

LIFEGUARD I

RELEASE OF LIABILITY WAIVER

The Lifeguard I Performance Test involves tasks which require strenuous physical exertion to complete. If you have any reason to believe that you cannot perform strenuous exercise, do not participate in this test. If, while participating in the test you feel weak or feel you have hurt yourself, you should stop and tell a Proctor/Lifeguard what has happened.

In consideration of being allowed to participate in the Lifeguard I Performance Test, I,

(print your name)

1. Acknowledge and fully understand that I will be engaging in activities that involve risk of serious injury, including permanent disability and death, and severe social and economic losses which might result not only from my own actions, inactions or negligence but the actions, inactions or negligence of others, the rules of play, or the condition of the premises or of any equipment used. Further, that there may be other risks not known to me or not reasonably foreseeable at this time.
2. Assume all the foregoing risks and accept personal responsibility for the damages following such injury, permanent disability, or death.
3. Release, waive, discharge and covenant not to sue the City of San Diego, its respective administrators, directors, agents, coaches, and other employees of the organization, other participants, and if applicable, owners and lessors of premises used to conduct the event, all of which are hereinafter referred to as "releasees" from any and all liability to me, my heirs and next of kin for any and all claims, demands, losses or damages on account of injury, including death or damage to property, caused or alleged to be caused in whole or in part by the negligence of the "releasee" or otherwise.

THE UNDERSIGNED HAS READ THE ABOVE WAIVER AND RELEASE OF LIABILITY, UNDERSTANDS THAT HE OR SHE HAS GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT AND SIGNS IT VOLUNTARILY.

Applicant's Signature

Date

(If applicant is under 18 years of age, please have legal parent/guardian complete below.)

I, (print your name) _____, hereby certify under penalty of perjury that I am the legal parent or guardian of the above named applicant and I give my consent to the waiver and release of liability as stated above.

Legal Parent/Guardian Signature

Date