

Find a participating Dentist in the Dental HMO/ Managed Care plan

The Dental HMO/Managed Care plan's network includes both private practice dentists and those who are in a clinic environment. You can find the names, addresses, languages spoken and phone numbers of participating dentists by searching our online **Find a Dentist** directory.

	Step 1: Go to metlife.com			
		How can we	Find a Dentist	Find a Vision Provider
	Step 2:	help you?	Open Enrollment	Customers
	Select "Find a Dentist"		Legislative Updates	Register for MyBenefits
	next to "How can we help you?"		Show More +	
	Step 3: Select "Dental HMO/ Managed Care" next	Choose your network.	PDP Dental HMO/Managed Care	PDP Plus Federal Dental (FEDVIP)
	to "Choose your network."	$\overline{(}$	MetLife EPO Network	
	Enter your Zip, City or State and select the "Find a Dentist" button. You will then he promoted to select		Don't know your network	
	then be prompted to select your plan from the list. The plan name is located in your			

Schedule of Benefits.

Dental Managed Care Plan benefits are provided by Metropolitan Life Insurance Company, a New York corporation, in NY. Dental HMO plan benefits are provided by: SafeGuard Health Plans, Inc., a California corporation, in CA; SafeGuard Health Plans, Inc., a Florida corporation, in FL; SafeGuard Health Plans, Inc., a Texas corporation, in TX; and MetLife Health Plans, Inc., a Delaware corporation, and Metropolitan Life Insurance Company, a New York corporation, in NJ. The Dental HMO/ Managed Care companies are part of the MetLife family of companies.

DHMO" is used to refer to product designs that may differ by state of residence of the enrollee, including but not limited to: "Specialized Health Care Service Plans" in California; "Prepaid Limited Health Service Organizations" as described in Chapter 636 of the Florida statutes in Florida; "Single Service Health Maintenance Organizations" in Texas; and "Dental Plan Organizations" as described in the Dental Plan Organization Act in New Jersey.

Like most group benefit programs, benefit programs offered by MetLife and its affiliates contain certain exclusions, exceptions, waiting periods, reductions, limitations and terms for keeping them in force. Please contact MetLife or your plan administrator for complete details.

