

To Provide Healthy, Sustainable, and Enriching Environments for All

Spring into fun at La Jolla Rec!

LA JOLLA

Recreation Center

PROGRAM GUIDE

Register for all of our programs at
WWW.SDRECCONNECT.COM!



As a recipient of Federal funds, the City of San Diego cannot discriminate against anyone on the basis of race, color, gender, religion, creed, marital status, sexual orientation, ancestry, national origin, age, mental or physical disability, medical condition (including HIV, AIDS, and AIDS related Complex). If anyone believes he or she has been discriminated against, he or she may file a complaint alleging the discrimination with either the City of San Diego, Parks and Recreation Department by contacting the District Manager at (619)-235-1132 or the Office of Equal Opportunity, U.S. Department of the Interior, Washington, DC 20240. This information is available in alternative formats upon request.

LA JOLLA RECREATION CENTER

615 PROSPECT STREET

SAN DIEGO, CA 92037

(858)-552-1658

WWW.SANDIEGO.GOV

Hours of Operation

Monday - 9:00am - 8:00pm

Tuesday - 9:00am - 8:00pm

Wednesday - 9:00am - 8:00pm

Thursday - 9:00am - 8:00pm

Friday - 9:00am - 7:00pm

Saturday - 9:00am - 3:00pm

Sunday - CLOSED

Holidays Observed

Recreation Center Staff

Area Manager II:

Rosalia Castruita

Recreation Center Director II:

Nicholas Volpe

Assistant Center Director:

Recreation Leader I:

**Jesus Hizon, Zaher Hidmi,
Michael Butler, Ben Greene,
Josh Limon, Mark Anderson**

Ground Maintenance Worker II:

Rafael Perez

La Jolla Parks Permitting & Reservation Information

Permits are required when any of the following occur:

The use of special equipment (i.e. generator, large canopy, bubble soccer), fifty (50) plus attendees, athletic field rentals, tournaments, clinics, fitness classes, room reservations, special events

***Contact Center Director Nicholas Volpe at Nvolpe@sandiego.gov**



SPECIAL EVENTS

HIPPITY HOP EGG-STRAVAGANZA!

JOIN US FOR THIS FREE EVENT WHICH INCLUDES AN EGG HUNT, MUSIC,
PHOTO OP WITH PETER RABBIT, LIGHT REFRESHMENTS, & JUMPERS!

MAKE SURE TO BRING YOU BASKET! (NO REGISTRATION REQUIRED)

SATURDAY, MARCH 30TH 2024

EGG HUNT SCHEDULE

10:00AM – 2 & UNDER

10:30AM – 3 TO 4 YEARS

11:00AM – 5 TO 6 YEARS

11:30AM – 7 TO 9 YEARS

12:00PM – 10 TO 12 YEARS



KIDS PROGRAMS

Parent's Night Out



Friday May 17th, 2024
[113310]

Ages: 6-12

Time: 5:00pm-9:00pm

Cost: \$35 per participant

BLISS KIDS CLUB

LITTLE DREAMERS AFTER SCHOOL PROGRAM!

March 7th - March 28th [113293]

April 4th - April 25th [113294]

May 2nd - May 23rd [119295]



Ages 5+

Thursdays 3:00pm-5:00pm

Cost \$35 per class



**NEW
ARRIVAL**

Child & Babysitter Safety Class

Saturday May 25th 9:30am - 1:30pm

Ages: 11 - 18

Cost: \$58.00

Registration Code: [113314]



Tiny Tots SPORTS



Ages: 3-5 years

Time: Saturdays 9:00am - 9:45am

Cost: \$65

Session 1: March 2nd - March 23rd [113301]

Session 2: April 20th - May 11th [113302]

Beginner Japanese Karate

Session 1: March 5th - March 28th [113209]

Session 2: April 2nd - April 25th [113210]

Session 3: May 2nd - May 23rd [113211]

Ages: 6 & up

Every Tuesday & Thursday

Time: 4:00pm - 5:00pm

Cost: \$80

Instructed by Sensei Robert
858-952-8363



Intermediate Japanese Karate

Session 1: March 5th - March 28th [113212]

Session 2: April 2nd - April 25th [113213]

Session 3: May 2nd - May 23rd [113214]

Ages: 8 & up

Every Tuesday and Thursday

Time: 5:00pm - 6:00pm

Cost: \$80

Instructed by Sensei Robert
858-952-8363





Season will begin on March 5th!

