



THE CITY OF SAN DIEGO
"WE ENRICH LIVES THROUGH QUALITY PARKS AND PROGRAMS"

City of
San Diego

PARKS FIT SAN DIEGO

Park &
Recreation
Department



JOIN US:
AUGUST 22, 2015
7:30AM TO 12:00PM

**FREE
RAFFLE
TICKET ENTRY!
WIN GREAT PRIZES!**

PARKS FIT 5K FUN RUN AND WALK EVENT

AT NTC (LIBERTY STATION) PARK
2455 CUSHING ROAD, SAN DIEGO, CA 92106

PLEASE SEE BACK FOR MORE INFORMATION

ALL CITY OF SAN DIEGO PARKS AND BEACHES ARE SMOKE FREE.

AS A RECIPIENT OF FEDERAL FUNDS, THE CITY OF SAN DIEGO CANNOT DISCRIMINATE AGAINST ANYONE ON THE BASIS OF RACE, COLOR, GENDER, RELIGIOUS CREED, MARITAL STATUS, SEXUAL ORIENTATION, ANCESTRY, NATIONAL ORIGIN, AGE, MENTAL OR PHYSICAL DISABILITY, MEDICAL CONDITION (INCLUDING HIV, AIDS & AIDS-RELATED COMPLEX). IF ANYONE BELIEVES HE OR SHE HAS BEEN DISCRIMINATED AGAINST, HE OR SHE MAY FILE A COMPLAINT ALLEGING THE DISCRIMINATION WITH EITHER THE CITY OF SAN DIEGO PARK AND RECREATION DEPARTMENT (CONTACT THE DISTRICT MANAGER @ 619-235-1107) OR THE OFFICE OF EQUAL OPPORTUNITY, U.S. DEPARTMENT OF THE INTERIOR, WASHINGTON, D.C. 20240. THIS INFORMATION IS AVAILABLE IN ALTERNATIVE FORMATS UPON REQUESTS.





THE CITY OF SAN DIEGO
PARK AND RECREATION DEPARTMENT
PRESENTS



PARKS FIT 5K FUN RUN AND WALK EVENT AT NTC (LIBERTY STATION) PARK ON AUGUST 22, 2015

REGISTRATION INFORMATION

REGISTRATION FEE - \$5.00

ADDITIONAL FAMILY MEMBER REGISTRATION IS \$2.00

PLEASE REGISTER THROUGH WWW.SDRECCONNECT.COM

ACTIVITY #16757 OR AT CABRILLO RECREATION CENTER

3051 CANON STREET, SAN DIEGO, CA 92106

FOR MORE INFORMATION, OR IF PAYING BY CASH OR CHECK,
PLEASE CALL 619-531-1534

SCHEDULE OF EVENT

REGISTRATION BEGINS - 6:45AM

5K RUN/WALK STARTS - 7:30AM

BOOTHS - 7:30AM TO 12:00PM

FREE GAMES AND ACTIVITIES

9:00AM TO 12:00PM

CLOSING CEREMONY - 10:00AM

ACTIVITIES INCLUDE INFLATABLE BOOTCAMP OBSTACLE COURSE AND
DODGEBALL ARENA, ROCK CLIMBING WALL, MUSIC, INTERACTIVE
DEMONSTRATIONS AND MUCH MORE!

FUN RUN/WALK PARTICIPANTS RECEIVE A PARKS FIT DRAWSTRING BACKPACK!

WHILE SUPPLIES LAST

THANK YOU TO THE FOLLOWING SPONSORS!

