



Office of Council President Pro Tem Barbara Bry
San Diego City Council
District 1

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County of San Diego to Provide Timely, Accurate COVID-19 Updates

San Diego — This afternoon the Mayor and County medical officials addressed San Diego regarding the rapidly evolving COVID-19 situation. A State of Emergency has been declared and a legally enforceable public health order banning mass gatherings of 250 people or more beginning at midnight Thursday has been issued. To aid the disbursement of accurate information and news, I encourage all constituents to consult the County of San Diego's website, [coronavirus-sd.com](https://www.coronavirus-sd.com).

To reduce the spread of the disease, the County recommends preventative health measures including:

- Washing your hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer that contains at least 60% alcohol.
- Avoiding eyes, nose, and mouth touching with unwashed hands.
- Avoiding close contact with people who are sick.
- Staying home when you are sick.
- Following a social distancing guideline of six feet of separation between participants.
- Covering your cough or sneeze with a tissue, then throwing the tissue in the trash.
- Cleaning and disinfecting frequently touched objects and surfaces.

While the situation is still evolving, my office will remain operational and responsive to constituent inquires, and I will be posting periodic updates via all Council District 1 social media platforms.

Council President Pro Tem Barbara Bry represents San Diego City Council District 1, which includes the communities of Carmel Valley, Del Mar Heights, Del Mar Mesa, La Jolla, Pacific Highlands Ranch, Torrey Hills, Torrey Pines, and University City.

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