AGE FRIENDLY COMMUNITIES – CITY OF SAN DIEGO

The city of San Diego Parks and Recreation Department is working hard to develop a great community for people to live in as they age. To gather resident’s perspectives on what is needed, we are conducting this survey. This survey will ask about different aspects of the city of San Diego and what things you feel are needed to make the city of San Diego a better place to live as you age. Your answers will help identify priorities and challenges facing older adults. The results of this survey will be used to create a plan to help make the city of San Diego a more livable, age-friendly community.

In this survey you will be asked about your experience living in your community. By “community” we mean the geographical area where you spend most of your time. You can interpret this to mean your neighborhood, the city of San Diego, or the County as a whole. How you interpret your community may change from question to question. For example, when asked about parks you might consider just your local neighborhood whereas when asked about social activities you might consider the city as a whole.

- Please only take this survey if you are 50 years or older (or are responding on behalf of someone who is).
- This survey is anonymous and voluntary. We are not collecting or sharing any of your personal information. If you have any questions or concerns, please email Kristi Fenick, District Manager at KFenick@sandiego.gov or call 619-533-6333.
- This survey will take approximately 10 minutes to complete.

Age Friendly Communities was made possible thanks to grant support from The San Diego Foundation.

SECTION 1. BACKGROUND

1. What is your age category?

☐ 50-59 years old  ☐ 60-69 years old  ☐ 70-79 years old  ☐ 80-89 years old  ☐ 90 years old or older
2. What is your sex?

- [ ] Male
- [ ] Female
- [ ] Other

3. What is your zip code? ______________

4. How long have you lived in your community?

- [ ] Less than 5 years
- [ ] 5-14 years
- [ ] 15-24 years
- [ ] 25-34 years
- [ ] 35 years or more

5. How would you rate your community as a place to live as you age?

- [ ] Excellent
- [ ] Adequate
- [ ] Poor

6. How important is it to you to remain in your community as you age?

- [ ] Very important
- [ ] Somewhat important
- [ ] Not at all important

7. What is your current living arrangement?

- [ ] Own
- [ ] Rent
- [ ] Other type of living arrangement (e.g. living with a family friend). Please explain __________________________

8. What is your primary home?

- [ ] Single family home
- [ ] Mobile home
- [ ] Town home or duplex
- [ ] Apartment/Condo/Co-op
- [ ] Facility with supportive services
- [ ] Other

________________________
9. How many people live in your household, including yourself? _______

10. How important is it to you to remain in your home as you age?

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<thead>
<tr>
<th>Very important</th>
<th>Somewhat important</th>
<th>Not at all important</th>
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**SECTION 2. OUTDOOR AND PUBLIC SPACES**

11. Does your community have the following? Please select all that apply.

- [ ] Benches, outdoor seating, and resting areas
- [ ] Well-maintained and safe parks that are within walking distance of your home
- [ ] Pedestrian crossings with crossing times and visual and audio cues
- [ ] Sidewalks that are in good condition
- [ ] Neighborhood Watch Program

12. How important is it for your community to have **benches, outdoor seating, and resting areas**?

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<thead>
<tr>
<th>Very important</th>
<th>Somewhat important</th>
<th>Not at all important</th>
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13. How important is it for your community to have **well-maintained and safe parks that are within walking distance of your home**?

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<tr>
<th>Very important</th>
<th>Somewhat important</th>
<th>Not at all important</th>
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14. How important is it for your community to have **pedestrian crossings with crossing times and visual and audio cues**?

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<th>Very important</th>
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15. How important is it for your community to have **sidewalks that are in good condition**?

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</table>
16. How important is it for your community to have a Neighborhood Watch Program?

- [ ] Very important
- [ ] Somewhat important
- [ ] Not at all important

SECTION 3. TRANSPORTATION

17. Does your community have the following? Please select all that apply.

- [ ] Transportation options designed for older adults
- [ ] Easy to read traffic signs
- [ ] Safe driver education/refresher courses for older adults
- [ ] Public transportation within walking distance of your home and places you need to go
- [ ] Training on how to use public transportation

18. How important is it for your community to have transportation options for older adults?

- [ ] Very important
- [ ] Somewhat important
- [ ] Not at all important

19. How important is it for your community to have easy to read traffic signs?

- [ ] Very important
- [ ] Somewhat important
- [ ] Not at all important

20. How important is it for your community to have safe driver education/refresher courses for older adults?

- [ ] Very important
- [ ] Somewhat important
- [ ] Not at all important

21. How important is it for your community to have public transportation within walking distance of your home and places you need to go?

