

City Councilmember Scott Sherman

District 7

Dear D7 Resident:

I wanted to let you know about a commodity and food distribution program that will be taking place this Thursday morning at the Bayside Community Center. Bayside is a private, non-profit organization that provides a number of programs and services to the residents of Linda Vista and surrounding communities.

One of these programs is a monthly food and commodity distribution that Bayside hosts in collaboration with the Jacob & Cushman San Diego Food Bank on the fourth Thursday of every month from 9:00 – 11:00 AM.

According to the U.S. Department of Agriculture, a food insecure household experiences periods when the household is uncertain of its ability to meet the nutrition needs of all its members because they have insufficient money or other resources for food. In the United States, 48.8 million people lived in food-insecure households in 2010 including 16.2 million children. The Linda Vista community has a very high number of food insecure households. <u>Last month Bayside assisted 1,378 individuals and 314 households by providing 567 bags of food.</u>

This Thursday, members of my staff and I will volunteer with marines from MCAS Miramar at the commodity distribution. However, additional volunteers and donations are always appreciated. Below is some information regarding how you can help.

Sincerely,

Scott Sherman

Councilmember - District 7

HOW YOU CAN HELP

Volunteer

 Volunteers are needed every month for commodity and food distribution. Contact: <u>volunteer@baysidecc.org</u>

Donate

- Bayside accepts fruits, vegetables, non-perishable canned and packaged goods that are low in sodium and sugar
- Personal hygiene products are needed for the monthly commodity distribution. Needed items include shampoos, soaps, razors, shaving cream, and other toiletries; new toothbrushes and toothpaste; diapers
- Donations can be dropped off Monday Friday

Commodity Distribution Details:

Bayside Community Center February 28, 2013 9:00 – 11:00 AM 2202 Comstock Street San Diego, CA 92111 (858) 278-0771