



SORRENTO VALLEY: I was honored to co-sponsor a proclamation for the **Challenged Athletes Foundation**'s 25th Anniversary on July 31st. CAF provides opportunities and support to individuals with physical challenges, so they can pursue active lifestyles through physical fitness and competitive athletics.



CLAIREMONT: On July 17th, numerous residents attended the **Neighborhoods First Coalition**'s Mid-Year Strategic Plan Update at the Clairemont Senior Center. Infrastructure, traffic congestion, public safety, and neighborhood watch, were some of the topics discussed.



MIRA MESA: Following the July 4th Parade, District 6 staff and I hosted a **free ice cream social** at the Mira Mesa Senior Center.



KEARNY MESA: I stopped by the **American Red Cross** (Blood Donor Center) on July 13th to donate blood. Only about 3% of the U.S. population donates blood. Yet every 2 seconds, someone needs it.



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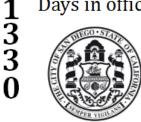
BY THE NUMBERS (since in office):

2835

Number of neighborhood issues resolved.



Days in office.



Community events attended:

2530





