

The City of San Diego  
Park & Recreation Department  
We enrich lives through quality parks and programs

# Carmel Valley Community Park & Recreation Center

3777 Townsgate Drive, San Diego, CA 92130 (858) 552-1616

<http://www.sandiego.gov/park-and-recreation/centers/recctr/carmelvalley.shtml>



## WHICH CAMPS DO YOU WANT TO REGISTER FOR?

### FOR CONTRACTUAL YOUTH CAMPS:

Artventure, Artist Studio, Dance to Evolve, Little Rascalz Soccer, Incrediflix, Rock n' Tumble Gymnastics, Young Engineers, San Diego Sports, SD Skatelite and Mad Science of San Diego

**ONLINE & WALK - IN REGISTRATION  
BEGINS SATURDAY, MARCH 4 AT 10:00 AM**

### FOR RENTAL YOUTH CAMPS:

Carmel Valley Tennis, and Master Sports

*Please contact these businesses directly for registration and all other program inquiries. Their information can be found on each page under the description.*

These businesses rent facility space from the City of San Diego and the Carmel Valley Recreation Center to operate their programs. Distributing registration and program information is the responsibility of each individual Business.

## GENERAL INFORMATION

### HOURS OF OPERATION

Monday/ Wednesday/ Friday	9:00 AM - 8:00 PM
Tuesday/Thursday	11:00 AM - 9:00 PM
Saturday	9:00 AM - 4:00 PM

## IMPORTANT CONTACT INFORMATION

**Carmel Valley Pool:**  
(858) 552 - 1623

**Carmel Valley Tennis:**  
(858) 504 - 4181

**Recreation Council Information:**  
[www.cvsd.com/CVRecCenter](http://www.cvsd.com/CVRecCenter)

**CLASS REGISTRATION BEGINS MARCH 4, 2017 AT 10:00AM**  
**Go to the next page for registration details.**

# REGISTRATION INFORMATION

**Please Note: Businesses that rent facility space from the City of San Diego & the Carmel Valley Recreation Center will be distributing their own registration and program information. Please contact them directly for REGISTRATION and program inquires.**

**REGISTRATION FOR IN-HOUSE CAMPS ONLY IS AVAILABLE ONLINE OR IN OFFICE STARTING SATURDAY, MARCH 4 2017 AT 10:00AM. Children under 18 must be registered by their parent/legal guardian.**

**Register early for best availability. When camps fill to capacity, waiting lists are formed. Many camps are expanded to accommodate additional students. However, to ensure program quality for all participants, no exceptions are made regarding class enrollment sizes. All participants must meet age requirements.**

## PAYMENT POLICY:

- Payment is required at the time of registration.
- Payment methods for registrations taken at the Center are a credit card, EXACT cash or a check payable to "CVRC".
- Online Class registration requires a credit card payment.**
- Credit cards accepted are VISA, MasterCard, American Express and Discover. We are unable to accept debit cards.**
- A \$35 fee will be charged for all returned checks.
- Financial Assistance is available. Obtain Financial Assistance applications at the Recreation Center office. Last day to submit applications is 2 weeks prior to the start of each camp requested.**
- Camp fees are not prorated/discounted after the beginning of the scheduled session.

## IN-HOUSE CAMP REFUND POLICY:

No partial refunds or make ups for missed camp days. Sorry, no exceptions! A \$20.00 service fee will be charged per registrant for each refund request.

An official CVRC Refund Request Form (available at the Recreation Center) must be submitted a minimum of **7 business days prior** to the start of the originally registered camp.

Due to the nature of their business, camp organizations rely on registration numbers in order to plan safe and well supervised camps. If you or your child are unhappy, or your child cannot participate after the first day, we cannot refund or transfer you. Thank you for understanding.

If your child has a medical emergency (not regular/routine illness) after registration day and cannot participate in camp, please contact CVRC staff as soon as possible. A **CVRC Refund Request Form** (available at the Recreation Center) **must be submitted prior to the start of camp.** Refund or credit will be determined on a case by case basis by the Center Director. A doctor's note will be required.

## IN-HOUSE CAMP TRANSFER POLICY:

We understand that your plans may change during the summer. Transfer requests are not encouraged and will be evaluated on a case by case basis. Request must be within the same type of camp and organization, pending space availability. (i.e. Gym Kids Week 1 transfer to Gym Kids Week 5)

To insure program quality for all participants, no exceptions are made regarding camp enrollment sizes. An official CVRC Transfer Request Form (available at the Recreation Center) must be submitted a minimum of **7 business days prior** to the start of the originally registered camp.

## ARRIVAL & DEPARTURE:

It is required that all campers must be signed in and signed out each day by parent/legal guardian or other designated persons. Campers will not be released to anyone else. Picture ID may be required. Prior written parental permission is required for campers who wished to walk/ride bike home.

After camp hours, late pickups will be charged \$1.00 per minute, time determined by the supervising counselor. Payment is due immediately upon pick up. CVRC is not responsible for campers on the premises before or after camp hours.

## BEHAVIOR & SAFETY:

Any behavior that staff believes will endanger campers or staff safety will result in a minimum one day suspension from camp (no refund). Continual behavior problems including, but not limited to violent/inappropriate behavior or language, or breaking camp rules may also result in a minimum one day suspension from camp (no refund). Repeat offenses could result in expulsion from camp (no refund). Under any of the above circumstances, parent will be called to pick up the child immediately. Do not bring additional items to camp, only what is recommended. CVRC/camp staff is not responsible for lost/stolen items. To ensure security of property, label each item and ring everything in one bag.

