

Age Friendly San Diego Working Plan: Outdoor Spaces & Buildings

Vision: San Diego is a city with beautiful, iconic, outdoor active spaces with quality buildings accessible for all.

Objectives and Specific Action Steps	Metrics/Deliverables (A quantifiable measure that is used to assess the success of the action)	Timeline Short Term (ST) < 1 Yr Medium Term (MT) = 2-3 Yrs Long Term (LT) = 3+ Yrs	Proposed Implementation Partners
<p>Goal 1.1. A citywide interconnected park system that fosters social interactions and play for people of all ages.</p>			
<p>1. Prioritize and allocate funding for improving current and creating future facilities, programs, and services that are age-friendly.</p> <p>a. Continue to identify resources to implement activities as designated in the Parks Master Plan that ensure accessibility and equal access to accommodate older adults.</p> <p>b. Provide the "Creating Parks and Public Spaces for People of All Ages" AARP resource guide to the Parks and Recreation board to increase knowledge on age-friendly design.</p>	<p>1a. Adopted Policy 1b. Resource guide provided to Parks and Recreation Foundation Board President</p>	<p>1a. MT & LT 1b. ST</p>	<p>1a. Parks & Recreation 1b. Parks & Recreation</p>
<p>2. Increase the urban tree canopy to provide increased aesthetics and shade.</p> <p>a. Educate the community of resources for residents to plant more City-approved trees.</p> <p>b. Invite the City of San Diego outreach team to Parks and Recreation community events (i.e., health fair, community Open House) to staff an informational booth.</p>	<p>2a. # of outreach events and including the information available at Parks and Recreation facilities per year 2b. # of invitations to attend outreach events per year</p>	<p>2a. MT 2b. MT</p>	<p>2a. Outreach 2b. Parks & Recreation</p>
<p>Goal 1.2 Residents will have well-maintained, safe, and active public spaces near where they live that offer meaningful programming options.</p>			
<p>1. Promote community awareness, engagement, participation and use of local active public spaces, including plazas, pocket parks, and parklets.</p> <p>a. Offer additional age-friendly outdoor programming at the Parks and Recreation facilities.</p> <p>b. Expand marketing of Parks and Recreation programs, facilities, and services.</p>	<p>1a. # of outdoor age-friendly programs per year 1b. # and type of new marketing efforts per year</p>	<p>1a. MT 1b. MT</p>	<p>1a. Parks & Recreation 1b. Communications with Parks & Recreation</p>
<p>2. Ensure adequate lighting, informational signage, and comfortable, accessible seating.</p> <p>a. Educate the older adult community to utilize the "Get it Done" app to report maintenance issues to the City.</p> <p>b. Audit website apps for ease-of-use, make changes where necessary.</p> <p>c. Install additional accessible benches and wayfinding signage.</p>	<p>2a. # of "Get it Done" programs offered at various Parks & Recreation facilities and Usage Guide 2b. Completed audit with recommended changes 2c. # of benches and wayfinding signage installed per year</p>	<p>2a. ST 2b. MT 2c. MT & LT</p>	<p>2a. Parks & Recreation with Performance & Analytics 2b. Performance & Analytics 2c. Streets Division</p>

Goal 1.3 Increase livability, safety, and walkability throughout San Diego.

<p>1. Create comfortable, safe, shaded spaces for people to rest and socialize with accessible pedestrian paths on all routes.</p> <p>a. Create/Build shaded pedestrian respite locations.</p> <p>b. Maintain and increase access to comfort stations- restrooms, drinking fountains, etc.</p> <p>c. Clearly communicate where comfort stations are located within the City.</p> <p>d. Include more Crime Prevention Through Environmental Design (CPTED) training for maintenance staff and include in design of new public spaces.</p> <p>e. Update the federally-mandated ADA Self Evaluation and Transition Plan.</p>	<p>1a. # of new shaded respite locations per year 1b. # of new comfort station amenities per year 1c. Map/Listing of comfort stations 1d. # of trainings and attendance provided to staff per year 1e. Updated ADA Self Evaluation and Transition Plan</p>	<p>1a. LT 1b. LT 1c. MT 1d. MT 1e. MT: Reviewed annually</p>	<p>1a. Streets Division 1b. Parks & Recreation Asset Management and Office of ADA Compliance and Accessibility 1c. Communications 1d. Maintenance 1e. Office of ADA Compliance & Accessibility</p>
<p>2. Make pedestrians a priority; ensure hazard-free roadways, pathways, and sidewalks.</p> <p>a. Install additional curb ramps for safe, accessible crossing.</p> <p>b. Install additional pedestrian crossing/audio cues and allow enough time for older adults to cross.</p> <p>c. Repair damaged and uplifted sidewalks to address tripping hazards.</p>	<p>2a. # of new curb ramps installed per year 2b. # of new pedestrian crossing and # of adjusted audio cues per year 2c. # of repaired sidewalks</p>	<p>2a. MT 2b. MT 2c. ST</p>	<p>2a. Streets Division 2b. Streets Division and Office of ADA Compliance and Accessibility 2c. Streets Division</p>

KEY:
 Green- Action Steps Underway
 Purple- Action Steps Suggested, Prioritize Internal Capacity
 Orange- Action Steps Suggested, No Plan or Identified Resources

Age Friendly San Diego Working Plan: Social & Civic Participation

Vision: San Diego is a community where older adults have social opportunities to gather, share talents, and meaningfully interact with people of all ages.

