

ADVANCED OFFICERS TRAINING (AOT)
2019-2020
I - TACTICAL FIREARMS

COURSE GOAL:

The course will provide the officer with the appropriate topics of tactical firearms and lethal force required in POST's Advanced Officers Training (AOT). The officer will develop the necessary firearms tactical knowledge and skills to survive and win a realistic lethal force encounter.

The course consists of a hands-on practical skills firearms training for in-service officers.

TACTICAL FIREARMS

Minimum Topics/Exercises:

- A. Basic Tactical Firearms Situations, Judgment and Decision Making Exercise(s)
- B. Class Exercises/Student Evaluation/Testing
- C. Safety guidelines/orientation
- D. Sight Alignment, Trigger Control, Accuracy
- E. Target recognition and Analysis
- F. Weapons Clearing
- G. Weapons light usage
- H. Handheld flashlight usage with Firearm
- I. Live Fire Tactical/or Simunitions Tactical
- J. Policy and/or legal issues
- K. Use of Force considerations (options)
- L. Moral obligations

COURSE OBJECTIVES:

The officer will:

1. Demonstrate knowledge of their individual Department's Use of Force/Firearms Policy.
2. Demonstrate a minimum standard of tactical handgun proficiency with every technique, exercise, and course-of-fire, to include:
 - A. Judgment and Decision Making
 - B. Weapons Safety
 - C. Basic Presentation Technique
 - D. Fundamentals of Shooting
 - E. Speed, Accuracy and Effectiveness under stress and movement conditions
 - F. Shot Placement: Multiple rounds
 - G. Flashlight techniques with handheld light
 - H. Gun mounted weapons light usage
 - I. Failure Drills, heads and pelvis shots

Minimum standards of performance shall be tested by an instructor observing the officer during their performance of each technique, exercise and course-of-fire. If the officer does not meet minimum standards, as established by the presenter, remediation will be provided until the standard is met.

EXPANDED COURSE OUTLINE

I. INTRODUCTION/ORIENTATION

- A. Introduction, Registration and Orientation
- B. Course Objectives/Overview, Exercises, Evaluation/Testing
- C. Weapons Safety Orientation, Review of Range and Shooting Safety Rules **I(c)**
 - 1. All Weapons are to be considered loaded
 - 2. Never point the muzzle at anything you are not willing to shoot at
 - 3. Keep finger off trigger until you are ready to fire
 - 4. Be sure of your target area, both foreground and background
 - 5. Range and Tactical Safety
 - a. Follow Range Rules
 - b. Follow Instructor commands
 - c. Strict Weapon Discipline and Muzzle Control
 - d. No Lasering of personal body parts
 - 6. Review of Range Safety Rules
 - a. Cover primary elements as a checklist with students
 - b. Local emergency/first aid procedures to include radio/telephone procedures, closest medical facility

II. LETHAL FORCE OVERVIEW **I(a,j,k,l)**

- A. Legal/Moral/Ethical Issues involving Use of Force/Lethal Force
- B. Civil Implications of using Force/Lethal Force

III. USE OF FORCE/LETHAL FORCE AND FIREARMS POLICY **I(j,k)**

- A. Use of Force Options
 - 1. Lethal Force within the spectrum of force options
 - 2. Verbal, Hands, Less than Lethal, Lethal Force
 - 3. Escalation and De-escalation Process

IV. FUNDAMENTALS OF SHOOTING **I(d,e)**

- A. Stance
 - 1. Strong, Balanced Ready Position
 - 2. Isosceles, Modified Isosceles or Weaver?
- B. Grip

1. Strong, Effective two-handed grip
2. Good Friction/Torque
3. Complete coverage of grip
- C. Sight Picture
 1. Sight Alignment
 2. Eye Focus - Sights
- D. Trigger Control
 1. Straight back, steady pressure
 2. Finish Flat
- E. Target Recognition and Assessment
 1. Reset Trigger
 2. Reset Sights
 - a. Did I hit the threat?
 - b. Were my shots effective?
 3. Open Tunnel Vision
 4. Reload as necessary
 - a. Tactical vs. Emergency

V. DRILLS AND COURSES-OF-FIRE

I(a,c,d,e,g,h)

- A. Range Orientation and Safety Briefing
- B. All Courses emphasize:
 1. Weapons Safety
 2. Muzzle and Fire Discipline
 3. Fundamentals of Shooting
 4. Flashlight techniques

I(c)

C. Draw and Shoot 25 rounds 10-Ring Bull Target

I(d,i)

1. All drills from the holster, TH shooting
 - a. 3 yard line- repeat each drill 5X's
 1. 1 round-No Time
 - b. 5 yard line- repeat each drill 5X's
 1. 1 round-No Time
 - c. 7 yard line- repeat each drill 5X's
 1. 1 round-No Time
 - d. 10 yard line- repeat each drill 5X's
 1. 1 round-No Time
 - e. 15 yard line- repeat each drill 5x's
 1. 1 round-No Time

D. Draw and Shoot Speed 120 rounds IPSC Qual Target

I(a,d,e)

1. All drills from the holster, TH shooting

- a. 5 yard line (repeat each drill 5x)
 - 1. 1 round in 2 seconds
 - 2. 2 rounds in 2 seconds
 - 3. 3 rounds in 3 seconds
- b. 7 yard line (repeat each drill 5x)
 - 1. 1 round in 2 seconds
 - 2. 2 rounds in 2 seconds
 - 3. 3 rounds in 3 seconds
- c. 10 yard line (repeat each drill 5x)
 - 1. 1 round in 3 seconds
 - 2. 2 rounds in 4 seconds
 - 3. 3 rounds in 4 seconds
- d. 15 yard line (repeat each drill 5x)
 - 1. 1 round in 3 seconds
 - 2. 2 rounds in 4 seconds
 - 3. 3 rounds in 5 seconds

- E. Failure Drills 70 rounds IPSC Qual Target I(a,d,e)**
- 1. Discussion on reasons for use of “failure drills”
 - a. body armor
 - b. suspect on drugs
 - 2. Discussion on Methods of Employment
 - a. Movement from body shots to ocular cavity or T-Box
 - b. Movement from body shots to pelvic girdle
 - 3. Drills- All drills will be from the holster and TH shooting (no time limits)
 - a. 5 yard line- Draw and shoot 3-6 rounds to the body
 - 1. Emphasize speed and aggression for the body shots
 - 2. Transition 1 shot to the head
 - 3. Repeat 3x
 - b. 7 yard line- Draw and shoot 3-6 rounds to the body
 - 1. Emphasize speed and aggression for the body shots
 - 2. Transition 2 shots to the pelvis
 - 3. Repeat 3x

- F. Draw and Shoot 45 rounds IPSC Qual Target I(d,g,h,i)**
- 1. All drills begin from the holster. TH shooting
 - a. 10 yard line (no time/repeat 3x)

1. 2 rounds
2. 3 rounds
- b. 15 yard line (no time/repeat 3x)
 1. 2 rounds
 2. 3 rounds
- c. 25 yard line (no time/repeat 3x)
 1. 2 rounds
 2. 3 rounds

G. Elimination Drills 20 rounds SDPD “D” Qual Targets East Range I(d)

1. TH shooting from the holster
 - a. All officers will draw their handguns when the timer goes off. They will fire one round into the head of their target
 - b. If the officer is successful in hitting the target under the prescribed time limit, they will remain. If they are unsuccessful, they are eliminated from the drill.
 - c. The drill will continue until one (1) officer remains.
2. 7 yard line
 - a. 5 seconds
 - b. 4 seconds
 - c. 3 seconds
 - d. 2 seconds