## INDIVIDUALS WITH DISABILITIES:

All classes or programs can accommodate individuals with disabilities. For programs that are sponsored by the Recreation Council, the City of San Diego Park and Recreation, Therapeutic Recreation Services will provide inclusion aides as additional assistances along with the contractual program staff. Inclusion aides will be provided only upon availability. Requests for this service must be made at **least three weeks prior to the first day of the program.** For more information on Therapeutic Services, please call (619)525-8247. *Rental programs are required to provide reasonable accommodations for individuals with disabilities. Contact program provider to discuss accommodations.*

## FALL CLASS PROGRAM

**Brochure Available:**

July 22, 2017

**Registration Begins:**

Saturday, August 19, 2017

**Session Begins:**

Week of September 1, 2016

*All dates are subject to change without notice.*

## ONLINE REGISTRATION INFORMATION

You may register online for all contractual programs offered by the Recreation Council using the Online Activity Registration System.

**Log onto: [www.SDRecConnect.com](http://www.SDRecConnect.com)**



**Returning Customers (previously registered for classes online) -**

Click the "My Account" button. Enter your Login (email) and password. Log in with this password to activate your account.

First-time Online User?

**New Customers - (Must create an accounts to register online)**

Click on the "Create Account" button. Fill out the New Account request form completely, including all required fields (Birth date, gender, email address, etc.) and click submit. Please submit your request only once. You will receive a confirmation email at the email address that you provided.

**Please follow directions provided to active account.**

**\*Please Note: (For first time users only) Parents/Guardian must create their own account first using their own information. Once you have an online registration account, you will have the opportunity to add a child as a family member.**

If you need help, please click the FAQs (Frequently Asked Questions) button for information.