Objectives and Specific Action Steps	Metrics/Deliverables (A quantifiable measure that is used to assess the success of the action)	Timeline Short Term (ST) < 1 Yr Medium Term (MT) = 2-3 Yrs Long Term (LT) = 3+ Yrs	Proposed Implementation Partners
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Goal 1.1 Expand recreation and social activities for older adults to support healthy aging.

<p>1. Evaluate current programs offered to the older adults in San Diego and identify gaps.</p> <p>a. Complete a community survey to identify programming interest of older adult residents. b. Identify all Community Senior Centers offering older adult programming within the City. c. Distribute a feedback form to AgeWell program participants on a regular basis to gauge the quality of programming and identify if they meet the needs and expectations of older adults.</p>	<p>1a. Completed survey with identified programming 1b. Develop an AgeWell Toolkit with Community resources, including adult programming opportunities 1c. Pilot and consider Quarterly distribution of feedback form</p>	<p>1a. ST 1b. ST 1c. ST: Distributed regularly</p>	<p>1a. Parks & Recreation 1b. Parks & Recreation with SDSU Social Policy Institute 1c. Parks & Recreation with SDSU Social Policy Institute</p>
<p>2. Expand fitness, education, creative arts, and social gathering opportunities for older adults.</p> <p>a. Identify possible partnerships with community-based organizations that offer fitness, education, creative arts, and entertainment and expand programming. b. Provide the tools and resources to offer consistent programming for older adults at City of San Diego Parks and Recreation facilities. c. Develop a collaborative relationship with a learning institution to engage older adults and increase access to lifelong learning opportunities both virtually and in-person. d. Equip Parks and Recreation facilities with necessary age-friendly supplies (i.e., chairs, arts materials, etc.).</p>	<p>2a. # of programming partnerships and # of programs offered 2b. Develop an AgeWell Toolkit 2c. # of courses offered and promoted at Parks and Recreation Facilities 2d. Inventory list</p>	<p>2a. ST 2b. ST 2c. MT 2d. MT: Reviewed annually</p>	<p>2a. Parks & Recreation 2b. Parks & Recreation with SDSU Social Policy Institute 2c. Parks & Recreation with SD Community College District- Emeritus Program 2d. Parks & Recreation</p>
<p>3. Promote recreation and social activities for older adults.</p> <p>a. Create targets for outreach to older adults (i.e., number of social media posts, emails to AgeWell patrons, press releases, newsletter distribution schedule and locations). b. Position Parks and Recreation facilities as a Community Hub- an age-friendly facility with multi-room campus- that brings together diverse community members, connects to community resources, and encourages socializing and learning among generations. c. Identify older adult programming opportunities on the City of San Diego website.</p>	<p>3a. Creation of targets 3b. # of Community Open Houses 3c. Creation of a clear webpage</p>	<p>3a. MT: Reviewed annually 3b. MT: Reviewed annually 3c. MT: Reviewed annually</p>	<p>3a. Communications with Parks & Recreation 3b. Parks & Recreation 3c. Communications with Parks & Recreation</p>

Goal 1.2 Help bridge the digital divide by increasing access to technology.

<p>1. Increase older adults' access to technology.</p> <p>a. Partner with a local organization to provide technology devices to low-income older adults. b. Create additional free community hot spots within the City of San Diego (i.e., Libraries, Parks and Recreation facilities). c. Communicate technology needs to San Diego Futures Foundation to enhance City of San Diego Park and Recreation facilities with access to technology (i.e., Cyber lab or an on-site device access program).</p>	<p>1a. Partnership identified 1b. # of new hot spots 1c. # and type of devices available for public use at Parks and Recreation facilities</p>	<p>1a. ST 1b. MT: Reviewed annually 1c. MT</p>	<p>1a. Parks & Recreation with San Diego Oasis 1b. Development Services 1c. Parks & Recreation</p>
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<p>2. Educate older adults on how to use technology.</p> <p>a. Develop a training program to educate older adults on how to navigate technology.</p> <p>b. Enhance training opportunities to include non-English speaking individuals.</p> <p>c. Provide technology education, through both small group and personalized trainings.</p>	<p>2a. Training materials</p> <p>2b. Training support offered in language(s) other than English</p> <p>2c. # of training encounters, Patrons report an increase in comfort with technology</p>	<p>2a. ST</p> <p>2b. MT</p> <p>2c. ST</p>	<p>2a. Parks & Recreation</p> <p>2b. Parks & Recreation</p> <p>2c. Parks & Recreation with Library</p>
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Goal 1.3 Increase opportunities and improve visibility of volunteer positions for older adults.

