Are You 50 Years or Older? Live in San Diego?



2:30pm -4:30pm City Heights Square Mini Park 4380 Landis St. S.D., CA 92105 NOVEMBER 8 11:30am -2:30pm 4th District Seniors Resource Center 570 S. 65th St.

570 S. 65th St. (Off Skyline Drive) S.D., CA 92114 12pm - 3:30pm Balboa Park Club

2150 Pan American Road West S.D., CA 92101 12:30pm - 2:30pm Carmel Valley Recreation Center

Center 3777 Townsgate Dr. S.D., CA 92130

Senior Center 125 East Park Ave. S.D., CA 92173

10:30am -1:30pm

San Ysidro

Share your opinion and priorities for helping San Diego

residents age well.



SAN DIEGO STATE UNIVERSITY Social Policy Institute School of Social Work











FOR IMMEDIATE RELEASE Monday, Feb. 3, 2020

CONTACT: Tim Graham at 619-533-4588 or tgraham@sandiego.gov

City of San Diego Seeks Additional Input from Older Residents to Help Improve Future Livability

CITY'S AGEWELL SERVICES PROGRAM TO CONDUCT COMMUNITY LISTENING SESSIONS TO BETTER PROVIDE MEANINGFUL SUPPORT TO OLDER ADULTS IN SAN DIEGO

SAN DIEGO – The City of San Diego is asking for input from residents 50 and older via community listening sessions to identify specific priorities that will help make San Diego an age-friendly community for all. The City is partnering with The San Diego Foundation, San Diego State University Social Policy Institute and AARP as part of the Age Friendly San Diego initiative to gather more information that will help direct future planning and increase livability citywide.

Community listening sessions will be held Wednesday, Feb. 5 at the City Heights Weingart Branch Library from 6-7:30 p.m., Wednesday, Feb. 12 at the George L. Stevens Senior Community Center from 1:30-3 p.m. and Thursday, Feb. 20 at the La Jolla Community Center from noon-1:30 p.m. Light refreshments will be provided and registration is encouraged by contacting Marla Davis at 619-525-8247 or <u>Marlad@sandiego.gov</u>.

"We've received a tremendous response from the community through our online survey, and we hope to gather even more feedback with these citywide listening sessions," said Andy Field, director of the City's Parks and Recreation Department. "We want to hear from our older residents about what steps we can take to make our neighborhoods welcoming to people of all ages."

The Age Friendly San Diego initiative is spearheaded by the City's AgeWell Services program as part of the Parks and Recreation Department. The initiative commenced in November 2019 with the release of a citywide survey designed to seek input from older residents across eight topics: Outdoor Spaces and Public Places, Transportation, Housing, Social Participation, Respect and Social Inclusion, Work and Civic Engagement, Communications and Information and Community and Health Services. To date, more than

1,900 residents responded to the survey and the upcoming listening sessions are designed to gather additional input from the community.

The initiative is part of a broader City effort in concert with the World Health Organization and AARP to designate San Diego as a member of the global network of "Age-Friendly Cities" that embrace healthy aging, civic participation and sustainable economic and social success.

The AgeWell Services program also received a \$50,000 grant from The San Diego Foundation to provide funding for future programming and materials specifically designed for older residents. The funding will help make recreation centers and other facilities welcoming and engaging to people of all ages, creating vibrant community gathering places.

To find out about programs and services the City provides to older residents, please visit <u>www.sandiego.gov/agewell</u>.

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Want To Be Heard? We're Listening!

Please join us for an interactive discussion.

Help to prioritize areas of focus as we create a vision for San Diego to be an age-friendly community for ALL.

Light refreshments will be provided.

Come to any of the Listening Sessions below to let us know your thoughts.



Cathy Hopper	San Ysidro	City Heights	George L. Stevens	La Jolla
Clairemont	Senior	Weingart	Senior	Community
Friendship Center	Center	Branch Library	Community Center	Center
4425 Bannock Avenue	125 East Park Avenue	3795 Fairmount Avenue	570 South 65th Street	6811 La Jolla Blvd.
San Diego, CA 92117	San Ysidro, CA 92173	San Diego, CA 92105	San Diego, CA 92114	La Jolla, CA 92037
Tuesday	Wednesday	Wednesday	Wednesday	Thursday
1/21/20	1/29/20	2/5/20	2/12/20	2/20/20
10:30am - 12:00pm	1:30pm - 3:00pm	6:00pm - 7:30pm	1:30pm - 3:00pm	12:00pm - 1:30pm

Registration is optional, but encouraged: 619-525-8247 or: Marlad@SanDiego.gov

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California

ΒY



¿Tien 50 años o más? ¿Vive en San Diego? Haga escuchar ¿Noz.

Comparta su opinión y prioridades

para ayudar a los residentes de San Diego a medida que envejecen.

Puede encontrar la encuesta aquí:

SanDiego.gov/AgeWell

También puede realizar la encuesta en cualquiera de nuestros eventos indicados en el reverso de esta postal.

Para obtener más información, por favor contactar con **Kristi Fenick** 619.533.6333

El enlace de la encuesta estará habilitado hasta el 22 de noviembre de 2019



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50 Years or Older?

JOIN AN ONLINE ACTION PLANNING SESSION

Get Updated on the Age Friendly San Diego Initiative!

Be a part of the community to provide direction on future action.

Scheduled Zoom Meeting Dates :

Thursday, Nov. 19 — 11:00am - 12:00pm Tuesday, Dec. 1 — 6:00pm - 7:00pm Thursday, Dec. 3 — 10:30am - 11:30am Monday, Dec. 14 — 12:30pm - 1:30pm (Spanish) Wed., Dec. 16 — 2:00pm - 3:00pm

If you can't join, we will call you before the session starts so you can be included in the update and provide your valued feedback.

Email: <u>thescroll@sandiego.gov</u> to RSVP. If you can't join online, call: 619-525-8247 to register.

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SPACE IS LIMITED!

ATTEND AND GET A CHANCE TO WIN A \$25 GIFT CARD!



You are invited to the:

Age Friendly San Diego Action Plan Public Comment Virtual Launch Event Monday, September 27, 11:00am-12:00pm

Thank you for your past participation in helping to develop the Age Friendly San Diego Action Plan. Please join us for a community engagement event to walk through the final Action Plan and learn how you can provide comments and feedback on the Action Plan itself. For questions, please call: 619-236-6905.

RSVP your attendance by registering for the event here:

https://sdsu.zoom.us/meeting/register/tZcrfu-vpj8rGdJ6N2tMyJeqflhPyrM8Agq-

A zoom link, along with log on and phone access details, will be sent to you after you register.

We look forward to seeing you there!

Age Friendly San Diego Team











