



Carmel Valley Pool

Effective March 1, 2023

3777 Townsgate Drive, San Diego, CA 92130
(858)552-1623 www.sandiego.gov/pools

Due to a staffing shortage, the Carmel Valley Pool is open limited hours and has a maximum capacity of 25 swimmers. The Beachfront area, Children's Pool, and the Large Slides are closed until further notice.

Lap Swim

Sharing lanes and circle swimming required

Monday/Wednesday

**3:00 - 4:00 pm
5:30 - 8:00 pm**

**The Beachfront area, Children's
Pool, and the Large Slides are closed**

Water Fitness

Adults 16+/Seniors

Drop-in fee: \$4.00/class

Discount Pass: \$33.00/10 classes

Aquatic Body Conditioning (ABC):

This is a total body conditioning class; Multi-level, low impact, cardiorespiratory workout held in shallow and deep water.

Monday/Wednesday 3:00-4:00pm

Facility Admissions

Child/Disabled/Senior

\$2.00

Adults (16 & older)

\$4.00

Discount Passes

Adults (16 & older)

**\$80.00 / 30 swims
\$30.00 / 10 swims**

Child/Disabled/Senior

**\$40.00 / 30 swims
\$15.00 / 10 swims**

All Aquatic Programs, Schedules, and Fees may change due to enrollment and/or be cancelled without notice.

Observed Holiday Closures

February 20, 2023- Presidents Day

March 31, 2023- Cesar Chavez Day

- Passes expire one year from the date of issue and can be used at any City Pool
- All persons entering the facility during Recreation and Lap Swim times **MUST** pay the admission fee and wear proper swim attire always. **No re-entry is allowed.**
- Specific lanes/areas will be designated for Lap & Recreational swimming; however, the pool may be utilized for other programs during designated Lap/Recreational swim times
- A paying parent or responsible adult in a swimsuit must accompany children under 7 years of age or less than four feet tall. While in the water, a parent or responsible adult must remain within arm's reach of the child

Swim Team (ages 6-17)

Swim Team is a recreational swim program for youth 6-17 years old, which offers a quality, safe program that is committed to introducing and developing basic competitive swim skills while promoting fun and team spirit. Swimmers may participate in swim meet competitions with other City of San Diego swimming pools. Prerequisite: Tryout, please call pool for details.

\$29.00 per month Mon/Wed 4:00-5:30pm

POOL GUARD TRAINING

**Apply
Here**



Questions?

Contact **Kathy Castello**
KCastello@saniego.gov
(619) 533-4017

Starting Pay:

- **\$17.71** - Pool Guard I (16+)
- Candidates receive paid training once they've successfully completed a medical and background check, and have signed employment paperwork.

Hiring Hall Exam:

- Continuous 300 yd swim (no stopping)
- Tread water for two minutes (legs only)
- Swim 20 yards, surface dive 7 - 10 ft. to retrieve a 10 lb object. Swim 20 yd on your back to return to the starting wall while holding the object with both hands & with your face out of the water, and climb out within 1 min 40 sec.

Step 1

Submit online application
(must be 16 years old or older)

Step 2

Attend hiring hall and receive information to schedule/attend a background, physical & fingerprinting appointment. Select a Pool Guard Training class.

Step 3

To prepare for the class and while awaiting clearance (4-8 weeks), complete the online learning for Pool Guard Training class.

Step 4

Begin paid employment by attending first day of pre-selected Pool Guard Training class.

Step 5

Successfully complete pool guard training within 90 days of signing employment paperwork.

Step 6

Receive worksite assignment and contact supervisor for work shifts.

As a recipient of federal funds, the City of San Diego cannot discriminate against anyone on the basis of race, color, creed, sex, age, national origin or ancestry, religion, pregnancy, physical or mental disability, veteran status, marital status, medical condition, gender (transsexual and transgender), sexual orientation, as well as any other category protected by federal, state or local laws. If anyone believes, he or she has been discriminated against, he or she may file a complaint alleging the discrimination with the City of San Diego Park and Recreation Department (contact Deputy Director (619) 525-8235) or the Office of Equal Opportunity, U.S. Department of the Interior, Washington, D.C. 20240. This information is available in alternative formats upon request.