<p>1. Enhance City of San Diego volunteer infrastructure.</p> <p>a. Increase administrative support to volunteer services.</p> <p>b. Identify a volunteer coordinator in every City Department who utilize volunteers.</p> <p>c. Create a city-wide network of volunteer coordinators, meeting quarterly.</p> <p>d. Prioritize ongoing staff training for volunteer coordinators and supervisors.</p>	<p>1a. Hours of support available</p> <p>1b. Identified coordinators</p> <p>1c. Quarterly meeting agendas and attendance</p> <p>1d. Available training opportunities and staff completed the training</p>	<p>1a. MT</p> <p>1b. ST: Reviewed annually</p> <p>1c. MT: Reviewed annually</p> <p>1d. MT</p>	<p>1a. Human Resources</p> <p>1b. Human Resources</p> <p>1c. Human Resources</p> <p>1d. Human Resources</p>
<p>2. Expand inclusion and diversity of volunteer opportunities available to all older adults of the City of San Diego.</p> <p>a. Review current volunteer opportunities and volunteer needs with inclusion in mind.</p> <p>b. Develop new volunteer opportunities, descriptions and training materials with diverse populations in mind.</p> <p>c. Explore partnerships with organizations that fund job training and work experience opportunities for older adults and develop mentorship opportunities for encore careers.</p> <p>d. Solicit volunteer feedback via satisfaction survey utilizing the "Better Impact" software system.</p>	<p>2a. Completion of audit</p> <p>2b. Volunteer descriptions and support materials</p> <p>2c. List of explorations</p> <p>2d. Deployed satisfaction survey</p>	<p>2a. MT</p> <p>2b. MT</p> <p>2c. MT</p> <p>2d. MT</p>	<p>2a. Human Resources</p> <p>2b. Human Resources</p> <p>2c. Human Resources</p> <p>2d. Human Resources</p>
<p>3. Promote volunteer opportunities for older adults.</p> <p>a. Host informational sessions about volunteer opportunities available through the City of San Diego and how to access regional listings of opportunities.</p> <p>b. Highlight volunteer opportunities on the City of San Diego website.</p> <p>c. Advertise volunteer opportunities in the AgeWell quarterly newsletter, "The Scroll."</p> <p>d. Expand the City's on-line presence by posting opportunities in on-line databases such as VolunteerMatch, JustServe, and Facebook.</p> <p>e. Create professionally designed marketing materials (i.e., flyers, posters, e-blast templates).</p> <p>f. Host an Annual Volunteer Appreciation Event- with a "bring a friend" recruitment strategy.</p>	<p>3a. # of informational sessions</p> <p>3b. Web page listing</p> <p>3c. Advertisement with listings</p> <p>3d. Postings present in databases</p> <p>3e. Purchase software for Parks and Recreation/Designed templates from Communications</p> <p>3f. Successful event and promotional materials</p>	<p>3a. MT</p> <p>3b. MT</p> <p>3c. ST</p> <p>3d. MT: Reviewed annually</p> <p>3e. ST</p> <p>3f. ST</p>	<p>3a. Human Resources</p> <p>3b. Information Technology with Human Resources</p> <p>3c. Parks & Recreation</p> <p>3d. Communications</p> <p>3e. Parks & Recreation with Communications</p> <p>3f. Human Resources</p>

KEY:
Green- Action Steps Underway
Purple- Action Steps Suggested, Prioritize Internal Capacity
Orange- Action Steps Suggested, No Plan or Identified Resources

Age Friendly San Diego Working Plan: Respect & Social Inclusion

Vision: San Diego is a place where all people are consistently treated fairly and kindly regardless of sex, age, gender, race and/or ethnicity, sexual orientation, or physical ability.

Objectives and Specific Action Steps	Metrics/Deliverables (A quantifiable measure that is used to assess the success of the action)	Timeline Short Term (ST) < 1 Yr Medium Term (MT) = 2-3 Yrs Long Term (LT) = 3+ Yrs	Proposed Implementation Partners
Goal 1.1 Equitable access to City services, public parks, libraries, and recreation facilities while recognizing and celebrating diversity.			
<p>1. Work towards the City of San Diego becoming a national leader in social equity.</p> <p>a. Adopt a Social Equity Policy.</p> <p>b. Create and staff an "Office of Race & Equity" within the City of San Diego.</p> <p>c. Reactivate the Senior Affairs Advisory Board (or Aging Commission), an advisory board appointed by the Mayor and City Council.</p>	<p>1a. Adopted Policy</p> <p>1b. Hired staff and stated goals</p> <p>1c. Appointed members and activated Commission</p>	<p>1a. MT</p> <p>1b. ST</p> <p>1c. MT</p>	<p>1a. Office of Race & Equity</p> <p>1b. City Council</p> <p>1c. City Council</p>
<p>2. Increase diversity of locations at which structured social opportunities are offered.</p> <p>a. Conduct a programming review through Activnet of all recreation centers to identify which underserved areas are lacking social opportunities for older adults.</p> <p>b. Conduct a space utilization review of all City of San Diego Parks and Recreation facilities to identify which areas are being underutilized and have space to expand programming.</p>	<p>2a. Completed program review</p> <p>2b. Completed space utilization review and update the Parks and Recreation ADA self-evaluation and transition plan</p>	<p>2a. ST: Reviewed annually</p> <p>2b. ST</p>	<p>2a. Parks & Recreation</p> <p>2b. Parks & Recreation and Office of ADA Compliance & Accessibility</p>
<p>3. Encourage activities celebrating diversity in the community.</p> <p>a. Create programming that showcases the diversity of San Diego (i.e., museum visits, cultural events and celebrations).</p> <p>b. Collaborate with local cultural organizations to promote community events.</p> <p>c. Work with public safety officials in the City of San Diego to ensure that areas where activities are held are accessible and safe for people of all ages.</p>	<p>3a. # of programs showcasing diversity offered per year</p> <p>3b. # of collaborative events per year</p> <p>3c. Completed safety and accessibility reviews</p>	<p>3a. MT: Reviewed annually</p> <p>3b. MT</p> <p>3c. MT</p>	<p>3a. Parks & Recreation with Library</p> <p>3b. Commission for Arts & Culture</p> <p>3c. Parks & Recreation</p>
Goal 1.2 Develop new and enhance existing opportunities for intergenerational activities that include older adults.			
<p>1. Widen the programmatic reach of existing intergenerational activities.</p> <p>a. Expand the partnership with the County of San Diego HHS Aging & Independence Service's Intergenerational Program to increase programmatic reach for activities.</p> <p>b. Host fitness-based programs that involve people of all ages in the community to encourage exercise and intergenerational bonding.</p> <p>c. Create diverse intergenerational activities, providing opportunities for shared experience with a variety of ages (i.e., children, teens, young adults).</p> <p>d. Host activities taught by both younger people and older adults to share expertise with generations (i.e., technology, mentoring, work readiness).</p>	<p>1a. # of co-sponsored intergenerational events between the City and the County of San Diego</p> <p>1b. # of fitness-based intergenerational programs offered per year</p> <p>1c. # and type of new intergenerational programs created per year</p> <p>1d. # of education intergenerational activities offered per year</p>	<p>1a. MT</p> <p>1b. MT</p> <p>1c. MT</p> <p>1d. MT</p>	<p>1a. Parks & Recreation with the County of San Diego</p> <p>1b. Parks & Recreation</p> <p>1c. Parks & Recreation</p> <p>1d. Parks & Recreation</p>

