

## summer Recycling Tips



When hosting a party remember that being green can help you save green! A little extra planning can help save money and resources. When possible, use reusable plates, cups, and utensils that you already have rather than buying disposable items. Set up separate, clearly marked trash and recycling receptacles and place them next to each other so your guests can conveniently recycle throughout the event. After the party, you can put the recyclables in your recycling dumpster or bin, or separate the CRV (California Redemption Value) items and take them to your nearest buy-back center for some extra after-party cash! For a list of buy-back centers visit: <u>http://www.sandiego.gov/environmental-services/recycling/centers.shtml</u> Additionally, send friends home with leftovers in reusable containers such as clean plastic tubs, takeout containers, sealable dishware, or ask them to bring containers from home.



While traveling far and wide this summer, there are many waste-reducing methods which can save you time and money. First, remember to always bring your own reusable water bottles to reduce the amount of plastic waste in our environment. According to <a href="http://earth911.com/">http://earth911.com/</a>, Americans buy approximately 28.9 billion plastic water bottles every year, and about 8 out of 10 of those bottles end up in a landfill. When planning a picnic at the park or a day at the beach, pre-pack your cooler with ice or ice packs from home to save time and fuel by avoiding an extra stop. Pack snacks and games in reusable shopping bags. Remember to also pack extra reusable bags for any purchases made during your trip. Reduce your environmental footprint by using GPS technology or cell phones for directions rather than printing them on paper. If you must print, use scrap paper in which one side has already been used. Another great way to increase your environmental efficiency and decrease your spending is to make sure your vehicle tires always have the recommended air pressure for optimal gas mileage. Safe travels!



## Sporting Goods: Balls, Bats, Blades, Boards, Bicycles and Beyond!!

Donating and purchasing used sporting equipment makes great gifts for growing children, seasonal items, or hobby-loving adults without spending an arm and a leg. Some used sporting goods stores may even buy your unwanted items or allow you to trade them for something else. For a list of used sporting goods stores in San Diego visit: <u>Earth911.com</u> and search for Sporting Goods Donation/Reuse locations near San Diego.