

GENERAL INFORMATION

ADVISORY BOARD

A citizens's advisory group, made up of involved community members and representatives which use our facilities, meets at 6:00 pm on the 3rd Wednesday of the month. This group of volunteers advise the center's staff on community events and recreational programs. These meetings are open to the public and interested individuals are encouraged to attend.

FACILITY DESCRIPTION

Our Center has a full size gymnasium, meeting room, crafts room, ceramic room, full size kitchen, outdoor tennis and basketball courts, tot lot, baseball field and two softball fields. We also have 22 acres of open space.

Neighborhood Parks And Joint Use Fields

The following parks are fields are available for reservations. Please contact staff at Colina for details on where and how to attain a permit.

Clay Neighborhood Park and Joint Use Field

4767 Seminole Drive

Montezuma Neighborhood Park

4929 Catocin Drive

Horrace Mann Joint Use Field

4345 54th Street

Hardy Elementary Joint Use Field

5420 Montezuma Road

Ibarra Elementary Joint Use Field

4877 Orange Avenue

Fay Elementary Joint Use Field

4080 52nd Street

Language Academy

4961 64th Street

VOLUNTEERS NEEDED!

Ongoing opportunities are available at recreation centers, pools and regional parks throughout the City, as well as with senior and Therapeutic recreation programs. If you would like to volunteer, please see staff for more information, or visit www.sandiego.gov/park-and-recreation/general-info/volunteer.shtml or contact the

Volunteer Office at (619) 533- 4017.



Equipment Checkout

Sport equipment, table board games may be checked out with a School I.D. card or any other Picture I.D. card, free of charge.

Commodity Supplemental Food Progam

The Jacob & Cushman San Diego Food Bank

Phone # (858) 527-1419

Toll Free # (866) 350-3663

www.sandiegofoodbank.org

Every 3rd Friday of the Month

9:00 am- 12:00pm

Colina Del Sol Rec. Center

DONATIONS

By donating to our park system, you can help the Park and Recreation Department to enrich the lives of others through quality parks and programs. Your gift will help ensure that we meet the needs of the community, including people of all ages, abilities and income levels through recreation, natural open space parks, neighborhood parks, and aquatics programs. For more information on how you can become a donor to your favorite park, pool or recreation program, please call, Deputy Director CPlI Division, (619) 525-8235.

AS A RECIPIENT OF FEDERAL FUNDS, THE CITY OF SAN DIEGO CANNOT DISCRIMINATE AGAINST ANYONE ON THE BASIS OF RACE, COLOR, CREED, SEX, AGE, NATIONAL ORIGIN OR ANCESTRY, RELIGION, PREGNANCY, PHYSICAL OR MENTAL DISABILITY, VETERAN STATUS, MARITAL STATUS, MEDICAL CONDITION, GENDER (TRANSEXUAL AND TRANSGENDER), SEXUAL ORIENTATION, AS WELL AS ANY OTHER CATEGORY PROTECTED BY FEDERAL, STATE OR LOCAL LAWS. IF ANYONE BELIEVES HE OR SHE HAS BEEN DISCRIMINATED AGAINST, HE OR SHE MAY FILE A COMPLAINT ALLEGING THE DISCRIMINATION WITH EITHER THE CITY OF SAN DIEGO PARK AND RECREATION DEPARTMENT (CONTACT DISTRICT MANAGER (619) 525-8286) OR THE OFFICE OF EQUAL OPPORTUNITY, U.S. DEPARTMENT OF THE INTERIOR, WASHINGTON, D.C. 20240. THIS INFORMATION IS AVAILABLE IN ALTERNATIVE FORMATS UPON REQUEST.

All City of San Diego parks and beaches are smoke free.



The City of San Diego Parks and Recreation Department
"We Enrich Lives Through Quality Parks and Programs"



COLINA DEL SOL RECREATION CENTER

5319 Orange Ave San Diego CA 92115 ** PHONE (619) 235-1144 ** FAX (619) 235-1146 ** www.sandiego.gov

Fall/Winter Program 2015



HOLIDAY CLOSURES

November 11, 2015 Veteran's Day
November 26, 2015 Thanksgiving Day

December 25, 2015 Christmas Day



HOURS OF OPERATION

Monday	11:00am – 9:00pm
Tuesday	11:00am – 9:00pm
Wednesday	11:00am – 9:00pm
Thursday	11:00am – 9:00pm
Friday	11:00am – 7:00pm
Saturday	9:00am – 5:00pm
Sunday	12:00pm – 5:00pm

RECYCLING PROGRAM:

A recycling bin is located in the Orange Avenue parking lot. Glass, plastic and paper is all accepted!



YOUTH ACTIVITIES

Cooking Class

Join our class for some edible fun!
Learn how to cook with a healthy
twist !! AGES 6 & UP

Every Wednesday at 3:30pm to 5:30pm



Crafts Class

Come on down and make a work of
art! Show your creativity and express
yourself through designs and colors!

AGES 6 & UP

Every Thursday at 1:30pm to 3:30pm

Homework Help!!

Come study with us!! Grades are
important and we are here to
help! ALL AGES WELCOME

Every Wednesday at 1:00pm to 3:00pm



Teen Center

Relax and hangout in the Teen
Center! There's video games,
pool table, movie day soccer table
and LOTS MORE!

**MON thru FRI at 2:30pm to 6:00pm TEENS
ONLY !!**

AGES 12 to 16 yrs



ADULT ACTIVITIES



ADULTS CRAFTS & CERAMICS

Learn several different crafts
ranging from Holiday Ornaments to plastic
canvas. We also offer ceramic
Instruction for adults.

AGES 18 & UP

Every Monday at 5:30pm to 7:30pm

SENIOR BINGO



Every 2nd Thursday of the month 1:00pm



ADULT VOLLEYBALL

Every Thursday at 6:00pm

REGISTER FOR CLASSES AND
CHECK OUT OTHER ON GOING
PROGRAMS THROUGH OUR
WEBSITE ON ACTIVE NET !

www.sdreconnect.com



*** PROGRAMS AND FEES ARE SUBJECT
TO CHANGE WITHOUT PRIOR NOTICE**

UP COMING POGRAMS

Toys for Tots Registration
October 12-Novemeber 07 , 2015
Monday-Thursday 1:00pm—7:00pm
Friday 1:00pm—6:00pm
Saturday 10:00am—3:00pm

Please call the Recreation Center for more information



Halloween Carnival Friday October 30, 2015
4:00pm to 6:00pm.



***VOLUNTEERS NEEDED FOR MORE
INFORMATION CONTACT OUR OFFICE!***

YOUTH TEAM SPORTS

Donations are welcome to
help support our youth
sports leagues. Talk to our

staff if you are interested in
donating.



Youth Flag Football

Season is October - December 5, 2015
Registration: August 22, 2015

Cost: Free

YOUTH SPORTS AGE DIVISION

5-7 years

8-10 years

11-12 years

13-16 years

*** Coed sports**



Participants must provide proof of age (birth
certificate), School photo I.D. and signed a
waiver at the time of registration. Teams will play
other Recreation Centers in the area and will have
a chance to qualify for the City-Wide tournament
to play top teams in the city of San Diego.