AGES: 10 and under [113215]

AGES: 12 and under [113216]

TIME: TUESDAYS & THURSDAYS

4:00PM - 5:30PM

COST: \$60

Beginners Piano Class



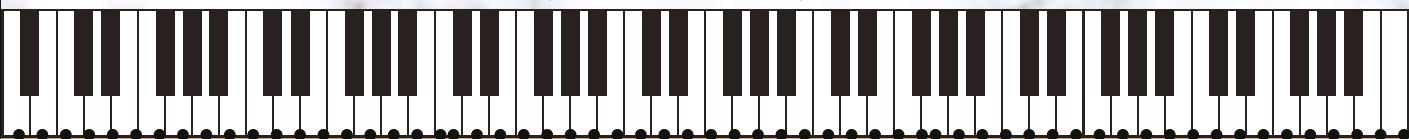
Ages: 8-16

Cost: \$50

Mondays 4:00 - 5:00pm

March 4th - March 25th [1113303]

April 8th - April 22nd [1113304]



LA JOLLA
Youth Lounge

MONDAY, TUESDAY, THURSDAY

2:30PM-6:00PM*

WEDNESDAY & FRIDAY

12:00PM - 6:00PM*



***Times and dates subject to change**



- **CONSOLE GAMES**
- **BOOK NOOK**
- **TUTORING**
- **BOARD GAMES**
- **WIFI & MORE!**

VIDEO GAME CLASS

March 6th - March 27th [113311]



Ages: 8 -15



Time: Wednesdays 2:00pm - 4:00pm

Cost: \$20



DANCE CLASS

Cost: \$182

Tiny Movers: Ages 3-4.5

Tap & Ballet

Wednesdays (4:00pm - 5:00pm)

April 17th - June 12th [113305]

Star Shiners: Ages 4-6

Tap & Ballet

Wednesdays (5:00pm - 6:00pm)

April 17th - June 12th [113306]

Beat Breakers: Ages 4-7

Hip-Hop

Wednesdays (6:00pm - 7:00pm)

April 17th - June 12th [113307]

ADULT PROGRAMS

Mediterranean Cuisine Cooking Class

April 1st - April 22nd [113297]



Ages: 18 and older

Time: Mondays

5:30pm - 7:30pm

Cost: \$75 per session



FILIPINO CUISINE COOKING CLASS

March 6th - March 27th [113296]



Ages: 18 and older

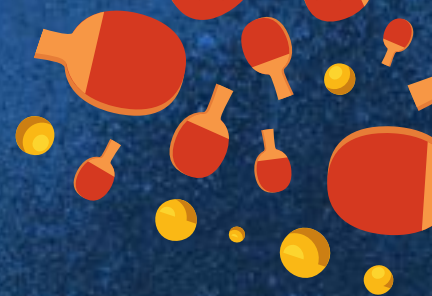
Time: Wednesdays

5:30pm-7:30pm

Cost: \$75 per session



PING PONG



Wednesday 10:00am - 1:30pm

Saturday 11:00am - 1:00pm

***Excluding 3rd Wednesday of every month
(Hours subject to change without prior notice)**



NIA - WITH JOY

When: Every Tuesday and Thursday

Where: La Jolla Rec Auditorium

Time: 10:00am

**Times and dates subject to change*

Contact Joy Harris for more Info

Joy@niawithjoy.com

ashtanga yoga



When: Every Thursday

Where: La Jolla Rec Room #1

Time: 6:00pm - 8:00pm

Cost: FREE!

**Times and dates subject to change*

TAI CHI



When: Every Friday

Where: La Jolla Rec Auditorium

Time: 10:00am - 10:45am

Cost: FREE!

By Instructor Paul Wang

**Times and dates subject to change*

WEIGHT ROOM



Mondays: 9:00 a.m. - 7:45 p.m.
Tuesday: 9:00 a.m. - 7:45 p.m.
Wednesday : 9:00 a.m. - 7:45 p.m.
Thursdays: 9:00 a.m. - 7:45 p.m.
Fridays: 9:00 a.m. - 6:45 p.m.
Saturdays: 9:00 a.m. - 2:45 p.m.
Sundays: Closed



Cost: \$12.36 per day, \$20.60 per month, \$56.65 for three months, \$108.15 for six months, \$164.80 for the year.

