

Colina Del Sol Recreation Center

5319 Orange Avenue

San Diego, CA 92105

(619)235-1144

DAMOYTT TENNIS

These tennis entry classes will teach: Basic tennis strokes, the rules, strategies, scoring systems, and more.

Each class is part of a progressive pathway training program that is designed to guide you in the development and management of your tennis talent. Other training features fitness, drills, competitive play, personal growth and self-help learning skills.

REQUIRED: All participants are required to complete a health assessment questionnaire which will be provided. Maximum group sizes are 20 students. Open to Ages 6-12

FREE!

Summer session fee includes 2 classes per week for;

Mondays and Wednesdays

Session A: 4:00-5:00pm #95781 Session B: 5:00-6:00pm #95782 Session C: 6:00-7:00pm #96295



Classes begin September 1st through November 29th, 2021

Tennis Director: Coach Stan Jefferson Phone #: (619) 770-7187

E-mail: dbadamoytttennis@yahoo.com

On-line Registration: www.sdrecconnect.com

*Student placement is determined by age, skill, health and fitness factors.