10 Rules for Online Safety

The internet can be an unsafe place. I am making this agreement with my parents to help keep me, my family and my friends safe.

- 1. My parents and I will decide when I am allowed to use the computer and the internet. I will only do things and visit places that my parents say I can.
- 2. I will never tell anyone online or post online that I am home alone. I won't give out important information like my last name, address or phone number.
- 3. If anyone online does anything that bothers me, I will tell my parents. I will not use bad language or say bad things about other people.
- 4. When I use instant messaging, email or chat rooms, I will never send pictures of myself, my family or my friends.
- 5. I will never meet with anyone I have talked to online without first talking to my parents.
- 6. I will share my passwords and logon names with my parents. I will never give my passwords or logon names to my friends or other family members.
- 7. If I want to download any games, movies, music or programs, I will ask for permission. I know I must pay for most of these things.
- 8. I will not try to win free things or buy things on the internet without my parent's permission.
- 9. I will not open any of my parent's files. I will not change any settings or install any new software without my parent's permission.
- 10. I understand my parents will look at our computer to see where I have gone on the internet, my emails and text messages I have sent and received and what I do in chat rooms. If my parents install programs that track what I do on the computer or limit where I go online, I promise not to turn those programs off.



I have read the above and agree to follow these rules. If I don't, my parents can take away the privilege of using the internet.



Parent's Signature

l agree to let me child use the internet so long as these rules are followed.

San Diego Internet Crimes Against Children Task Force www.sdicac.org