*****The Weight Room is equipped with a stationary bike, elliptical machine, treadmill, stair stepper, circuit training machines and free weights. Paid membership and completion of a liability waiver is required.**

GREG RUSSO Training & Bodywork



Session 1: March 4th - March 25th [I13298]

Session 2: April 8th - April 29th [I13299]

Session 3: May 6th - May 27th [I13300]

Classes may be scheduled at your leisure

Cost Per Session: \$391

For a Free Consultation call 860-559-5188

Pickleball **Class**



Ages: Any Age

Time: TBD

Cost: TBD

COMING SOON

Registration Information www.SDRECCONNECT.com

Returning customers (previously registered for classes online) - Click the "My Account" button. Enter the login (email address) and password. Log in with this password to activate the account.

New Accounts click on the "Create Account" button. Fill out the new account request form completely, including all required fields (date of birth, gender, email, address, etc.) and click submit. Please submit the request only once. Registrant will receive a confirmation email at the email address provided. Please follow directions provided to activate account.

Look for the 5 digit ActiveNet Codes [12345] for easier search of each program in this brochure.

- Only a parent or legal guardian can register participants under the age of 18 years.
- Cash or paper check is not accepted for registration.
- Acceptable payment methods (on-line and in-person) include:
- Electronic check - proper ID with proof of checking account (blank or voided check) required
- Credit, debit, or gift cards issued by qualified card service merchants (Visa, MasterCard, American Express, and Discover only).
- A \$25.00 fee will be charged for declined electronic checks. All customers must verify that bank routing and account numbers are entered correctly.
- All fees must be paid in full prior to attending the first class.
- Classes not meeting the minimum number of students may be cancelled.
- All participants must meet age requirements.

PROCESSING FEES ARE INCLUDED

All registration and reservation fees include a non-refundable 3% processing fee.

RECREATIONAL PROGRAMS REFUND AND TRANSFER POLICY

Written refund applications must be submitted, using the Application for Miscellaneous Refund Form (COM-6), in person at the facility where the program occurs. Refunds will be processed in accordance with the following policy:

- Refund Policy Exclusions:
- Three percent (3%) processing fee will be deducted from all refunds
- No refund or transfer for non-attendance at any class
- No credits to account
- No refunds for costumes, equipment or uniforms.
- Activity fees less than \$10.00 will not be refunded

Classes: Refund is based on the date that the written application is submitted.

- 97% refund - 3 or more calendar days prior to the first day of the class
- 75% refund - less than 3 calendar days prior to the first day of class
- No refund for requests submitted more than 24 hours after the first day of class
- **Camps:** Refund is based on the date that the written application is submitted.
- 97% refund - 10 or more calendar days prior to the first day of camp
- 50% refund - less than 10 calendar days prior to the first day of camp
- No refund or transfer for requests less than 48 hours prior to the first day of camp

*For more information, refer to the complete Recreational Programs Refund and Transfer Policy attached to all receipts.



Independent Contractors vs. Permit Holders

The City of San Diego Parks and Recreation department offers a variety of programs for the youth which are provided through the means of three different sources; in-house programs (run by city staff), contractual programs, and rental programs. Contractual programs consist of independent contractors that have been approved by the City of San Diego as a sponsored program. Rental programs are commercial companies that rent out the facility to offer their programs and activities for the community. Please see below for specified requirements:

Requirements for Independent Contractors

- All contractors, subcontractors and volunteers are fingerprinted through the City of San Diego Live Scan process.
- Contractors provide Worker's Compensation coverage for all employees.
- All Contractors have a business license and carry insurance.
- City staff handles all registration for the program.

Requirements for Permit Holders/Rental Programs

- Must provide proof of insurance plus endorsement page(s)
- Must provide own advertisement for program
- Handles all registration for their programs
- Rental programs are NOT required to submit proof of fingerprinting for their coaches or instructors.

Donating

By donating to our park system, you can help the Parks and Recreation Department provide a healthy, sustainable, and enriching environment for all. Your gift will help ensure that we meet the needs of the community, including people of all ages, abilities, and income levels through recreation, natural open spaces, neighborhood parks, and aquatics programs. For more information on how you can become a donor to your favorite park, pool, or recreation program; please call the District Manager at (619) 235-8211

Volunteers Needed

Ongoing opportunities are available at recreation centers, pools and regional parks throughout the City, as well as with senior and therapeutic recreational programs. If you would like to volunteer, please see staff for more information, or contact the Volunteer Office at (619) 525-8231 or visit www.SanDiego.gov.

