



AMR Flu Shots

No Appointment
Necessary

Get Vaccinated

The flu vaccine is
one of the best
ways to protect
against influenza
and is
recommended
every year.

DECEMBER 5, 2018
10:00 AM – 12:00 PM

AMR FLU SHOTS

Flu season is here. Protect yourself by getting your
flu shot.

MIRA MESA SENIOR
CENTER

8460 Mira Mesa Blvd.
San Diego, CA 92126



MIRA MESA
SENIOR CENTER