# OVERVIEW OF SUMMER CAMPS

<b>Week 0, June 19 – 23</b>	<b>Location</b>	<b>Time</b>	<b>Week 6, July 31 - August 4</b>	<b>Location</b>	<b>Time</b>
Art– Ocean Commotion Art Science -Brixology SD Skatelite Skate Only San Diego Sports *MS Adventure LT	CVRC Room 1 CVRC Room 2 CVRC Skate Park CVRC Upper Field CVRC Lower Field	9:00am - 12:00pm 1:00pm - 4:00pm 8:00am - 12:00pm 9:00am - 2:30pm 9:00am - 3:00pm	Evolve - Creative Explores Science– Crazy Chem Art– Ooey Goopy Stick Icky Art Incrediflix – Live Action Flix SD Skatelite - Skate and Swim Gym Rollers Gym Rollers Gym Kids Camp Cheer n’ Tumble Camp Little Rascalz - Soccer & Stuff *MS Basketball	CVRC Room 1 CVRC Room 1 CVRC Room 2 CVRC Room 2 CVRC Skate Park & Pool CVRC Gymnasium CVRC Gymnasium CVRC Gymnasium CVRC Gymnasium CVRC Lower Field CVRC Gymnasium	9:00am - 12:00pm 1:00pm - 4:00pm 9:00am - 12:00pm 1:00pm - 4:00pm 9:00am - 12:00pm 9:00am - 12:00pm 11:45am - 2:45pm 9:00am - 3:00pm 11:45am - 2:45pm 9:00am - 12:00pm 9:00am - 12:00pm 9:00am - 3:00pm
<b>Week 1, June 26 - 30</b>	<b>Location</b>	<b>Time</b>	<b>Week 7, August 7 - 11</b>	<b>Location</b>	<b>Time</b>
Young Engineers -BC1 Young Engineers -BC2 Young Engineers -Full Camp Incrediflix – Animation Flix Incrediflix – Lego Flix Incrediflix – Full Camp Little Rascalz - Soccer & Stuff SD Skatelite - Skate and Swim Gym Rollers Gym Rollers Gym Kids Camp Cheer n’ Tumble Camp *MS Game Changer Camp	CVRC Room 1 CVRC Room 1 CVRC Room 1 CVRC Room 2 CVRC Room 2 CVRC Room 2 CVRC Lower Field CVRC Skate Park & Pool CVRC Gymnasium CVRC Gymnasium CVRC Gymnasium CVRC Gymnasium CVRC Upper Field	9:00am - 12:00pm 1:00pm - 4:00pm 9:00am - 4:00pm 9:00am - 12:00pm 1:00pm - 4:00pm 9:00am - 4:00pm 9:00am - 12:00pm 9:00am - 3:00pm 9:00am - 12:00pm 11:45am - 2:45pm 9:00am - 3:00pm 11:45am - 2:45pm 9:00am - 3:00pm	Evolve - Royalty of Fairyland Evolve - Dance! Design! Direct! Art– Mermaid Wishes & Fish Kisses Young Engineers -BC1 Young Engineers -BC2 Young Engineers -Full Camp Science -Brixology SD Skatelite - Skate and Swim Little Rascalz - Soccer & Stuff San Diego Sports *MS Dodgeball	CVRC Room 1 CVRC Room 1 CVRC Room 2 CVRC Room 1 CVRC Room 1 CVRC Room 1 CVRC Room 2 CVRC Skate Park & Pool CVRC Lower Field CVRC Upper Field CVRC Gymnasium	9:00am - 12:00pm 1:00pm - 4:00pm 9:00am - 12:00pm 9:00am - 12:00pm 1:00pm - 4:00pm 9:00am - 4:00pm 1:00pm - 4:00pm 9:00am - 3:00pm 9:00am - 12:00pm 9:00am - 2:30pm 9:00am - 3:00pm
<b>Week 2, July 3 - 7</b>	<b>Location</b>	<b>Time</b>	<b>Week 8, August 14 - 18</b>	<b>Location</b>	<b>Time</b>
Artist Studio Science – Little Green Thumb Cooking– A dish of Disney *MS Soccer *MS Dodgeball	CVRC Room 1 CVRC Room 1 CVRC Room 2 CVRC Lower Field CVRC Gymnasium	9:00am - 12:00pm 1:00pm - 4:00pm 9:00am - 12:30pm 9:00am - 3:00pm 9:00am - 3:00pm	Young Engineers -BC1 Young Engineers -BC2 Young Engineers -Full Camp Art– Monster Mash Mania Art– Art Mania San Diego Sports *MS Game Changer Camp *MS Volleyball	CVRC Room 1 CVRC Room 1 CVRC Room 1 CVRC Room 2 CVRC Room 2 CVRC Upper Field CVRC Upper Field CVRC Gymnasium	9:00am - 12:00pm 1:00pm - 4:00pm 9:00am - 4:00pm 9:00am - 12:00pm 1:00pm - 4:00pm 9:00am - 2:30pm 9:00am - 3:00pm 9:00am - 3:00pm
<b>Week 3, July 10 - 14</b>	<b>Location</b>	<b>Time</b>	<b>Week 9, August 21 - 25</b>	<b>Location</b>	<b>Time</b>
Young Engineers -BC1 Evolve - Superheroes Camp Full Day Combo-Rascalz & Evolve Art– Pirate Adventure Science– Adventure in the Wild Little Rascalz - Soccer & Stuff Mini Girly Girl Mini Girly Girl Girly Girl Camp *MS Flag Football *MS Volleyball	CVRC Room 1 CVRC Room 1 CVRC Field & Room 2 CVRC Room 2 CVRC Room 2 CVRC Lower Field CVRC Gymnasium CVRC Gymnasium CVRC Gymnasium CVRC Upper Field CVRC Gymnasium	9:00am - 12:00pm 12:30pm - 3:30pm 9:00am - 3:30pm 9:00am - 12:00pm 1:00pm - 4:00pm 9:00am - 12:00pm 9:00am - 12:00pm 11:45am - 2:45pm 9:00am - 3:00pm 9:00am - 3:00pm 9:00am - 12:00pm	Young Engineers -BC1 Artist Studio Cooking- Round the USA SD Skatelite Skate Only San Diego Sports *MS Adventure LT *MS Basketball	CVRC Room 1 CVRC Room 2 CVRC Room 2 CVRC Skate Park CVRC Upper Field CVRC Lower Field CVRC Gymnasium	9:00am - 12:00pm 9:00am - 12:00pm 12:30pm - 4:00pm 8:00am - 12:00pm 9:00am - 2:30pm 9:00am - 3:00pm 9:00am - 3:00pm
<b>Week 4, July 17 - 21</b>	<b>Location</b>	<b>Time</b>	<p align="center"><b>Register for IN-HOUSE camps ONLINE or at the Recreation Center.</b> <i>(see page 2 for ONLINE registration instructions)</i></p> <p align="center"><b>IN-HOUSE CAMPS:</b> Adventure Art, Artist Studio, Dance to EvOLVe, Little Rascalz, Cooking Round the World, Rock 'n Tumble Gymnastics, and SD Skate Life.</p> 		
Evolve - Beat Breakers Science– All Stars Young Engineers -BC1 Art– Artastic Fantastic Gym Rollers Gym Rollers Gym Kids Camp San Diego Sports *MS Adventure LT	CVRC Room 1 CVRC Room 1 CVRC Room 2 CVRC Room 2 CVRC Gymnasium CVRC Gymnasium CVRC Gymnasium CVRC Upper Field CVRC Lower Field	9:00am - 12:00pm 1:00pm - 4:00pm 9:00am - 12:00pm 1:00pm - 4:00pm 9:00am - 12:00pm 11:45am - 2:45pm 9:00am - 3:00pm 9:00am - 30pm 9:00am - 3:00pm			
<b>Week 5, July 24 - 28</b>	<b>Location</b>	<b>Time</b>			
Evolve - Beat Breakers Science– NASA Art– Bugs and Butterflies Cooking - Embracing the World Mini Girly Girl Mini Girly Girl Girly Girl Camp SD Skatelite - Skate and Swim *MS Game Changer Camp	CVRC Room 1 CVRC Room 1 CVRC Room 2 CVRC Room 2 CVRC Gymnasium CVRC Gymnasium CVRC Gymnasium CVRC Skate Park & Pool CVRC Upper Field	9:00am - 12:00pm 1:00pm - 4:00pm 9:00am - 12:00pm 12:30pm - 4:00pm 9:00am - 12:00pm 11:45am - 2:45pm 9:00am - 3:00pm 9:00am - 3:00pm 9:00am - 3:00pm			



**ONLINE REGISTRATION  
INFORMATION ON  
PAGE 2 AND 6.**

**ARE YOU GOING TO REGISTER ONLINE?**  
Online Registration Activity Numbers are assigned for each class and appear in brackets; go to [www.SDRecConnect.com](http://www.SDRecConnect.com) and search using the 5 digit [CODE]



# YOUTH CONTRACTUAL CAMPS

## ROCK N' TUMBLE

### GYM ROLLERS CAMP (Ages 3-6 years)

Children learn gymnastics skills on vault, bars, balance beam, floor, air track, tumble track and trampoline. Fun daily themes are used to incorporate parachute games, dance, and SNRAFTS—a creative way to turn your SNack into a cRAFT!

