

# Resource Sheet



## National Human Trafficking Resource Center

The National Human Trafficking Resource Center (NHTRC) is a national anti-trafficking hotline and resource center serving victims and survivors of human trafficking and the anti-trafficking community in the United States. The toll-free hotline is available to answer calls from anywhere in the country, 24 hours a day, seven days a week, every day of the year in more than 200 languages.

The NHTRC can also be accessed by emailing [nhtrc@polarisproject.org](mailto:nhtrc@polarisproject.org), submitting a tip through the online tip reporting form, and visiting the web portal at [www.traffickingresourcecenter.org](http://www.traffickingresourcecenter.org).

Send text messages to “BeFree” (233733) to connect instantly to the National Human Trafficking Resource Center (NHTRC) hotline

Toll Free Info Line: 888-373-7888



## San Diego Crime Stoppers

San Diego County Crime Stoppers Inc. operates an anonymous telephone tip hotline where citizens can call with information on any felony crime or suspected criminal activity. Crime Stoppers work with media partners to publicize unsolved felony crimes with the aim of bringing in tips from the public. Crime Stoppers is based on the principle that for every crime committed, someone has information to solve that crime. Crime Stoppers combats the three major problems law enforcement faces in gathering information. They are a fear of reprisal, apathy, and a reluctance to get involved.

San Diego County Crime Stoppers Inc. overcomes these challenges by providing citizens a safe way to anonymously report crime and rewards citizens for

tips leading to an arrest. In addition to the telephone tip line, Crime Stoppers also provides an anonymous on-line tip link too.

To send a text tip to Crime Stoppers text “SDTips” at the beginning of your text message followed by as much detail as possible to **274637**.

On-line tip link: [www.tipsubmit.com](http://www.tipsubmit.com)

Toll Free Hotline: 888-580-8477



## Adult Emergency and Crisis Services

**If you are experiencing a Behavioral Health emergency, please call 9-1-1.**

If you need information about how to handle a mental health crisis, you can talk to a trained counselor who can help with your specific situation. Call the Access and Crisis Line at **888-724-7240**. The toll-free call is available 24-hours a day, 7-days a week. (TDD for the hearing impaired: 619-641-6992)

Operators at this line will talk to you about what services are available in your area, for all ages, including mental health services for those with Medi-Cal or no insurance, services for alcohol or drug abuse, suicide prevention, medication needs, and more.

Spanish-speaking counselors are available most hours, as well as language interpreters for 140 languages.

Walk-in emergency mental health services are available for adults and older adults who are experiencing a mental health emergency or crisis at the Emergency Psychiatric Unit located at:

## **San Diego Psychiatric Hospital**

3853 Rosecrans St.  
San Diego, CA 92110  
Telephone: 619-692-8200