- [ ] Very important
- [ ] Somewhat important
- [ ] Not at all important
22. How important is it for your community to have **training on how to use public transportation**?

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<tr>
<th>Very important</th>
<th>Somewhat important</th>
<th>Not at all important</th>
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</table>

23. How do you get around for things like shopping, visiting the doctor, running errands or going to other places in the following ways? **Please select all that apply.**

| Drive yourself | Have friend, family or neighbor drive you | Walk | Ride a bike | Use public transportation | Take a taxi/cab or Uber/Lyft | Use a special transportation service, such as one for older adults with disabilities | Other________ |

### SECTION 4. HOUSING

24. Does your community have the following? **Please select all that apply.**

| Affordable housing options for older adults | Homes that are accessible to people of different physical abilities | Housing options that are within walking distance of community resources (e.g., parks, stores, community centers) | Affordable home improvement services | Services to arrange shared housing (e.g., roommates, room rentals) | Smaller housing opportunities (e.g., accessory dwelling units, cottages) |

25. How important is it for your community to have **affordable housing options for older adults**?

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<th>Very important</th>
<th>Somewhat important</th>
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</table>
26. How important is it for your community to have **homes that are accessible to people of different physical abilities**?

- [ ] Very important
- [ ] Somewhat important
- [ ] Not at all important

27. How important is it for your community to have **housing options that are within walking distance of community resources (e.g., parks, stores, community centers)**?

- [ ] Very important
- [ ] Somewhat important
- [ ] Not at all important

28. How important is it for your community to have **affordable home improvement services**?

- [ ] Very important
- [ ] Somewhat important
- [ ] Not at all important

29. How important is it for your community to have **services to arrange shared housing (e.g., roommates, room rentals)**?

- [ ] Very important
- [ ] Somewhat important
- [ ] Not at all important

30. How important is it for your community to have **smaller housing opportunities (e.g., accessory dwelling units, cottages)**?

- [ ] Very important
- [ ] Somewhat important
- [ ] Not at all important

**SECTION 5. SOCIAL PARTICIPATION**

31. Does your community have the following? **Please select all that apply.**

- [ ] Affordable activities for older adults
- [ ] Activities that involve both younger and older people
- [ ] Variety of cultural activities for diverse population
- [ ] Continuing education classes/self-improvement classes
32. How important is it for your community to have affordable activities for older adults?

- [ ] Very important
- [ ] Somewhat important
- [ ] Not at all important

33. How important is it for your community to have activities that involve both younger and older people?

- [ ] Very important
- [ ] Somewhat important
- [ ] Not at all important

34. How important is it for your community to have variety of cultural activities for diverse populations?

- [ ] Very important
- [ ] Somewhat important
- [ ] Not at all important

35. How important is it for your community to have continuing education/self-improvement classes?

- [ ] Very important
- [ ] Somewhat important
- [ ] Not at all important

36. Where do you typically go for continuing education or self-improvement classes/workshops in your community? Please select all that apply.

- [ ] University/Community College
- [ ] Department of Parks and Recreation
- [ ] Faith community
- [ ] Local organizations or businesses
- [ ] Community center
- [ ] Library
- [ ] Senior center
- [ ] Offerings through my work
- [ ] Online programs
- [ ] Other

37. About how frequently do you interact with your friends, family or neighbors in your community? This interaction could be by phone, in person, email or social media (such as Facebook).