<p>2. Promote and explore both existing and future intergenerational activities.</p> <p>a. Advertise intergenerational activities online and in places frequented by older adults (i.e., libraries, community recreation centers, local AARP newsletter).</p> <p>b. Feature intergenerational activities in the AgeWell Services quarterly newsletter, "The Scroll."</p> <p>c. Develop a collaborative relationship with a learning institution to explore possible research projects and opportunities for generations to learn from each other.</p>	<p>2a. Developed list of outreach locations</p> <p>2b. # of intergenerational activities featured per year</p> <p>2c. Established MOU or Program Agreement</p>	<p>2a. MT: Reviewed annually</p> <p>2b. MT: Reviewed annually</p> <p>2c. ST: Reviewed annually</p>	<p>2a. Parks & Recreation with Library</p> <p>2b. Parks & Recreation</p> <p>2c. Parks & Recreation with SDSU Social Policy Institute</p>
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Goal 1.3 Expand overall integration, visibility, and consideration of older adults in City activities and services.

<p>1. City activities and services will be designed and marketed with an age-friendly lens.</p> <p>a. Build on information gathered during Age Friendly San Diego planning to identify marketing strategies for City activities and services.</p> <p>b. Create a check list for City staff to consider when designing activities and services.</p> <p>c. Utilize marketing strategies which make it clear that the programs are for all ages (i.e. "All Ages Welcome!", using large font, and color which create a clear contrast).</p>	<p>1a. Date of session and list of marketing strategies to reach older adults</p> <p>1b. Developed check list</p> <p>1c. Marketing materials highlighting age-friendly design</p>	<p>1a. ST</p> <p>1b. ST</p> <p>1c. MT</p>	<p>1a. Communications with SDSU Social Policy Institute</p> <p>1b. SDSU Social Policy Institute</p> <p>1c. Communications</p>
<p>2. Encourage age-friendly customer service and integrate older adults' voices in City activities and services.</p> <p>a. Conduct an age-friendly customer service training with City staff.</p> <p>b. Provide the tools and resources to offer age-friendly customer service for older adults at City of San Diego Parks and Recreation facilities.</p> <p>c. Explore opportunities to integrate the older adult voice in activities and services.</p>	<p>2a. Date(s) of age-friendly training</p> <p>2b. Develop an AgeWell Toolkit</p> <p>2c. # of older adults engaged in advisory roles</p>	<p>2a. ST</p> <p>2b. ST</p> <p>2c. MT</p>	<p>2a. SDSU Social Policy Institute</p> <p>2b. Parks & Recreation with SDSU Social Policy Institute</p> <p>2c. Parks & Recreation with the AARP</p>

KEY:

Green- Action Steps Underway

Purple- Action Steps Suggested, Prioritize Internal Capacity

Orange- Action Steps Suggested, No Plan or Identified Resources

Age Friendly San Diego Working Plan: Housing

Vision: San Diego is a city that supports one's ability to choose a place to age with opportunities for safe, affordable, and appropriately designed housing in neighborhoods with access to services.

Objectives and Specific Action Steps	Metrics/Deliverables (A quantifiable measure that is used to assess the success of the action)	Timeline Short Term (ST) < 1 Yr Medium Term (MT) = 2-3 Yrs Long Term (LT) = 3+ Yrs	Proposed Implementation Partners
<p>Goal 1.1 All residents have access to housing transition options across all income and accessibility levels.</p>			
<p>1. Support and incentivize access to affordable/livable housing, increasing the housing stock in the City of San Diego for older adults.</p> <p>a. Provide information on affordable housing programs, including density bonus programs that lead to the development of housing for all San Diegans.</p> <p>b. Report on production of types of housing development</p> <p>c. Assist with outreach to older adults, specifically those experiencing or at risk of experiencing homelessness, to connect them to affordable housing options and homelessness services.</p>	<p>1a. Informational materials available on City web page- English and Spanish</p> <p>1b. Report trends and annual Multifamily and affordable housing production.</p> <p>1c. Information included in the AgeWell Toolkit</p>	<p>1a. ST</p> <p>1b. LT</p> <p>1c. ST</p>	<p>1a. Planning</p> <p>1b. Planning</p> <p>1c. Parks & Recreation with Homeless Strategies and San Diego Housing Commission</p>
<p>2. Increase universal design housing options and knowledge of minor home safety modifications.</p> <p>a. Update Accessibility Program to improve incentives and to broaden accessibility standards and upgrades required to participate in the program.</p> <p>b. Host educational workshops highlighting universal design options for residents, for example AARP's HomeFit guide at various locations throughout the City, to adopt in their own homes.</p> <p>c. Host minor home repair and safety modification services presentations available to residents at various locations throughout the City.</p>	<p>2a. Updated Accessibility Program</p> <p>2b. # of presentations offered at Parks and Recreation facilities and attendance</p> <p>2c. # of presentations offered at Parks and Recreation facilities and attendance</p>	<p>2a. ST</p> <p>2b. MT</p> <p>2c. ST</p>	<p>2a. Planning with Sustainability and Mobility</p> <p>2b. Parks & Recreation with AARP</p> <p>2c. Parks & Recreation with Jewish Family Service- JFS Fix It Service</p>
<p>3. Promote the development of accessory dwelling units (ADUs) including accessible units.</p> <p>a. Work with partner organizations to promote and educate homeowners on ADUs and how homeowners can build and rent accessible ADUs.</p> <p>b. Provide information on ADUs that meet the needs of more users/Age Friendly goals. Include information on building materials, financing strategies, and accessible design.</p>	<p>3a. Promotional materials (info bulletins) and help promote events</p> <p>3b. Informational materials</p>	<p>3a. ST</p> <p>3b. MT</p>	<p>3a. Parks & Recreation with the ADU Coalition</p> <p>3b. Development Services with Office of ADA Compliance and Accessibility and San Diego Housing Commission</p>
<p>4. Increase availability of affordable older adult housing options, including more affordable assisted living, Board and Care facilities, and housing options which are pet-friendly.</p> <p>a. Increase access and knowledge of subsidy options to housing providers.</p> <p>b. Provide sample pet-friendly language and supporting impact research to allow pets.</p> <p>c. Explore emerging and expanding housing options for older adults.</p>	<p>4a. Promotional materials (info bulletins)</p> <p>4b. Available sample language policy/research</p> <p>4c. Develop a white paper in review/research of housing options.</p>	<p>4a. LT</p> <p>4b. MT</p> <p>4c. MT</p>	<p>4a. County of San Diego & San Diego Housing Commission</p> <p>4b. Serving Seniors</p> <p>4c. San Diego Housing Commission</p>