DOG OFF LEASH AREAS



- **Cadman:** 4280 Avati Drive, 92117
- **Capehart Park:** 4700 Soledad Mountain Road, 92109
- **Centrum:** 4855 Arvia Wat, 92123
- **Civita:** 7902 Altana Way, 92108 (Via Alta and Apex Way)
- **Charles Lewis:** 4750 Home Avenue, 92105
- **Dog Beach:** Ocean Beach at the foot of Voltaire
- **Doyle:** 8175 Regents Road, 92122
- **Dusty Rhodes:** 2469 Sunset Cliffs Blvd, 92107
- **Fiesta Island:** Mission Bay Park
- **Grape Street:** 1998 28th Street, 92102
- **Kearny Mesa:** 3170 Armstrong Street, 92111
- **Maddox:** 7815 Flanders Street, 92126
- **Morley Field:** 2221 Morley Field Drive, 92104 (northwest of tennis courts)
- **Nate's Point:** Balboa Drive at El Prado, 92101
- **Nobel:** 8810 Judicial Drive, 92122
- **Rancho Bernardo:** 18448 West Bernardo Drive, 92127
- **Rancho Penasquitos:** 13339 Salmon River Road, 92129
- **Torrey Highlands:** Lansdale Drive off Del Mar Heights Road, 92130
- **Pacific Highlands:** 5977 Village Center Loop Road, 92130
- **Ward Canyon:** 3905 Adams Avenue, 92116



Linear Off Leash Dog Park Etiquette

- Owners must always pick up after their dog(s).
- Owners must keep dog(s) on their leash at all times, unless within the boundaries of a recognized off leash area.
- Dogs must wear a current license from the County Department of Animal Services/SD Humane Society.

PARKS OVERSEEN BY LA JOLLA RECREATION

Soledad Natural Park

- 7333 Encelia Dr,
La Jolla, CA 92037



42 acres

La Jolla Recreation Center

- 615 Prospect Street,
La Jolla, CA 92037



3.9 acres

Starky Park

- 6673 Draper Ave,
La Jolla, CA 92037



1.47 acres

Laurete Mini Park

- 2211 Aveida De La Playa
San Diego, CA 92037

.1 acres

Torrey Pines Elementary Park

- 8350 Cliffridge Ave,
La Jolla, CA 92037

3.0 acres

Via Del Norte Park

- 6165 La Jolla Hermosa
Avenue, La Jolla, CA
92037



.25 acres

LOVE PARKS AND RECREATION? YOU CAN JOIN THE FUN!

PART-TIME LIMITED POSITIONS

Continuous Recruitment, Apply Today!

Pool Guard I & Pool Guard II

- Minimum age is 16 years at time of application • Must have all valid certificates as listed below

Recreation Aide

- Minimum age is 15.5 years old at time of application • No experience needed

Recreation Leader I

- Minimum age is 16 years old at time of application • 900 hours of recreation experience/volunteering or a combination of experience and education

Recreation Leader II

- Minimum age is 18 years old at time of application
- 1800 hours of recreation experience/volunteering or a combination of experience and education

Therapeutic Recreation Leader

- 1800 hours of paid or unpaid (volunteer) recreation leadership experience which **MUST** include 200 hours of Experience working with persons with disabilities.

FULL-TIME BENEFITTED POSITIONS

Continuous Recruitment, Apply Today!

Swimming Pool Manager I & Swimming Pool Manager II

- Minimum age for Pool Manager positions is 18 years of age • Six months of full-time experience as a Swimming Instructor, Assistant Manager or Manager of a swimming pool which provides an organized aquatic instruction program.

Swimming Pool Manager III

- Minimum age for Pool Manager positions is 18 years of age • One year of full-time experience as an assistant manager or manager of a swimming pool which provides an organized aquatic instruction program.

PLEASE NOTE AQUATIC REQUIREMENTS:

- Must have ALL the following valid certificates:
 1. American Red Cross Lifeguarding/First Aid
 2. American Red Cross CPR/AED for Lifeguards
 3. American Red Cross First Aid for Public Safety Personnel *Pool Guard II and all Pool Manager positions - must have an American Red Cross Water Safety Instructor (WSI) Certificate.

APPLY TODAY at WWW.SANDIEGO.GOV

- Click on link to “City Employment” and then select “Apply For Jobs Online”
- Select a “Application Login & Registration” to set up an account or to login if you have an account with NeoGov.
- Select the position(s) you are applying for under “Current City Jobs.” On the job bulletin there is an option to “Apply.” • Fill out the application. You will receive an e-mail confirmation after submission.