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THE CITY OF SAN DIEGO



# Martin Luther King Jr. Recreation Center

## September – December



### SEPTEMBER'S

#### CENTER HOURS OF OPERATION

Sunday	9am to 1pm
Monday, Tuesday & Thursday	1pm to 8pm
Wednesday	12pm to 8pm
Friday	1pm to 6pm
Saturday	9am to 4pm

### NEW HOURS EFFECTIVE

#### OCTOBER 1, 2015

#### CENTER HOURS OF OPERATION

Sunday	9am to 3pm
Monday	12pm to 9pm
Tuesday	10:00am to 9pm
Wednesday	10:00am to 9pm
Thursday	12pm to 9pm
Friday	1pm to 7pm
Saturday	9am to 5pm

### HOLIDAYS

- Labor Day: September 7, 2015
- Veteran's Day : November 11, 2015
- Thanksgiving Day: November 26, 2015
- Christmas Day: December 25, 2015

6401 Skyline Drive • San Diego, CA 92114 •

Office (619) 527-3415 Fax (619) 527-7645 [www.sandiego.gov](http://www.sandiego.gov)

# Online Registration

Register online for Programs offered by the Recreation Council, using the Online Activity Registration System. Log on at [SDRecConnect.com](http://SDRecConnect.com). Set up your account and browse classes now.

**Returning Customers** (who have previously registered for classes online)  
Click the My Account button. Enter your login (email address) and password.

If you've **forgotten your password**, click My Account, then click the small "Forgotten?" link. Enter the email address you used when you created the account, and the system will send you a temporary password via email. Log in with the temporary password and the system will prompt you for your "Current password" - which means the temporary password in this case - and a new password of your choice. Be sure to click Save!

## First Time Online Customers

Click the Create Account\*\*\* button. Fill out the New Account Request form completely for the primary responsible person, usually a parent or head of household, including all required fields, (Birth date, Gender, Email Address, etc.) and click Submit (or Submit & Add Family Member to add your other family members). In a short time, **check your email for a confirmation message with a special first-time activation link. You will not be able to use your new account until you've used this special link!** Note that it's possible this email will go to your "spam" folder, so check carefully. To avoid duplication, be sure to let others in your household know you've set up the account.

**\*\*\*Important!:** If you are registering a child for an activity, please use **your own** information, not your child's, when first completing the New Account Request form. Once you have filled it out for yourself, click "Submit," or "Submit & Add Family Member" to add others such as your spouse and children. You can also easily add children later after you've created and confirmed the account. **Be sure to check your email for a confirmation message with a special first-time activation link. You will not be able to use your new account until you've used this special link!**

Effective September 8, 2015, service fees will apply as follows for all transactions. For Online Registrations, \$2 Transaction fee and 3% Processing fee will be charged for every transaction. For In-house Registrations, \$2 Transaction fee will be charged for every transaction. Rates are established by the service provider and are nonrefundable.



## No computer access?

NO PROBLEM!

Come into the office and use ours!



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# CRAZY CONTESTS

Day: Mondays  
Time: 4:00 pm – 5:00 pm  
Ages: 6 - 14 yrs  
Cost: Free



A different contest every week!

**Win prizes and/or play for fun!**

Do you like to test yourself or compete? Well, this class is for you! Various indoor and outdoor contests, relays, tournaments and contests. Do it for fun and/or prizes. Ages under 8, will need an Adult/Guardian to accompany them.

**Class Code : 18780**

**Instructor: Eric**

# Art & Crafts Class

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Day: Tuesdays  
Time: 4:00 pm - 5:00 pm  
Ages: 6 - 14 yrs  
Cost: Free



Come create with us a variety of art projects including watercolors, tempera, clay, wood, paper, fabric and more! Ages between 6 and 7 years old, needs to be accompanied by an adult.

**Class Code: 18777**

**Instructor: Raenica**

# Yummy Creations Cooking Class

Day: Wednesdays  
Time: 2:00 pm - 3:30 pm  
Ages: 6 - 12 years old  
Cost: Free

Create yummy creations in the kitchen! Learn about food handling and safety. How to measure, safely use kitchen tools and how to eat healthy without even knowing it! Best part is, you get to eat what you make!

**Class Code : 18789**

**Instructor: Johana**



# Ceramics

**Day:** Fridays      **Time** 4:00 pm -6:30 pm

**Ages:** 10 – 40 yrs

**Cost:** \$10 per person per month

**Class Code** 18885      **Instructor:** Raenieca



Come join us for a day of fun with your family and create new things! Learn how to create ceramic figurines using ceramic slip and molds. Learn the basics of the firing process and create your own designs using paint and stains.

# MLK Fashionistas

Do you like to create your own fashion? Or make a fashion statement that I AM unique? Then this class is for you! You will design clothing, shoes, and accessories in many different ways,. We will include the use of paper, craft supplies, material, and even be-dazzle your own garments. Be YOUR own fashionista! The instruction of this class is free. Participants will be required to bring their own articles of clothing during the clothing phase of this class and/or purchase some accessories.