Goal 1.2 Neighborhoods are safe and have convenient nearby amenities (parks, libraries, etc.).

<p>1. Increase lighting, specifically near homes, businesses, and along sidewalks.</p> <p>a. Educate the older adult community to utilize the "Get it Done" app to report maintenance issues to the City.</p> <p>b. Enhance the "Get it Done" app function to include Spanish Language Support and ability to upload multiple pictures.</p> <p>c. Connect older adult residents to services which provide free and low-cost lighting solutions.</p>	<p>1a. # of "Get it Done" programs offered at various Parks & Recreation facilities and Usage Guide</p> <p>1b. Upgraded mobile app</p> <p>1c. Information will be accessible to staff in the AgeWell Toolkit</p>	<p>1a. ST</p> <p>1b. ST</p> <p>1c. ST</p>	<p>1a. Parks & Recreation</p> <p>1b. Information Technology</p> <p>1c. Parks & Recreation with Jewish Family Service- JFS Fix It Service</p>
<p>2. Improve walkability and access to transit to create "complete neighborhoods."</p> <p>a. Encourage older adult community volunteers with varying degree of functionality to complete a "Walk Audit" from AARP, in the surrounding areas of targeted communities at night, compile the information, and provide data to the Mobility Department and the Office of ADA.</p> <p>b. Repair sidewalks- remove trip hazards and ensure they are wide enough for wheelchairs/strollers and have curb ramps for safely crossing.</p> <p>c. Encourage the undergrounding of utilities that create walkability barriers along sidewalks.</p>	<p>2a. Completed audit and compiled information</p> <p>2b. # of repaired sidewalks</p> <p>2c. Miles of underground utilities and maintenance of a roll out plan</p>	<p>2a. ST</p> <p>2b. ST</p> <p>2c. LT</p>	<p>2a. Parks & Recreation with AARP</p> <p>2b. Streets Division</p> <p>2c. Development Services and City Council/Planning</p>
<p>3. Create and activate neighborhood amenities, such as pocket parks and plazas.</p> <p>a. Host Community Open Houses at key Parks and Recreation facilities to educate and engage communities on existing and planned neighborhood amenities.</p> <p>b. Increase the number of dog friendly parks in the City.</p>	<p>3a. Promotional materials and # of Community Open Houses</p> <p>3b. # of dog friendly parks</p>	<p>3a. MT</p> <p>3b. MT</p> <p>3c. MT</p>	<p>3a. Parks & Recreation</p> <p>3b. Parks & Recreation</p>

Goal 1.3 Older adults have the choice and ability to age comfortably where they choose, have access to necessary services (such as: food, transportation, medical) and feel a sense of community and connection.

<p>1. Enhance education about housing options and housing services available in the City of San Diego.</p> <p>a. Host educational workshops on alternative housing options for older adults at various locations throughout the city.</p> <p>b. Create a user-friendly basic housing guide to connect people to resource brokers and accessible housing.</p>	<p>1a. # of workshops offered at Parks and Recreation facilities and attendance</p> <p>1b. Information included in the AgeWell Toolkit</p>	<p>1a. MT</p> <p>1b. ST</p>	<p>1a. Parks & Recreation</p> <p>1b. Parks & Recreation, Office of ADA Compliance and Accessibility, with SDSU Social Policy Institute</p>
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<p>2. Promote, support, and partner with organizations which provide in-home long-term wrap around and support services to older adults.</p> <p>a. Host educational workshops on available in-home services for older adults at various locations throughout the city.</p> <p>b. Require developers who are seeking funding from the City for senior housing to either have services embedded in the housing or to have a plan for connecting people to services.</p>	<p>2a. # of workshops offered at Parks and Recreation facilities and attendance</p> <p>2b. Adopted Policy</p>	<p>2a. MT</p> <p>2b. LT</p>	<p>2a. Parks & Recreation with Aging & Independence Services (County)</p> <p>2b. City Council</p>
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Goal 1.4 Homeless services and shelters offer age-friendly facilities and specialized services for older adults who are experiencing homelessness.