- [ ] More than once a day
- [ ] About once a day
- [ ] Several times a week
- [ ] Once a week
- [ ] Once every 2 or 3 weeks
- [ ] Once a month
- [ ] Less than monthly
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<tbody>
<tr>
<td><strong>SECTION 6. VOLUNTEER AND CIVIC ENGAGEMENT</strong></td>
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<tr>
<td>38. Does your community have the following? Please select all that apply.</td>
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<tr>
<td>Range of volunteer activities to choose from</td>
<td>Opportunities for older adults to participate in decision making bodies such as community councils or committees</td>
<td>Easy to find information about local volunteer opportunities</td>
<td>Volunteer opportunities that involve both younger and older people</td>
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<td>39. How important do you think it is to have a <strong>range of volunteer activities to choose from</strong> in your community?</td>
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<td>Somewhat important</td>
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<tr>
<td>40. How important do you think it is to have opportunities for <strong>older adults to participate in decision making bodies such as community councils or committees</strong> in your community?</td>
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<td>Very important</td>
<td>Somewhat important</td>
<td>Not at all important</td>
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<tr>
<td>41. How important do you think it is to have <strong>easy to find information about local volunteer opportunities</strong> in your community?</td>
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<tr>
<td>Very important</td>
<td>Somewhat important</td>
<td>Not at all important</td>
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<tr>
<td>42. How important do you think it is to have <strong>volunteer opportunities that involve both younger and older people</strong> in your community?</td>
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<tr>
<td>Very important</td>
<td>Somewhat important</td>
<td>Not at all important</td>
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</table>
43. Which of the following resources would you use if you, a family member or friend needed information about volunteer opportunities for older adults? Please select all that apply.

- Volunteer Match
- Aging and Independence Services
- Parks and Recreation
- Family or friends
- Local nonprofit organizations
- AARP
- Faith-based organization such as churches or synagogues
- Internet
- HandsOn San Diego
- Library
- 211
- Other

**SECTION 7. HEALTH AND COMMUNITY SERVICES**

44. Does your community have the following? Please select all that apply.

- Wellness events at community locations to check blood pressure, get vaccinations, etc.
- Meal programs at community locations
- Community gardens to grow one's own foods
- Fall prevention awareness
- Service professionals (e.g. activity directors, home care workers, social workers, medical professionals) trained to address the needs around memory and cognitive impairment (dementia)

45. How important is it to you for your community to have wellness events at community locations to check blood pressure, get vaccinations, etc.?

- Very important
- Somewhat important
- Not at all important

46. How important is it to you to have meal programs at community locations?
47. How important is it to you to have senior **community gardens** to grow one’s own foods?

48. How important is it to you for your community to have **fall prevention awareness**?

49. How important is it to you for service professionals (e.g. activity directors, home care workers, social workers, medical professionals) to be trained to **address needs around memory and cognitive impairment (dementia)**?

50. How often do you **worry about running out of food before you have money to buy more**?

**SECTION 8. RESPECT AND INCLUSION**

51. Are people in your community **polite to you**?

52. Do people in your community **listen to you**?
<table>
<thead>
<tr>
<th>Question</th>
<th>Always/Usually</th>
<th>Sometimes</th>
<th>Never/Rarely</th>
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</thead>
<tbody>
<tr>
<td>53. Do people in your community offer help to you when you need it?</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
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<tr>
<td>54. Do people in your community discriminate against you based on your age?</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
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<tr>
<td>55. Do people in your community discriminate against you based on your sex?</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
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<tr>
<td>56. Do people in your community discriminate against you based on your race?</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
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<tr>
<td>57. Are you able to share your life experience with youth in your community?</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
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<tr>
<td>58. Do you feel valued in your community?</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>59. Do you feel included in activities for people of all ages in your community?</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
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<tr>
<td>60. How safe do you feel being in your community during the day?</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
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<tr>
<td></td>
<td>Very safe</td>
<td></td>
<td>Somewhat safe</td>
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<tr>
<td>61. How <strong>safe</strong> do you feel being in your community <strong>after dark</strong>?</td>
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<tr>
<td></td>
<td>Very safe</td>
<td></td>
<td>Somewhat safe</td>
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</tbody>
</table>

**SECTION 9. COMMUNICATION AND INFORMATION**

62. Does your community have the following? **Please select all that apply.**

<table>
<thead>
<tr>
<th></th>
<th>Community information printed with large lettering and clearly posted</th>
<th>Community information that is delivered to your home</th>
<th>Community information that is available online or through social media</th>
<th>Free access to computers and the Internet in public places (e.g., library, adult recreation centers, government buildings)</th>
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</thead>
<tbody>
<tr>
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</tbody>
</table>

63. How important is it to you to have **community information printed with large lettering and clearly posted**?

<table>
<thead>
<tr>
<th></th>
<th>Very important</th>
<th></th>
<th>Somewhat important</th>
<th></th>
<th>Not at all important</th>
</tr>
</thead>
</table>

64. How important is it to you for your community to have **community information that is delivered to your home**?

<table>
<thead>
<tr>
<th></th>
<th>Very important</th>
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<th>Somewhat important</th>
<th></th>
<th>Not at all important</th>
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</thead>
</table>

65. How important is it to you for your community to have **community information that is available online or through social media**?

