

"We Enrich Lives Through Quality Parks and Programs"

***Golden Hill Recreation Center***

**2600 Golf Course Dr. San Diego, CA. 92102**

**Office 619 - 235-1138 Fax 619 - 237-5227**

**www.sandiego.gov**

**FALL  
2015**

**Park & Recreation Department  
Community Parks II Division**

**RECREATION CENTER**

**STAFF**

**Area Manager**

**Brian Anthony**

**Center Director II**

**Yvette Lopez**

**Recreation Leader II**

**Cesar Rivera**

**Recreation Leader I**

**Bailey Eames**

**Quentin Ivy**

**Vivianne Atkins**

**GMW II**

**Rodney Major**

**Hours of Operation**

**Monday - Friday  
2:00pm - 9:00pm**

**Saturday & Sunday  
10:00am - 3:00pm**

***Please Note New Hours of  
Operation will be implemented***

**Permit issuance by  
appointment**

**Tues: 2:00 - 6:00pm**

**Wed: 2:00 - 6:00pm**

**Thurs: 2:00 - 6:00pm**

**CITY  
HOLIDAYS  
CLOSURES**

**Veteran's Day Nov 11  
Thanksgiving Day Nov 26**



***All City of San Diego parks and beaches are smoke free.***



# YOUTH ACTIVITIES AND PROGRAMS

## Ceramic Arts #18740

Day: Monday

Time: 4:00-5:30 pm

Ages: 7-16yrs

Cost: \$30.00/5wks

This class teaches the fundamentals of ceramics, including wheel throwing and glazing. Students will learn to design and create 3D sculptures and accessories. No experience needed.



## Ceramics Arts for the Family #184741

Day: Monday

Time: 6:00-8:00 pm

Ages: 3 and up

Cost: \$30.00/5wks

This class teaches the fundamentals of ceramics, including wheel throwing, and glazing. Students will learn to design and create 3D sculptures and accessories. Your family will enjoy a stress free and fun time designing art!

## Teen Center

Day: Monday- Friday

Time: 2:30 - 6:00 pm

Ages: 12-15 years

Cost: FREE!!!!

# 18732

Teen Center offers various activities and sports. Activities include sports teams, homework assistance, volunteer opportunities, movie nights, craft/ social projects, table games, field trips and much more...Sign ups are required.



Registration online: [www. SDRecConnect.com](http://www.SDRecConnect.com)

# ADULT ACTIVITIES AND PROGRAMS

## Svaroopo YOGA

Instructor: Maria Massi

Website: [www.blissyogi.com](http://www.blissyogi.com)

To contact instructor:

[blissyogi@hotmail.com](mailto:blissyogi@hotmail.com)

Classes are offered at the Golden Hill Community Clubhouse located south of the recreation center behind the softball field. Ample lighting and parking available along Russ Blvd. Please wear loose comfortable clothing and bring a yoga mat or heavy blanket to class. Please arrive early, as class starts promptly. Class days/times are subject to change based on registered participants.

### Days/Times:

Monday: 7:00 p.m.-9:00 pm (every 1st and 3rd of the month) FREE!

## Silver Age Yoga for seniors

Ages: 55 years and over

Day/Time: Tuesday 2:00 p.m.-3:15 p.m.

Cost: FREE!!!



## Hispanic Mexican Folk Dance



Days: Tuesday & Thursday

Time: 6:00 p.m.- 8:30 p.m.

**FREE!**

This program is dedicated to instilling pride and cultural awareness for the general public about music, song and dance. For more information, arrive early to speak with instructor, Gustavo Guerrero.

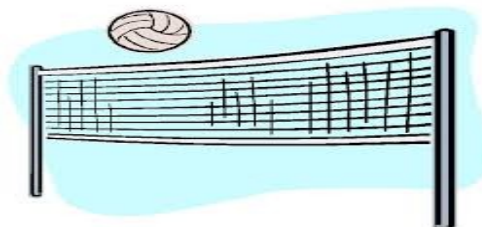
## Open Play

### Volleyball

Day: Monday

Time: 6:00-8:45pm

**Free!**



## **Open Play Floor Hockey**

Day & Time:

Friday

7:15-8:45 p.m.

**FREE!**





# OTHER SPORTS AND ACTIVITIES

## Flag Football

### Age Divisions

10 & under Football # 18727

12 & under Football # 18729

14 & under Football # 18731

### **Age Cut-off Date:**

**December 13, 2015**



No experience needed! These classes teach the fundamentals of Football. Teaches social skills and team building. The season will include two practices and one game per week. Dates and times will be announced. Registration is required. Submittal of a photo and verification of birth certificate are required prior to the season beginning. Mouthpiece and cleats are required. No metal cleats!

**Registration online: [www.SDRecConnect.com](http://www.SDRecConnect.com)**

## OPEN PLAY GYM SCHEDULE

**Monday:**

2:00 to 6:00 p.m.

**Tuesday:**

2:00 to 8:45 p.m.

**Wednesday:**

2:00 to 8:45 p.m.

**Thursday:**

2:00 to 5:00 p.m.

**Friday:**

2:00 to 6:00 p.m.

**Saturday:**

12:30 to 2:45 p.m.

**Sundays:**

10:00a.m. to 2:45p.m.