**Time:** AM: 9am - 12pm PM: 11:45 - 2:45  
**Dates:** Week 1, June 26 - 30 [37099] [37094]  
 Week 4, July 17 - 21 [37097] [37095]  
 Week 6, July 31—August 4 [37098] [37096]  
**Cost:** \$180.00  
**Bring:** Shoes camper can put on and take off with ease.  
**Provided:** Daily water and snack. Talent Show on Friday  
**Staff to Camper Ratio:** 1:6

### GYM KIDS CAMP (Ages 5-12 years)

Camper learn gymnastics skills, at their pace, beginner through intermediate. Our fantastic staff works with small groups on vault, bars, balance beam, floor, air track, tumbletrak and trampoline. Open gym time is allocated for gymnasts to work on their favorite skills! Groups will also go on a 'field trip' to the neighboring CVRC pool!

**Time:** 9:00am - 3:00pm  
**Dates:** Week 1, June 26 - 30 [37091]  
 Week 4, July 17 - 21 [37092]  
 Week 6, July 31 - August 4 [37093]



**Cost:** \$250.00  
**Bring:** A sack lunch Monday-Thursday  
**Provided:** Daily water and snack. Talent show and pizza lunch Friday  
**Staff to Camper Ratio:** 1:6

## ROCK 'n TUMBLE

### MINI GIRLY GIRL (Ages 3-6 years)

Girl Power! Our ALL girl camp lets your gymnast improve her skills on all the apparatus in our Gym-Kids camp, while participating in girly activities from lip gloss and purse making to performing in our end of the week talent show.

**Time:** AM: 9am - 12pm PM: 11:45 - 2:45  
**Dates:** Week 3, July 10 - 14 [37388] [37391]  
 Week 5, July 24 - 28 [37390] [37393]

**Cost:** \$180  
**Provided:** Water and snack. Talent show and pizza lunch on Friday  
**Staff to Camper Ratio:** 1:7

### GIRLY GIRL (Ages 5-12 years)

Girl Power! Our ALL girl camp lets your gymnast improve her skills on all the apparatus in our Gym-Kids camp, while participating in girly activities from lip gloss and purse making to performing in our end of the week talent show.

**Time:** 9:00am - 3:00pm  
**Dates:** Week 3, July 10 - 14 [37090]  
 Week 5, July 24 - 28 [37387]

**Cost:** \$250  
**Bring:** A sack lunch Monday-Thursday  
**Provided:** Daily water and snack. Talent show and pizza lunch Friday.  
**Staff to Camper Ratio:** 1:7

### CHEER 'n TUMBLE CAMP (Ages 5-12 years)

Our cheer camp incorporates cheer and gymnastics skill development for the cheer-leader in the making. Students will be grouped according to age. Daily fun includes cheer routines, chants, jumps, dance plus gymnastics, tumbling and trampoline.

**Times:** 9:00am - 2:00pm  
**Dates:** Week 1, June 26 - 30 [37088]  
 Week 6, July 31 - 4 [37089]

**Cost:** \$190.00  
**Bring:** Daily water and snack. Talent show and pizza lunch Friday.

**Provided:** Staff to Camper Ratio: 1:8



## IncrediFlix

### ANIMATION FLIX CAMP

In this fast paced camp, students will create up to 5 stop-motion animated flix! Each day you'll use a new style of stop-motion, combining the favorites of past years with some completely new styles, making this camp new each year for everyone to enjoy! It's the ultimate arts and crafts camp where campers create, direct, and film their movies in age-appropriate groups. \*All flix downloadable within a month after camp ends. **Maximum: 14**

**Time:** 9:00am - 12:00pm [37374]  
**Ages:** 7-13  
**Days:** Monday - Friday **Location:** CVRC Room #2  
**Dates:** Week 1, June 26—30 **Cost:** \$180

### LEGO FLIX CAMP

We know you love Legos and can create incredible Lego worlds, now it's time to bring those worlds to life in Lego stop-motion animated flix! We provide the Legos, and you provide your imagination. Students will create a Lego set with Lego characters for a movie they storyboard write, shoot, and voice-over in age-appropriate groups. **Maximum: 14**

**Time:** 1:00pm - 4:00pm [37376]  
**Ages:** 7-13  
**Days:** Monday - Friday **Location:** CVRC Room #2  
**Dates:** Week 1, June 26—30 **Cost:** \$180

### ANIMATION AND LEGO FLIX FULL DAY CAMP

This is a combination of both Animation and Lego flix camp. There are no organized activities for lunch supervision, however the kids will be under constant supervision as they eat lunch and play. **Maximum: 10**

**Time:** 9:00am - 4:00pm [37379]  
**Ages:** 7-13  
**Days:** Monday - Friday **Location:** CVRC Room #2  
**Dates:** Week 1, June 26—30 **Cost:** \$328

### LIVE ACTION CAMP

Do you want to have a blast making a movie? We'll guide you through "Action" to "That's a wrap" as you brainstorm, location scout, bring in props and costumes, act and direct in a collaborative movie that will be fun for the entire audience. \*Flix downloadable within a month after camp ends. **Maximum: 18**

**Time:** 1:00pm - 4:00pm [37381]  
**Ages:** 7-13  
**Days:** Monday - Friday **Location:** CVRC Room #2  
**Dates:** Week 1, July 31— Aug 4 **Cost:** \$180

## SAN DIEGO SPORTS CAMPS

The goal of the European **Sports and Splash** Camp is for each student to participate in a wide variety of sports, games and activities in the morning and cool off in the pool in the afternoon. A low student to coach ratio, combined with individual and small group drills, will ensure that your child improves their skills in a fun-filled, challenging environment. Activities include: soccer, cricket, hockey, basketball, capture the flag, baseball, bocce ball, track & field, team handball, whacko, speed Minton, croquet and speed and agility.

