



The City of  
**SAN DIEGO**  
**LA JOLLA**  
**RECREATION CENTER**



615 PROSPECT STREET, SAN DIEGO, CA 92037

(858) 552-1658

## Express Yourself Kids Dance & Movement

### Creative Movement & Expressions:

An introduction to basic dance skills with an emphasis in creative expression. Dance Skills and concepts will be taught through physical exploration, coordination, rhythm and musicality in a non-traditional way instilling a love for dance.



### Hip Hop:

This Energetic class teaches basic dance skills through physical exploration, rhythm and coordination using fun Hip Hop beats. This is a great second class or for those who desire a little less structure and more active movement.

All Class are \$55.00 for a 4 week session

### Tuesdays:

#### Elementary Hip Hop

**Time:** 3:30 - 4:15 p.m. **Ages:** 5 - 10 years

**Session I:** 12/5 - 12/19/2017 #45635

\*Three week session \$41.25

**Session II:** 1/9 - 1/30/2018 #45636

**Session III:** 2/6 - 2/27/2018 #45637



#### New Preschool Hip Hop

**Time:** 4:15 - 5:00 p.m. **Ages:** 3 - 4 years

**Session I:** 12/1 - 12/29/2017 #45641

\*Three week session \$41.25

**Session II:** 1/5 - 1/26/2018 #45642

**Session III:** 2/2 - 2/23/2018 #45643



### Thursdays:

#### Creative Movement & Expressions

**Time:** 10:00 - 10:45 a.m. **Ages:** 3 - 4 years  
Preschool

**Session I:** 12/7 - 12/28/2017 #45632

\*Three week session \$41.25

**Session II:** 1/4 - 1/25/2018 #45633

**Session III:** 2/1 - 2/22/2018 #45634

#### Mini Hip Hop

**Time:** 11:00 - 11:45 a.m. **Ages:** 3 - 4 years  
Preschool

**Session I:** 12/7 - 12/28/2017 #425638

\*Three week session \$41.25

**Session II:** 1/4 - 1/25/2018 #45639

**Session III:** 2/1 - 2/22/2018 #45640

For More information Contact:

Instructor: Jennie Bryant

Email: Expressionsdanceandfitness@gmail.com

 **All City of San Diego parks and beaches are smoke free.**

**FOR MORE INFORMATION PLEASE CALL (858) 552.1658**

**WWW.SDRECCONNECT.COM**



AS A RECIPIENT OF FEDERAL FUNDS, THE CITY OF SAN DIEGO CANNOT DISCRIMINATE AGAINST ANYONE ON THE BASIS OF RACE, COLOR, GENDER, RELIGIOUS CREED, MARITAL STATUS, SEXUAL ORIENTATION, ANCESTRY, NATIONAL ORIGIN, AGE, MENTAL OR PHYSICAL DISABILITY, MEDICAL CONDITION (INCLUDING HIV, AIDS & AIDS-RELATED COMPLEX). IF ANYONE BELIEVES HE OR SHE HAS BEEN DISCRIMINATED AGAINST, HE OR SHE MAY FILE A COMPLAINT ALLEGING THE DISCRIMINATION WITH EITHER THE CITY OF SAN DIEGO PARK AND RECREATION DEPARTMENT (CONTACT THE DISTRICT MANAGER @ 619-235-1132) OR THE OFFICE OF EQUAL OPPORTUNITY, U.S. DEPARTMENT OF THE INTERIOR, WASHINGTON, D.C. 20240. THIS INFORMATION IS AVAILABLE IN ALTERNATIVE

