



Questions about Kaiser Permanente?

Talk to an enrollment specialist. We're here to help.

Choosing a health plan is a big decision, but you don't have to make it alone.

Our enrollment specialists are here to help you make an informed decision and choose a plan that's right for you.

Ask about the essentials – and the extra perks you might not know about

- Where you can get care
- Video visits¹ and other convenient ways to get care remotely
- How our integrated care model benefits you
- Specialty care services
- Convenient pharmacy options
- Special rates on fitness classes, access to popular mental health and wellness apps, and more²

Get in touch

Call us at **1-800-324-9208**, Monday through Friday, 7 a.m. to 6 p.m. Pacific time.

1. When appropriate and available. 2. The services described above are not covered under your health plan benefits and are not subject to the terms set forth in your *Evidence of Coverage* or other plan documents. These services may be discontinued at any time without notice. • Kaiser Permanente health plans around the country: Kaiser Foundation Health Plan, Inc., in Northern and Southern California and Hawaii • Kaiser Foundation Health Plan of Colorado • Kaiser Foundation Health Plan of Georgia, Inc., Nine Piedmont Center, 3495 Piedmont Road NE, Atlanta, GA 30305, 404-364-7000 • Kaiser Foundation Health Plan of the Mid-Atlantic States, Inc., in Maryland, Virginia, and Washington, D.C., 2101 E. Jefferson St., Rockville, MD 20852 • Kaiser Foundation Health Plan of the Northwest, 500 NE Multnomah St., Suite 100, Portland, OR 97232 • Kaiser Foundation Health Plan of Washington or Kaiser Foundation Health Plan of Washington Options, Inc., 601 Union St., Suite 3100, Seattle, WA 98101

Learn more at kp.org/choosekp