**Week 0, June 19 - 23** [37111]  
**Week 3, July 10 - 14** [37112]  
**Week 5, July 24 - 28** [37109]  
**Week 7, August 7 - 11** [37113]  
**Week 9, August 21 - 25** [37110]  
**Times:** 9:00am - 2:30pm  
**Ages:** 5 - 14 years  
**Location:** CVRC Upper Field  
**Cost:** \$225

Camp Director Malcolm Tovey is Director of Coaching for the Rancho Santa Fe Soccer Club, Boys Varsity Soccer Coach at The Bishop's School in La Jolla and the Physical Education Teacher at The Nativity School. His focus on skills, self-esteem, activity, purpose and enjoyment ensure a wonder and complete camp experience.

### What you need to know about Gym Kids Camps...

All Gym Kids Camps meet Monday - Friday in CVRC Gymnasium  
 All campers should wear athletic attire with long hair tied back.

Registration online at [www.SDRecConnect.com](http://www.SDRecConnect.com)

For more camp information,  
 contact Mary at Rock 'n Tumble at (858) 487-7799

Email: [mary@rockntumble.com](mailto:mary@rockntumble.com) Internet: [www.rockntumble.com](http://www.rockntumble.com)

Registration available online at [www.SDRecConnect.com](http://www.SDRecConnect.com)

For more information, contact Malcolm Tovey via email:  
[MalcolmTovey@mac.com](mailto:MalcolmTovey@mac.com)

# YOUTH CONTRACTUAL CAMPS

## Cooking Round The World

**A Dish of Disney** – (4 day week): Room 1

Each camp day children cook foods mentioned in Disney films (like Jambalaya in “Princess and the Frog” and Twinkies from “Wall-e). The program is completely hands-on; everyone peels or chops or dices or minces. We cook with whole foods and we are a nut free camp.

**Dates:** Week 2, July 3 - July 7      **Times:** 9:00am - 12:30pm      **Ages:** 6-12 years      **Cost:** \$208.00      **[37440]**

**Embracing the World** - (5 day week): Room 2

We are the juncture where cooking and cultural education embrace. Each day we prepare and eat 2 recipes from Australia, Holland, Korea, Yemen, Norway, then read a folktale, play an international folk game, teach language and geography, have a cooking demonstration, and learn to think critically about the world and food.

**Dates:** Week 5, July 24 - July 28      **Times:** 12:30am - 4:00pm      **Ages:** 6-12 years      **Cost:** \$260.00      **[37384]**

**Cooking Round the USA** - (5 day week): Room 2

We will “visit” 5 states and cook and eat food that the state is known for: Orange Creamsicle Cheesecake from Florida; Corn and Potato Mini Pancakes with Mango Salsa from Idaho; Pennsylvania white pizza; potato knishes from New York, Kentucky fried chicken and more. Other activities include a cooking demo, trivia games, and a state folktale.

**Dates:** Week 9, August 21 - July 25      **Times:** 12:30am - 4:00pm      **Ages:** 6-12 years      **Cost:** \$260.00      **[37385]**

Registration available online at [www.SDRecConnect.com](http://www.SDRecConnect.com)

For more information, contact Anu Gujral at 858-386-8923 or via email at [gujralanu@gmail.com](mailto:gujralanu@gmail.com)

## SD SKATELIFE

Join in on the fun this SUMMER at our Carmel Valley Skate Camp. Play skateboarding games, make new friends, and learn new tricks at the Carmel Valley Skate Park with expert instructor Andrew Barbosa.

This camp is for students ages 6-13 years old and would cover the fundamentals of skateboarding, skateboarding safety and etiquette, and trick development. Helmets, elbow pads, and knee pads would be required from all students but we would be able to offer skateboard rentals for an additional fee to students who do not have their own. *\*Skateboard rentals are available upon request!*

### Skateboard Camp Only

<b>Times:</b> 8:00am - 12:00am	<b>Week 0, June 19 - 23</b>	<b>[37116]</b>
<b>Cost:</b> \$200.00	<b>Week 1, June 26 - 30</b>	<b>[37397]</b>
	<b>Week 4, July 17 - 21</b>	<b>[37400]</b>
	<b>Week 5, July 24 - 28</b>	<b>[37399]</b>
	<b>Week 7, August 7 - 11</b>	<b>[37401]</b>
	<b>Week 9, August 21 - 25</b>	<b>[37117]</b>



### Skateboarding and Swim Camp

<b>Times:</b> 9:00am - 3:00pm	<b>Week 1, June 26 - 30</b>	<b>[37119]</b>
<b>Cost:</b> \$250.00	<b>Week 4, July 17 - 21</b>	<b>[37118]</b>
	<b>Week 5, July 24 - 28</b>	<b>[37114]</b>
	<b>Week 7, August 7 - 11</b>	<b>[37115]</b>

**Instructor:** Andrew Barbosa  
**Staff to Camp Ratio:** 1:8

Registration available online at [www.SDRecConnect.com](http://www.SDRecConnect.com)

For more information, contact Andrew Barbosa at 619-354-7998 or via email: [andrew@sdskatelife.com](mailto:andrew@sdskatelife.com)

## LITTLE RASCALZ SOCCER

**FOR AGES 3 - 6 YEARS (9:00am - 12:00pm)**

### SOCCER & STUFF CAMP

SOCCER & STUFF Camps will be all the fun of our weekly Soccer classes, plus lots of other super duper camp like activities Including, T-Shirt decorating, water balloons and our now famous 'bear hunt' & pirate day! Lots of action packed fun in the open air! Small child coach ratio and usual Little Rascalz coaches. (Not teenagers just hired for the summer).