Open play schedule may change to accommodate youth activities, holidays, special events and rentals. Changes will be posted in advance as soon as possible.

# UPCOMING EVENTS AND PROGRAMS

Golden Hill Recreation Center

**Fall Festival 2015**



# October 30th

## 5PM-9PM

**Costume Contest**

Ages: 0-12 Yrs. Old

Starts at 6 PM

## FOOD

Face Painting

## CRAFTS



## FALL FUN

BRING FRIENDS  
AND FAMILY

## RAFFLES

## MUSIC

## CANDY

## PUMPKIN DECORATING

## BOUNCE HOUSE

**MOVIE IN THE PARK**

**STARTS @ 7PM**

**"Hotel Transylvania"**

**\*Bring your own blanket\***

## CAKE WALK

**2600 GOLF COURSE DRIVE SAN DIEGO, CA 92102 PHONE: 619-235-1138**

AS A RECIPIENT OF FEDERAL FUNDS, THE CITY OF SAN DIEGO CANNOT DISCRIMINATE AGAINST ANYONE ON THE BASIS OF RACE, COLOR, CREED, SEX, AGE, NATIONAL ORIGIN OR ANCESTRY, RELIGION, PREGNANCY, PHYSICAL OR MENTAL DISABILITY, VETERAN STATUS, MARITAL STATUS, MEDICAL CONDITION, GENDER (TRANSEXUAL AND TRANSGENDER), SEXUAL ORIENTATION, AS WELL AS ANY OTHER CATEGORY PROTECTED BY FEDERAL, STATE OR LOCAL LAWS. IF ANYONE BELIEVES HE OR SHE HAS BEEN DISCRIMINATED AGAINST, HE OR SHE MAY FILE A COMPLAINT ALLEGING THE DISCRIMINATION WITH EITHER THE CITY OF SAN DIEGO PARK AND RECREATION DEPARTMENT (CONTACT DISTRICT MANAGER (619) 525-8242 OR THE OFFICE OF EQUAL OPPORTUNITY, U. S. DEPARTMENT OF THE INTERIOR, WASHINGTON, D.C. 20240. THIS INFORMATION IS AVAILABLE IN ALTERNATIVE FORMATS UPON REQUEST. PRINTED ON RECYCLED PAPER.



Registration will begin  
October 5, 2015 - November 6, 2015  
Monday - Friday  
3:00pm - 6:00pm

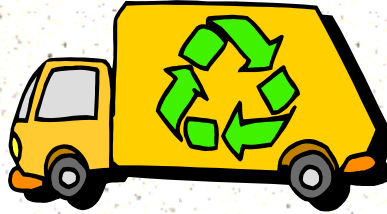
Please bring the following:

- Parents/ Guardian Photo Identification
- Child (ren) Birth Certificate
- Child (ren) Social Security Card
- Verification of Income
- Verification of Address

Please have all paperwork and registration form ready upon arrival.



**Welcome!** The staff at Golden Hill Recreation Center welcomes you and your family to our facility. We offer a variety of programs to benefit many children and adults. If you wish to use the center as a regular meeting place for your group or have a special event to plan, we can help. We have conference rooms, gymnasium, lighted ball fields and a community clubhouse for rental use. We offer ping pong, foosball, and various table games for open play with an I.D. for checkout.



### **REFUNDS**

- Must be submitted PRIOR to the 2nd class
- Pink receipt required for refunds
- No partial refunds or make ups for missed classes
- \$25 fee for all returned checks

### **VOLUNTEERS NEEDED**

Ongoing opportunities are available at recreation centers, pools and regional parks throughout the City, as well as with senior and therapeutic recreation programs. If you would like to volunteer, please see staff for more information, or visit the website at:

[www.sandiego.gov/park-and-recreation/general-info/volunteer.shtml](http://www.sandiego.gov/park-and-recreation/general-info/volunteer.shtml)

### **RESERVATION INFORMATION**

For park /facility reservations including, sports field use, room rentals, party jumps, please contact the Golden Hill Recreation Center at 619-235-1138.

### **RECYCLE FOR RECREATION**

Golden Hill Recreation Center has one recycling bin located at the south end of the park adjacent to the community clubhouse. It accepts aluminum cans, newspaper, glass and plastic. Illegal dumping is prohibited. We would like to thank all the members in the community who have supported our recycling program.

### **Golden Hill RECREATION COUNCIL**

In order to serve the community, a citizen's advisory board was made up of concerned citizens who volunteer their time to help advise, plan, and promote recreational programs and special events for the community. Meetings are held the second Monday of every other month at 6:30 p.m. in Conference Room #2. Individuals residing in the community or operating a business in the community are encouraged to become active members of this advisory group.

### **DONATIONS**

By donating to our park system, you can help the Park and Recreation Department to enrich the lives of others through quality parks and programs. Your gift will help ensure that we meet the needs of the community, including people of all ages, abilities and income levels through recreation, natural open space parks, neighborhood parks, and aquatics programs. For more information on how you can become a donor to your favorite park, pool or recreation program, please call David Monroe, Deputy Director CPII Division, (619) 525-8235.

### **EQUIPMENT CHECK OUT**

Athletic equipment and a variety of board games are available for check out with a valid Identification Card or Recreation Card. Youth can purchase a Recreation Card for \$.25 in the office.