

## Learn about your Kaiser Permanente Coverage and Wellness Resources

my.kp.org/sandiego— A Kaiser Permanente Website just for the City of San Diego

- Get detailed benefits information.
- Learn more about Kaiser Permanente services and programs.
- Find Kaiser Permanente physicians and locations near your home or work.

**Video Presentation**: "Navigating Kaiser Permanente and Your Wellness Resources" <a href="https://www.brainshark.com/kp/sandiego">https://www.brainshark.com/kp/sandiego</a>.