<p>1. Assure that older adults understand and have confidence in the facilities safety and security measures.</p> <p>a. Educate older adults on safety and security systems which are in place.</p> <p>b. Host community conversations to hear and understand older adults concerns regarding safety.</p> <p>c. Ensure adequate space and access with storage as needed for walkers/wheelchairs and possessions.</p>	<p>1a. Development of facilities-specific info guides.</p> <p>1b. # of conversations offered at facilities and attendance.</p> <p>1c. Documentation of access accommodations and availability of storage space.</p>	<p>1a. ST</p> <p>1b. ST</p> <p>1c. MT</p>	<p>1a. Shelters in San Diego</p> <p>1b. Shelters in San Diego</p> <p>1c. Shelters in San Diego</p>
<p>2. Increase older adults' access to support services and resources.</p> <p>a. Focus on approaches to engagement and service provision that do not rely on technology.</p> <p>b. Increase access to employment options without impacting other financial supports.</p> <p>c. Review and recommend homelessness prevention strategies for older adults.</p>	<p>2a. Non-technology info materials i.e., hard copy and verbal referrals</p> <p>2b. Identified and advocate for policy change</p> <p>2c. Identified strategies with advocacy plan.</p>	<p>2a. ST</p> <p>2b. LT</p> <p>3b. MT</p>	<p>2a. Regional Task Force on Homelessness with Homeless Strategies and Solutions</p> <p>2b. Regional Task Force on Homelessness</p> <p>2c. Homeless Strategies and Solutions with Serving Seniors</p>
<p>3. Training for homeless service providers on age-specific needs and resources.</p> <p>a. Research and vet age-friendly resources for older adults experiencing homelessness.</p> <p>b. Develop training materials for service providers to understand older adult homelessness and successful service delivery strategies.</p>	<p>3a. Development of resource guide for service providers focused on older adults experiencing homelessness.</p> <p>3b. Training Materials</p>	<p>3a. ST</p> <p>3b. MT</p>	<p>3a. Homeless Strategies and Solutions</p> <p>3b. Regional Task Force on Homelessness</p>

<p>KEY:</p> <p>Green- Action Steps Underway</p> <p>Purple- Action Steps Suggested, Prioritize Internal Capacity</p> <p>Orange- Action Steps Suggested, No Plan or Identified Resources</p>
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Age Friendly San Diego Working Plan: Transportation

Vision: San Diego is a city where all people have accessible transportation that is reliable, affordable, and safe to travel to where they want and need to go.

Objectives and Specific Action Steps	Metrics/Deliverables (A quantifiable measure that is used to assess the success of the action)	Timeline Short Term (ST) < 1 Yr Medium Term (MT) = 2-3 Yrs Long Term (LT) = 3+ Yrs	Proposed Implementation Partners
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Goal 1.1: Expand mobility choices throughout the City of San Diego, including alternative transportation methods, to reduce greenhouse gas emissions and vehicle miles traveled, contributing to a regional approach.

<p>1. Expand and increase citywide bicycle ridership.</p> <p>a. Increase dedicated and protected bicycle lanes and/or "slow streets." b. Host bicycle ridership educational workshops at various locations throughout the City. c. Promote May as bicycle awareness month with a day focused on individuals 55+.</p>	<p>1a. # of new bicycle lanes and/or "slow streets" 1b. Attendance totals and how many workshops are offered within the City of San Diego. 1c. Flyer/website and documentation of May date and completed activity.</p>	<p>1a. LT 1b. MT 1c. ST: Offered Annually</p>	<p>1a. Transportation with San Diego County Bicycle Coalition 1b. San Diego County Bicycle Coalition and Parks & Recreation 1c. San Diego County Bicycle Coalition</p>
<p>2. Increase community confidence in public transit ridership.</p> <p>a. Host annual public transit educational workshops (such as "Transit Buddy") at various locations throughout the City. b. Increase on-time performance of public transit and communicate in real-time schedule.</p>	<p>2a. Attendance totals and how many workshops are offered at Parks and Recreation Facilities 2b. Identify solutions and projects that prioritize transit</p>	<p>2a. MT 2b. LT</p>	<p>2a. Parks & Recreation with MTS 2b. MTS, SANDAG, Transportation, and Sustainability and Mobility</p>
<p>3. Support and educate on alternative transportation methods.</p> <p>a. Increase the number of electric charging stations at City of San Diego locations. b. Develop a network of active walking groups. c. Educate the public and City staff on various alternative transportation methods.</p>	<p>3a. # of new charging stations installed per year 3b. Documented walking routes and meeting schedule advertised in ActiveNet 3c. Attendance totals and how many workshops are offered within the City of San Diego.</p>	<p>3a. LT 3b. MT</p>	<p>3a. Sustainability and Mobility 3b. Parks & Recreation 3c. Parks & Recreation, Risk Management, Circulate San Diego</p>

Goal 1.2 Strive for all forms of transit, including active transit (biking, walking, etc.) to be accessed safely.

