

How to Sew a Face Mask

For most of the mask, I use the Kaiser Permanente mask pattern found [here](#). My version does not use the long strips as ties since they require a lot of work, sewing skill and fabric. So, if using my modification follow the Kaiser Permanente instructions up to step #11, part 1.

For the sides of the mask, cut two pieces of fabric measuring 1.5" by, up to, 6" (in the below images I used a piece measuring 1.5" by 5") . Fold and sew top and bottom edges of both pieces of fabric using $\frac{1}{4}$ " seam.

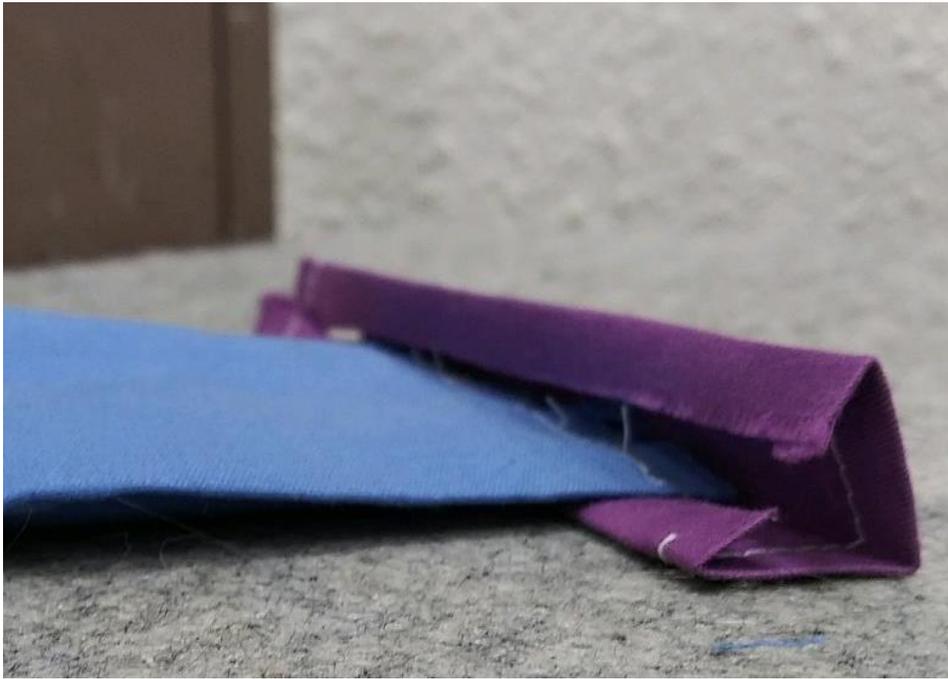


$\frac{1}{4}$ " Seam at top and bottom

Fold over $\frac{1}{4}$ " on the long side of the fabric so it looks like this:



Place the mask so it is “sandwiched” between the side piece.....



...and sew from the top of the side piece to the bottom ensuring that the mask is being sewn inside the soon-to-be tube:



Please note: I had to sew the side piece twice because I failed to ensure it was sewing the entire back side to create the tube.

Once both side pieces are sewn, you are ready to add the tie whether it be elastic, shoe laces or cotton lycra.