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<tr>
<th></th>
<th>Very important</th>
<th></th>
<th>Somewhat important</th>
<th></th>
<th>Not at all important</th>
</tr>
</thead>
</table>
66. How important is it to you to have **free access to computers and the Internet in public places (e.g., library, adult recreation centers, government buildings)**?

- [ ] Very important
- [ ] Somewhat important
- [ ] Not at all important

67. How **comfortable** do you feel using the internet?

- [ ] Very comfortable
- [ ] Somewhat comfortable
- [ ] Not comfortable

68. Which of the following would you use if you, a family member or friend **needed information about services for older adults**, such as caregiving services, home delivered meals, home repair, medical transport or social activities? **Please select all that apply.**

- [ ] Local senior centers
- [ ] Aging and Independence Services
- [ ] Parks and Recreation
- [ ] Family or friends
- [ ] Local nonprofit organizations
- [ ] AARP
- [ ] Faith-based organization such as churches or synagogues
- [ ] Internet
- [ ] Health care professional
- [ ] Library
- [ ] 211
- [ ] Other

**SECTION 10. DEMOGRAPHICS**

69. What is your current marital status?

- [ ] Married
- [ ] Divorced
- [ ] Separated
- [ ] Widowed
- [ ] Not married, living with partner
- [ ] Never married

70. What race or ethnicity do you identify with?

- [ ] American Indian
- [ ] Asian
- [ ] Black
- [ ] Hispanic
- [ ] Pacific Islander
- [ ] Two or more
- [ ] White (Non-Hispanic)
- [ ] Other
71. What was your annual household income before taxes in 2018?

<table>
<thead>
<tr>
<th>Option</th>
<th>Income Range</th>
</tr>
</thead>
<tbody>
<tr>
<td>☐ Less than $10,000</td>
<td>$10,000</td>
</tr>
<tr>
<td>☐ $10,000 to $19,999</td>
<td>$20,000</td>
</tr>
<tr>
<td>☐ $20,000 to $29,999</td>
<td>$30,000</td>
</tr>
<tr>
<td>☐ $30,000 to $49,999</td>
<td>$50,000</td>
</tr>
<tr>
<td>☐ $50,000 to $74,999</td>
<td>$75,000</td>
</tr>
<tr>
<td>☐ $75,000 to $99,999</td>
<td>$100,000</td>
</tr>
<tr>
<td>☐ $100,000 to $149,999</td>
<td>$150,000 or more</td>
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</table>

72. What is the highest level of education you completed?

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<thead>
<tr>
<th>Option</th>
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<tbody>
<tr>
<td>☐ Some high school or less (no diploma)</td>
</tr>
<tr>
<td>☐ High school diploma or GED</td>
</tr>
<tr>
<td>☐ Some college (no degree)</td>
</tr>
<tr>
<td>☐ Bachelor's degree</td>
</tr>
<tr>
<td>☐ Graduate or professional degree</td>
</tr>
</tbody>
</table>

73. What is your current employment status?

<table>
<thead>
<tr>
<th>Option</th>
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</thead>
<tbody>
<tr>
<td>☐ Full-time (40 or more hours/week)</td>
</tr>
<tr>
<td>☐ Part-time (less than 40 hours/week)</td>
</tr>
<tr>
<td>☐ Unemployed</td>
</tr>
<tr>
<td>☐ Unemployed, but looking for work</td>
</tr>
<tr>
<td>☐ Retired</td>
</tr>
<tr>
<td>☐ Student</td>
</tr>
</tbody>
</table>

Thank you for taking the time to complete this survey. We are grateful for your valuable time and your thoughtful answers.