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Councilmember Mark Kersey Joins Meals on Wheels Delivery in Rancho Bernardo



(L: Jim Munday; R: John Nash)

[Pictures and video available here](#)

San Diego –On March 21, [District Five Councilmember Mark Kersey](#) joined Meals on Wheels North County Service Center to deliver food to seniors in Rancho Bernardo.

First on the route was a special delivery to Jim Munday, a former Meals on Wheels volunteer. Starting at age 90, Munday volunteered for at least five years before he transitioned to the receiving end of Meals on Wheels, getting a meal delivered to him every day.

On Friday, March 23, Munday turned 102 years old and in celebration, Councilmember Kersey helped deliver flowers, a blanket, a commendation certificate and Jim’s favorite Meals on Wheels lunch, spaghetti and meatballs.

“Jim’s a pretty great guy,” said Councilmember Kersey. “To be able to give back to someone who has given so much is something that makes San Diego and Rancho Bernardo a special place.”

Second on the Councilmember's route was John Nash, who was a framer that worked for the company that built the Seven Oaks neighborhood in Rancho Bernardo more than 50 years ago. It's a possibility that Nash framed the home he now lives in.

Nash said he gets a meal delivered every day and said, "Everyone should do it."

Meals on Wheels San Diego County delivered more than 447,000 meals to seniors throughout the County last year.

Councilmember Mark Kersey represents the City of San Diego's Fifth District including Black Mountain Ranch, Carmel Mountain Ranch, Miramar Ranch North, Rancho Bernardo, Rancho Encantada, Rancho Peñasquitos, Sabre Springs, San Pasqual, Scripps Miramar Ranch and Torrey Highlands.

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