629

Free Trial Classes
Every Tuesday from
Nov 10 to Dec 15
10:00 - 10:45 AM

ZUMBA
GIVES ACTIVE ADULTS:

- Better balance
- Stronger range of motion
- Improved coordination
- Guaranteed mood boost

The City of SAN DIEGO





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