<p>1. Reduce all traffic fatalities and serious injuries by applying traffic calming measures to reduce traffic speeds.</p> <p>a. City is working towards and is committed to Vision Zero, which is to have zero traffic deaths and sever injuries by 2025. b. Seek funding for implementation of traffic calming measures. c. Create additional round-a-bouts throughout the City.</p>	<p>1a. # of vehicle and pedestrian fatalities and sever injuries in the City of San Diego annually and post on Vision Zero webpage 1b. Conduct a grant search and keep up to date. 1c. # of round-a-bouts installed each year</p>	<p>1a. LT 1b. MT 1c. MT</p>	<p>1a. Transportation 1b. Transportation 1c. Transportation</p>
<p>2. Educate San Diego older adults on transportation safety trainings.</p> <p>a. Host a CarFit (AAA educational program) event within the City to educate older drivers how to safely utilize their vehicle. b. Promote and distribute Vision Zero driver and pedestrian safety resources. c. Promote community safety events in the AgeWell Services newsletter, "The Scroll."</p>	<p>2a. Request an event and provide details 2b. Printed materials available at City of San Diego community locations 2c. Community event in newsletter</p>	<p>2a. MT 2b. ST 2c. MT</p>	<p>2a. Parks & Recreation with AAA 2b. Transportation 2c. Parks & Recreation</p>

<p>3. Ensure adequate lighting, signage, and hazard free roadways, pathways, and sidewalks.</p> <p>a. Parks and Recreation staff to complete a "Walk Audit" from AARP in the surrounding areas of each facility to the nearest bus stop, compile the information, and provide to the Mobility Department and the Office of ADA</p> <p>b. Educate the older adult community members to utilize the "Get it Done" app to report maintenance and safety issues to the City.</p> <p>c. Increase comfort (shade, benches) and safety measures throughout the community and at transit stops and hubs.</p> <p>d. Fill potholes.</p>	<p>3a. Completed audit and compiled information</p> <p>3b. # of "Get it Done" programs offered at various Parks & Recreation facilities and Usage Guide</p> <p>3c. Maintain a comprehensive list of additional comfort and safety measures.</p> <p>3d. # of potholes filled</p>	<p>3a. ST: Start with facilities providing programming for older adults</p> <p>3b. ST: Provide additional classes as requested</p> <p>3c. MT, LT</p> <p>3d. ST</p>	<p>3a. Parks & Recreation with AARP, Sustainability and Mobility</p> <p>3b. Parks & Recreation</p> <p>3c. Transportation & MTS, SANDAG</p> <p>3d. Streets Division</p>
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Goal 1.3 Expand transportation options designed for older adults in the San Diego region and promote their use.

<p>1. View transportation systems not only as a method of moving about the County but also as a means for older adults to stay connected to the community.</p> <p>a. Educate community that decreasing isolation results in positive health outcomes for older adults.</p> <p>b. Advocate for a bus stop for patrons to access Park de la Cruz, the City of San Diego's facility which primarily provides services to older adults and individuals with disabilities via AgeWell Services and Therapeutic Recreation Services.</p>	<p>1a. Informational website content and social media posts.</p> <p>1b. Reach out to SSTAC and MTS Transit with formal request- Include compelling patron experiences/stories.</p>	<p>1a. ST</p> <p>1b. ST</p>	<p>1a. SDSU Social Policy Institute</p> <p>1b. Parks & Recreation with MTS</p>
<p>2. Educate the older adult community on various transportation options and ADA transit certification process.</p> <p>a. Create a user-friendly basic transit guide to connect people to resource brokers.</p> <p>b. Host workshops and programming on transportation options.</p> <p>c. Educate the older adult community on how to utilize Transportation Network Companies (Lyft, Uber) through their smart phones.</p>	<p>2a. Information included in the AgeWell Toolkit</p> <p>2b. # of workshops offered at Parks and Recreation facilities and attendance</p> <p>2c. # of workshops offered at Parks and Recreation facilities and attendance technology trainings</p>	<p>2a. ST</p> <p>2b. MT</p> <p>2c. MT</p>	<p>2a. Parks & Recreation with SDSU Social Policy Institute</p> <p>2b. Parks & Recreation with CTSA-FACT</p> <p>2c. Parks & Recreation</p>
<p>3. Ensure that older adults have access to appropriate transit in all San Diego communities.</p> <p>a. Provide the community contact information for SANDAG's Social Service Transportation Advisory Council (SSTAC) to report accessibility and safety issues with transit.</p> <p>b. Participate and advocate for transit deficient communities in SANDAG Regional Transportation Plan planning process.</p> <p>c. Identify funding and partner with an organization providing transit to create a "safety net" transit option for individuals who do not reside in service area/quality for specialized transit.</p>	<p>3a. Information accessible to staff in the AgeWell Toolkit</p> <p>3b. Attend community workshops/roundtables</p> <p>3c. Funding and established transportation provider</p>	<p>3a. ST</p> <p>3b. MT</p> <p>3c. MT</p>	<p>3a. Parks & Recreation with SDSU Social Policy Institute</p> <p>3b. Sustainability and Mobility</p> <p>3c. Parks & Recreation, MTS, CBO</p>

KEY:
Green- Action Steps Underway
Purple- Action Steps Suggested, Prioritize Internal Capacity
Orange- Action Steps Suggested, No Plan or Identified Resources

Age Friendly San Diego Working Plan: Community Health & Wellness

Vision: All San Diego residents live long and healthy lives with vitality. San Diego is a city where all residents know about and practice personal wellness to live their best life. Its residents know how to access healthcare and support services that increase health and well-being.

Objectives and Specific Action Steps	Metrics/Deliverables (A quantifiable measure that is used to assess the success of the action)	Timeline Short Term (ST) < 1 Yr Medium Term (MT) = 2-3 Yrs Long Term (LT) = 3+ Yrs	Proposed Implementation Partners
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Goal 1.1 Promote awareness and knowledge of available and accessible health and well-being related resources.