<b>Dates:</b> Week 1, June 26 - 30	<b>[37105]</b>	<b>Cost:</b> \$185	<b>Location:</b> CVRC Lower Field
Week 3, July 10 - 14	<b>[37106]</b>	<b>Cost:</b> \$185	<b>Location:</b> CVRC Lower Field
Week 3, July 10 - 14	<b>[37078]</b>	<b>Cost:</b> \$350	<b>Location:</b> CVRC Lower Field
<b>Full Day Camp With Dance to Evolve (9:00—3:30)</b>			
Week 6, July 31– August 4	<b>[37410]</b>	<b>Cost:</b> \$185	<b>Location:</b> CVRC Lower Field
Week 7, August 7 - 11	<b>[37107]</b>	<b>Cost:</b> \$185	<b>Location:</b> CVRC Lower Field



All Campers must be toilet trained. Please send your camper with sunscreen pre-applied, lots of water, and a snack. A hat is recommended.

Registration available online at [www.SDRecConnect.com](http://www.SDRecConnect.com)

For more information, contact Coach Suzie at 619-309-9626 or visit [www.LittleRascalzSoccer.com](http://www.LittleRascalzSoccer.com)

# YOUTH CONTRACTUAL CAMPS

## DANCE TO EvOLvE

### SUPERHEROES CAMP

It's a bird, it's a plane, it's a dancing superhero! This is a high-energy non-stop hip hop camp in San Diego that is catered towards the unmatched energy of a hero or heroine. Superheroes will get to show off their hip hop dancing powers in this summer dance camp that includes a hip hop class, art projects, creating superhero skit, and games like scavenger hunts and obstacle courses. Here is your Superhero's chance to save the day!

**Dates:** Week 3, July 10-14 [37358]  
**Times:** 12:30 - 3:30 pm  
**Ages:** 3 - 6 years, Great for Boys and Girls!  
**Location:** CVRC Room #1  
**Cost:** \$172

**Full Day Combo Camp with Little Rascalz Soccer** [37078]

**Times:** 9:00am - 3:30 pm  
**Cost:** \$357

### BEAT BREAKERS HIP HOP CAMP

This fun, high-energy hip hop camp will definitely have you movin' to the beats! It enables boys to be boys and girls to let loose while developing creativity, coordination, musicality and listening skills. Activities include basic hip hop moves, tumbling, and dance games in a non-stop environment. No experience needed. Don't miss their end of week performance!

**Dates:** Week 4, July 17 - 21 [37079]      **Dates:** Week 5, July 24-28 [37354]  
**Times:** 9:00am - 12:00pm      **Times:** 9:00am - 12:00pm  
**Ages:** 4 - 7 years      **Ages:** 6-11 years  
**Location:** CVRC Room #1      **Location:** CVRC #1  
**Cost:** \$172      **Cost:** \$172

### CREATIVE EXPLORERS

Your dancer will explore the world of the arts in dance, music and art. This camp begins with many dance activities that include tap, ballet, tumbling, and dance games. Every day has a fun new activity and games including traveling to the magic garden and dancing bubble machine! Your dancer will explore music through singing songs and playing all kinds of fun instruments. The day ends with fun art projects and activities that your child will get to display at Friday's 11:30am mini-show.

**Dates:** Week 6, July 31-August 4 [37080]  
**Times:** 9:00am - 12:00pm  
**Ages:** 4 - 7 years, Great for Boys and Girls!  
**Location:** CVRC Room #1  
**Cost:** \$172



### ROYALTY OF FAIRYLAND CAMP

A camp for dancing princes and princesses in an enchanted land far, far away. Have a ball in the dance class, a royal tea party for snack time, art projects suited for a prince and princess, a fairyland skit, and fun dancing games. Your prince or princess can let their imagination dance free within this magical camp. The Friday mini-show allows these princesses and princes to show off their dancing, acting and art creations.

**Dates:** Week 7 August 7 - 11 [37361]  
**Times:** 9:00am - 12:00pm  
**Ages:** 3 - 6 years, Boys and Girls Welcome!  
**Location:** CVRC Room #1  
**Cost:** \$172

### DANCE! DESIGN! DIRECT!

Do it all in this unique camp that goes beyond traditional dance classes. This camp blends dance instruction with creative freedom. It allows the dancers to be the decision makers by exploring various styles of dance, student choreography, music selection, show management, stage hair and make-up, fun head shots, and art and costume design for their Friday 3:30 performance. This is the camp for those who love to perform! Dancers work in groups so various levels and ages are welcome. No dance experience required.

