

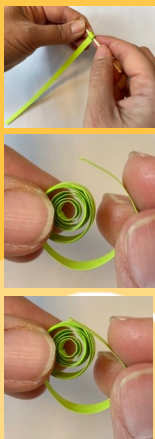
How to Do Basic Quilling

Presented for the 2021 How-To Festival by Christina Wainwright



Supplies

- Paper strips (I cut up a standard sheet of 8.5" x 11" paper into 0.5" x 11" strips)
- Glue (liquid or glue stick)
- OPTIONAL: Toothpick (you can also buy special quilling tools)



How to Roll Your Coils

You can make a variety of coils by varying the size and color(s) of your paper. Change the look by how tight or loose you choose to make your coil. Experiment and have fun!

- Begin by rolling your strip of paper into a tight coil. You can use a toothpick to roll around.
- To leave room for your coil to unspool/loosen, leave a tail outside of your roll.
- Glue the end of the tail to your coil.
- If your coil is tight with a long tail, loosen/unspool your coil until it evens out.

Variations

In addition to using the round coils in your paper quilling, you can bend or crease them to create many new shapes. Here are some popular shapes to use as you begin quilling:



- **Teardrop:** Gently pull the center of the coil to one side, then use your other hand to crease the opposite side. The creased edges will naturally fall to one side.
- **Apostrophe/Comma:** Make a Teardrop, then add a gentle tilt to the creased end.
- **Paisley:** Make a Teardrop, then make a distinct bend at the creased end.



- **Marquis:** Make a Teardrop, then turn it around and make the same crease on the opposite side of your coil.
- **Tilde:** Make a Marquis, then add gentle tilts in opposite directions to each of the creased ends.
- **Square/Box:** Make a Marquis, then rotate 90° and repeat the same creases that you used for the Marquis.
- **Diamond:** Make a Square, then press down on the sections in between the corners to create indentations.