<p>1. Promote community health and wellness services, events, and education.</p> <p>a. Disseminate San Diego older adult resources on request or identified need at Parks and Recreation facilities or at hosted events.</p> <p>b. Utilize "The Scroll" newsletter to promote community health events and services.</p> <p>c. Educate the community about 2-1-1 San Diego's information and referral service.</p>	<p>1a. ElderCare Directory available at key Parks and Recreation Facilities</p> <p>1b. Quarterly health and wellness services/events</p> <p>1c. 2-1-1 Info Cards available at key Parks and Recreation Facilities</p>	<p>1a. ST</p> <p>1b. MT</p> <p>1c. ST</p>	<p>1a. Parks & Recreation</p> <p>1b. Parks & Recreation</p> <p>1c. Parks & Recreation with 2-1-1</p>
<p>2. Enhance education about personal emergency preparedness and City/County emergency services.</p> <p>a. Encourage all San Diegans to sign up for County-wide emergency notifications- "AlertSanDiego" and "SD Emergency."</p> <p>b. Facilitate outreach activities (i.e. host educational workshops, disseminate Personal Disaster Plans) on disaster preparedness planning and resources in San Diego.</p>	<p>2a. AgeWell E-Blast annually with information</p> <p>2b. # of outreach activities, Quarterly</p>	<p>2a. ST</p> <p>2b. MT</p>	<p>2a. Parks & Recreation with County of San Diego Emergency Services</p> <p>2b. Parks & Recreation with County of San Diego Emergency Services</p>

Goal 1.2 Expand the scope and number of City of San Diego Parks and Recreation sponsored/co-hosted health related events, programs, and activities to educate and improve physical and mental health.

<p>1. Increase number of older adult programs, seasonal activities, and events that foster health and wellness.</p> <p>a. Parks and Recreation facilities will increase the number of fitness classes offered for older adults.</p> <p>b. Host monthly blood pressure checks at various locations throughout San Diego.</p> <p>c. Implement older adult health promotion and wellness programming (i.e., fall prevention, nutrition, oral health, mindfulness).</p>	<p>1a. # and type of fitness classes held per year</p> <p>1b. # and location of blood pressure checks per year</p> <p>1c. # of programs held per year</p>	<p>1a. ST</p> <p>1b. MT</p> <p>1c. MT</p>	<p>1a. Parks & Recreation with County of San Diego Health Promotions</p> <p>1b. Parks & Recreation with Community Healthcare Partner</p> <p>1c. Parks & Recreation</p>
<p>2. Decrease isolation and loneliness among older adults.</p> <p>a. Provide outreach to community isolated older adults to facilitate social interaction.</p> <p>b. Encourage residents to "bring a friend" to community sponsored events.</p> <p>c. Promote the AgeWell Services Social Call and Technology Training Programs.</p>	<p>2a. # of outreach efforts</p> <p>2b. Promotional materials with "bring a friend"</p> <p>2c. Development of a promotional flyer and City of San Diego web page</p>	<p>2a. ST</p> <p>2b. MT</p> <p>2c. ST</p>	<p>2a. Parks & Recreation with Library</p> <p>2b. Communications</p> <p>2c. Parks & Recreation</p>

<p>3. Facilitate access to training and awareness of dementia and mild cognitive impairments.</p> <p>a. Encourage City staff to complete the online training to become a "Dementia Friend."</p> <p>b. Host workshops and presentations on Alzheimer's and various cognitive impairments.</p>	<p>3a. # of staff completed training</p> <p>3b.# of programs offered</p>	<p>3a. ST</p> <p>3b. ST</p>	<p>3a. Parks & Recreation with County of San Diego</p> <p>3b. Parks & Recreation with Alzheimer's San Diego</p>
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Goal 1.3 Align with the City's Complete Communities initiative in creating healthy communities with access to support and healthcare services.

<p>1. Develop and implement practices for responding to identified need for healthcare and support services.</p> <p>a. Engage with food, housing, and income specialists to better understand available resources, outreach to older adults, and how to access the services with dignity.</p> <p>b. Educate Parks and Recreation staff on support services available to older adults.</p> <p>c. Provide education and resources that assist older adults, particularly Latinx, to bridge the digital divide for online access to health information and programming.</p>	<p>1a. Develop a AgeWell Toolkit with Community Resources</p> <p>1b.Develop a training to roll out the AgeWell Toolkit</p> <p>1c. # of programs offered to assist individuals access health information</p>	<p>1a. ST</p> <p>1b. ST</p> <p>1c. MT</p>	<p>1a. Parks & Recreation with SDSU Social Policy Institute</p> <p>1b. Parks & Recreation with SDSU Social Policy Institute</p> <p>1c. Parks & Recreation with Community Health Partner</p>
<p>2. Create pathways for older adults to easily access food.</p> <p>a. Advocate and educate older adults to maintain a minimum of a 1-week emergency supply of shelf stable food.</p> <p>b. Host educational workshops on the variety of food resources available in San Diego.</p> <p>c. Research the feasibility of partnering with Serving Seniors or a food bank to host a county-funded lunch program or food distribution at Parks and Recreation facilities.</p> <p>d. Create a user-friendly basic access to food guide to connect people to resources.</p>	<p>2a. Create/Distribute an awareness flyer</p> <p>2b. # of workshops</p> <p>2c. Date of exploratory meetings</p> <p>2d. Information included in the AgeWell Toolkit</p>	<p>2a. ST</p> <p>2b. ST</p> <p>2c. ST</p> <p>2d. ST</p>	<p>2a. Parks & Recreation</p> <p>2b. Parks & Recreation</p> <p>2c. Parks & Recreation</p> <p>2d. SDSU Social Policy Institute</p>

KEY:

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