**Dates:** Week 7, August 7- 11 [37081]  
**Times:** 1:00 - 4:00pm  
**Ages:** 8 - 13 years, Boys and Girls Welcome!  
**Location:** CVRC Room #1  
**Cost:** \$172



## MAD SCIENCE OF SAN DIEGO

**Camps with Mad Science are the BEST!"**

Discover the excitement of Mad Science this winter, spring and summer at your local camp, community center, school and YMCA! Mad Science engages children in scientific explorations that are so much fun children will forget they're learning! Campers can team up with fellow engineers to build a bridge, participate in an unforgettable dinosaur dig, build and launch a model rocket and explore the science behind their favorite sports. Campers will create, build and assemble a variety of take-home projects while exploring how science affects the world around us. The selection of activities will make your head spin!

**FOR AGES 4-5 YEARS (1:00pm—4:00pm)**

### Little Green Thumbs

**Dates:** Week 2 July 10-14 [37102]  
**Location:** CVRC Room #2  
**Cost:** \$175

**FOR AGES 5-10 YEARS (1:00pm—4:00pm)**

### Mad Science Adventures in the Wild

**Dates:** Week 2, July 3-7 [37103]  
**Location:** CVRC Room #1  
**Cost:** \$175

### Mad Science All-Stars

**Dates:** Week 4, July 17-21 [37104]  
**Location:** CVRC Room #1  
**Cost:** \$175

### Crazy Chem Works

**Dates:** Week 6, July 31-August 4 [37100]  
**Location:** CVRC Room #1  
**Cost:** \$185



**FOR AGES 6-11 YEARS (1:00pm—4:00pm)**

### Brixology

**Dates:** Week 0, June 19-23 [37101]  
**Location:** CVRC Room #2  
**Cost:** \$195

### Mad Science NASA

**Dates:** Week 5, July 24-28 [37351]  
**Location:** CVRC Room #1  
**Cost:** \$195

### Brixology

**Dates:** Week 7, August 7-11 [37352]  
**Location:** CVRC Room #2  
**Cost:** \$195

## Artist Studio

Children are by nature creative and my job is simply to encourage the natural interest and curiosities that kids display. In this fun and creative **themed art camp**, children will ignite their imagination, develop concentration, build confidence, develop skills and have fun. Using real artists materials including watercolors, tempera paints, oil pastels, children create masterpieces that are truly unique. **Kids bring home a portfolio at the end of each camp. Please Note: Cost of camp includes the materials. Bring a snack to the camp each day.**

**Dates:** Week 2, July 3 - 7 (4 day camp) [37068]  
**Location:** CVRC RM # 1  
**Times:** 9:00am - 12:00pm  
**Ages:** 4- 14 years  
**Instructor:** Anu Gujral  
**Cost:** \$156.00

**Dates:** Week 9, August 21 - 25 (5 day camp) [37069]  
**Location:** CVRC RM # 2  
**Times:** 9:00am - 12:00pm  
**Ages:** 4- 14 years  
**Instructor:** Anu Gujral  
**Cost:** \$156.00



For more camp information, contact Dance to EvOLvE at 858-876-LEAP (5327)

Or visit website [www.dancetoevolve.com/sandiego](http://www.dancetoevolve.com/sandiego)

# YOUTH CONTRACTUAL PROGRAMS



## ARTVENTURE



**FOR AGES 3 - 6 YEARS (9:00am - 12:00pm)**

### OCEAN COMMOTION ART

**Dates:** Week 0, June 19 - 23

[37074]

**Cost:** \$175

**Location:** CVRC Room #1

Discover octopus, turtles, sharks, stingrays, jellyfish, and sea stars in this art camp devoted to the underwater world! Join us as we paint, print, collage, stamp, stick, and sculpt as we create artwork inspired by our ocean environment! Along the way, we'll read stories and play games and have a whale of a time! All materials and camp tee shirt included. Please pack a healthy snack.

### PIRATE ADVENTURE

**Dates:** Week 3, July 10 - 14

[37077]

**Cost:** \$175

**Location:** CVRC Room #2

Ahoy Mateys! Come aboard as we travel to Pirate Island where we'll find treasure chests, sandy beaches, colorful parrots and lots of fun and adventure! We create treasure maps, golden doubloons, sea monsters, ships, and more! Along the way, we'll play games, sing songs, read pirate stories, and hunt for treasure! Arrrgh! All materials and camp tee shirt included. Please pack a healthy snack.

### BUGS AND BUTTERFLIES

**Dates:** Week 5, July 24 - 28

[37070]

**Cost:** \$175

**Location:** CVRC Room #2

Explore nature through sculpture, painting, printing, collage, drawing and much more! We will use all kinds of art media to create stick bugs and "ick" bugs as well as beautiful butterflies and shiny beetles! Join us as we design a garden of wonderful creatures! Along the way we'll play games, read stories, sing buggy songs and have a great time buzzing around! All materials and camp tee shirt included. Please pack a healthy snack.

### OOEY GOOEY STICKY ICKY ART

**Dates:** Week 6, July 31—August 4

[37073]

**Cost:** \$175

**Location:** CVRC Room #2

Smush, mush, smash and mash! Make a mess, and don't clean it up! We experiment with all kinds of unusual materials to create colorful and creative works of art! Explore sculpture, painting, printing, and more and celebrate creativity! All materials and camp tee shirt included. Please pack a healthy snack.

