

BLOOD LEAD TESTING PROVIDERS

San Diego Region

October 23, 2009

City of San Diego



The City of San Diego Lead Hazard Prevention and Control Ordinance requires that a child between the ages of six months and seven years, prior to enrolling in a licensed child care facility, must have the child’s blood lead levels be tested (requirement as of May 9, 2008). Childcare providers must obtain evidence of a blood lead test prior to admission, or no later than thirty days after admission. A parent or legal guardian needs to obtain a statement from a physician or health care provider that the child has been tested in accordance with applicable criteria mandated by the State of California.

The following are various clinics that provide blood lead testing. Parents are encouraged to go to their child’s regular doctor to have the test performed. Large health care providers (i.e., Rady Children’s, Sharp, Kaiser, Scripps, UCSD, etc.) are not included in the list below but may be your best option if that is where you normally go for your child’s medical care.

CLINICS	FINGER PRICK	VENOUS DRAW
La Maestra Community Health Centers		
<i>La Maestra Main Medical Clinic</i> 4185 Fairmount Ave., San Diego, CA 92105 Ph. 619-280-4213	X	X
<i>La Maestra National City Medical Clinic</i> 101 North Highland Avenue Suite A, National City, CA 91950 Ph. 619-434-7308	X	X
Family Health Centers		
<i>City Heights Family Health Center</i> 5379 El Cajon Blvd, San Diego, CA 92115 Ph. 619-515-2400		X
<i>Downtown Family Health Center</i> 1145 Broadway, San Diego, CA 92101 Ph. 619-515-2525		X
<i>Beach Area Family Health Center</i> 3705 & 3690 Mission Blvd., San Diego, CA 92109 Ph. 619-515-2444		X
<i>Logan Heights Family Health Center</i> 1809 National Avenue, San Diego, CA 92113 Ph. 619-515-2300		X

CLINICS	FINGER PRICK	VENOUS DRAW
<i>Comprehensive Health Center - Euclid</i> 286 Euclid Avenue, Suite 302 San Diego, CA 92114 Ph. (619) 527-7330	X	X
<i>Comprehensive Health Center - Downtown</i> 120 Elm Street, Suite 100 San Diego, CA 92101 Ph. (619) 235-4211	X	X
<i>Comprehensive Health Center – Logan Heights</i> 3177 Ocean View Boulevard San Diego, CA 92113 Ph. (619) 231-9300	X	X
<i>Otay Family Health Center</i> 1637 3rd Ave Suites B F H & I, Chula Vista, CA 91911 Ph. (619) 205-1360	X	X
<i>South Bay Family Urgent Care</i> 340 4th Avenue, Suite 7 Chula Vista, CA 91910 Ph. (619) 205-1960	X	X
<i>Paradise Hills Family Clinic</i> 2400 E 8th St National City, CA 91950 Ph. (619) 662-4100	X	X

This guide is for information purposes only and may not be current. Contact Health Centers/Clinics to confirm information before visiting. Most clinics require appointments.

Childhood lead poisoning is the greatest preventable environmental disease affecting children today. The highest risk is for children under six as their brains and nervous systems are still developing and are more sensitive to the damaging effects of lead. Medical research in the past five years identifies there is no safe level of lead exposure in children. The highest loss of intelligence quotient, an average of 7.3, occurs below the Center for Disease Control and Preventions level of concern of 10 micrograms of lead per deciliter of blood. Additional research in 2008 shows compelling evidence linking childhood lead poisoning to criminal activity later in life.

Don't hesitate to contact the Lead Safe Neighborhoods Program for assistance!
858-694-7000 • Lead-safe@sanidiego.gov • www.lead safeneighborhoods.org