### MERMAID WISHES AND FISH KISSES

**Dates:** Week 7, August 7 - 11

[37071]

**Cost:** \$175

**Location:** CVRC Room #2

Visit a magical world under the sea where mermaids and their sea friends play all day long! We'll paint, print, watercolor, collage, and design a dreamy underwater world in this art camp devoted to the beautiful sea. Along the way, we'll play games, sing songs, and read tales of mermaid adventures! Join us for an ocean fantasy art adventure! All materials and camp tee shirt included. Please pack a healthy snack.

### MONSTER MASH MANIA!

**Dates:** Week 8, August 14—18

[37072]

**Cost:** \$175

**Location:** CVRC Room #2

Calling all friendly monsters! Travel to the depths of the ocean and the outer limits of space to meet enormous sea monsters, massive land creatures, and silly alien friends! Paint, sculpt, print, and draw monstrously good artistic creations, and read monster books like "Where the Wild Things Are"! Along the way, we'll sing monster songs and do monster dances and have a marvelous, monstrous adventure! All materials and camp tee shirt included. Please pack a healthy snack.

**FOR AGES 6—17 YEARS (1:00pm - 4:00pm)**

### ARTASTIC FANTASTIC

**Dates:** Week 4, July 17 - 21

[37075]

**Cost:** \$175

**Location:** CVRC Room #2

Art is Fantastic! Design, collage, and decoupage! Create sculptures, work with watercolor, and paint with acrylics on canvas. You'll print, paint, design, and create using all kinds of materials and your imaginations! Take home a new masterpiece each day in this multi-media art camp! Please pack a healthy snack. All materials and camp tee shirt included.

### ART MANIA!

**Dates:** Week 8, August 14- 18

[37076]

**Cost:** \$175

**Location:** CVRC Room #2

Even if you have never picked up a paintbrush, you can design Japanese lacquerware, create mosaic glassware, learn pen and ink drawing techniques and paint a masterpiece! Develop new skills and learn new techniques to create beautiful and unique works of art! All materials and camp tee shirt included. Please pack a healthy snack.

**COST FOR ALL ADVENTURE ART CAMPS INCLUDES ALL MATERIALS AND CAMP T-SHIRT:**

**NOTE: PLEASE PACK A SNACK FOR YOUR CHILD**

**For more camp information please contact Kristin Nugent at (760) 731-0555 or email [kristin@artventurellc.com](mailto:kristin@artventurellc.com)**

**Bring:** Please pack a snack for your child.

## e2 YOUNG ENGINEERS

Young Engineers camp where kids will learn topics in Physics and basic mechanical engineering principles and use motorized Lego® models to reinforce STEM-related topics. All week, campers will be engaged in learning about STEM using LEGO® kits. Final Project presentation on Friday. In between the lessons and build sessions, we will also have indoor and outdoor games. Please bring your own snacks and drinks. Lunch is not provided.



<b>Week 1, June 26 - 30</b>	<b>CVRC #1</b>
<b>Week 3, July 10 - 14</b>	<b>CVRC #1</b>
<b>Week 4, July 17 - 21</b>	<b>CVRC #2</b>
<b>Week 8, August 14 - 18</b>	<b>CVRC #1</b>
<b>Week 9, August 21 - 25</b>	<b>CVRC #1</b>

**Ages:** 6-10 years

**Min:** 6 **Max:** 20

**Half Day Camps:** \$175

**Full Day Camps:** \$350

#### Bricks Challenge 1

9:00am - 12:00pm

[37085]

[37317]

[37319]

[37343]

[37348]

#### Bricks Challenge 2

1:00pm - 4:00pm

[37086]

[37344]

#### Full Day Camp

9:00am- 4:00pm

[37087]

[37345]



**Registration available online at [www.SDRecConnect.com](http://www.SDRecConnect.com)**

**For more information contact, [john@e2youngengineers.com](mailto:john@e2youngengineers.com) or go to [www.YoungEng.net](http://www.YoungEng.net)**



# Parks Fit San Diego



## Parks Fit San Diego 2017

**Challenge:** Walk, Run, Roll or Swim  
30, 90 or 120 miles between  
June 12 and August 12

**Reward:** Get fit, stay healthy and  
receive a Parks Fit San Diego bag!

Join this year's Parks Fit San Diego program by visiting any City of San Diego Park and Recreation Department facility (recreation center, pool, nature center, activity center or golf course) for a quick and easy enrollment process. Choose one activity or mix it up. Track your miles and turn them in by the due date for your Parks Fit San Diego bag!

### Kickoff Event - 1 Mile Fun Run & Festivities

Saturday, June 17, 2017 at 8:00am  
Morley Field, 2221 Morley Field Drive, San Diego 92104

### Finale Event - 5K Run/Walk & Family Celebration

Saturday, August 12, 2017 at 7:30am  
NTC Park, 2455 Cushing Road, San Diego 92106

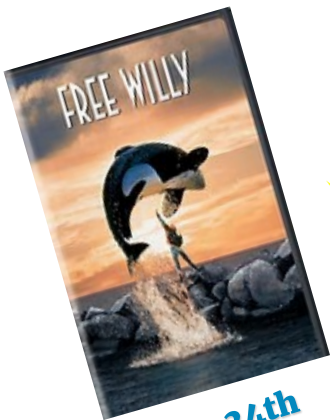
Stay Fit San Diego!

Visit: [www.sandiego.gov/park-and-recreation](http://www.sandiego.gov/park-and-recreation)  
for more information  
Proudly Presented By:



## Movies In the Park Summer 2017

# MOVIES IN THE PARK SUMMER 2017



June 24th



July 15th



August



**Movies in the Park activities will begin at 5pm and the show will start promptly at dusk.**