**Day:** Wednesdays      **Time** 4:00 pm – 5:30 pm

**Ages:** 8-16 yrs

**Cost:** Free (Some accessories will be available for purchase)

**Class Code** 18784      **Instructor:** Raenieca



# MLK Divas Nail Art

**Day:** Mondays      **Time** 3:30 pm -4:30 pm

**Ages:** 8-16 yrs

**Cost:** Free (Some accessories will be available for purchase)

**Class Code** 18787      **Instructor:** Raenieca



Be the Diva you were created to be and pamper yourself with polish! Each week we will offer a new color and/or design. Perfect time for socializing and making new friends. This class is free however, you will have the option to purchase nail decals and bling accessories for the cost of .50 cents to \$3.00.

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# MLK Playhouse

**Day: Tuesdays and Wednesdays**

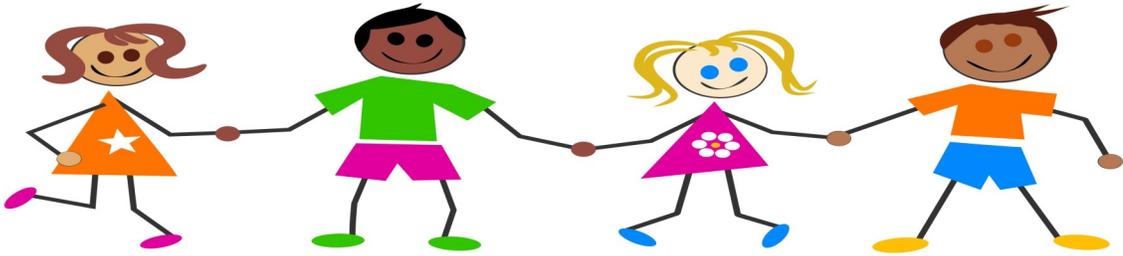
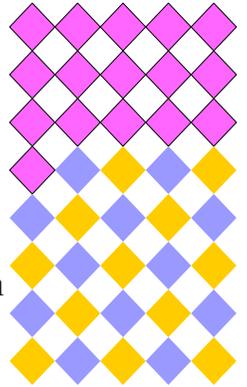
**Time: 10:00 am to 12:30 pm**

**Ages: 3 to 5 (potty trained)**

**Cost: \$40.00 for 2 months begins October 6th**

**Class Code: 18792**

**Instructor: Johana**



Children will learn their ABC's, numbers, shapes, sports, crafts, outdoor play, story and circle time, social skills and make new friends. Child **MUST** be potty trained. Please bring a sack lunch and drink.

This is not a day care program. This program enhances social skills in preparation for entering kindergarten. Fees must be paid at the start of every new session.

For those months where there are five weeks in the month, there will **NOT** be an additional charge.

## READING IS RECREATION!

Book Nook is a free book check out system at each Recreation Center. No card needed! Just come and pick out a book, return it for another book when you are finished!

Donated books are always welcome!



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# Youth Sports

## Flag Football

Season: September - December 2015

Ages: 8-14 yrs

Cost: \$15.00



Registration: Saturdays 10:00 am to 12:00 pm

Deadline to register is October 10th. We only accept complete registrations. Bring proof of age, Liability Waiver, and small photo with fee. Game days TBA. Each participant will need a mouth guard and rubber cleats. We issue a jersey for the season. Age cut off is December 14th.

10 and under practices Tues. & Thurs. 5:00-6:30 pm Class Code 18794 (Coach Michael)

12 and under practices Mon. and Wed. 5:00-6:30 pm Class Code 18798 (Coach James)

14 and under practices Tues. and Fri. 5:00-6:30 pm Class Code 18806 (Coach Eric)

Become a team mom or dad by registering as a volunteer! Ask us for more information.

## Youth Basketball

Season: December 2015 -

March 2016

Registration: Saturdays 10:00 am to 12:00 pm



Cost: \$ 25.00 Ages: 8-16 & \$20.00 Ages: 5-7

Pee Wee ages 5 to 7 practices Mon. & Fri 5:00-6:00 Class Code 19231 (Coach Johana)

10 and under practices Tues. & Thurs. 5:00-6:30 pm Class Code 19317 (Coach Mike R)

10 and under practices Tues. & Thurs. 5:00-6:30 pm Class Code 19318 (Coach James)

12 and under practices Wed. and Fri. 5:00-6:30 pm Class Code 19320 (Coach Michael B)

16 and under practices Mon. and Wed 5:00-6:30 pm Class Code 19321 (Coach Eric)

Deadline to register is February 1st. We only accept complete registrations. Bring proof of age, Liability Waiver, and small photo with fee. Game days TBA.

## Basketball Skills

*We be dribbling...*

Sundays: 1:00 pm to 3:00 pm

Instructor: James

Cost \$5.00 per month

Class Code: 19699



**Practice days subject to change** 6

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# Adult Activities

## Fitness

Cardio Fit	Mondays- 5:30pm - 6:30pm	Class Code 18779
Ya Zoom Cardio Conditioning	Tuesdays- 6:00pm-7:00pm	Class Code 18788
Kickboxing, Core Sculpt & Step	Thursdays- 6:00pm – 7:00pm	Class Code 18786
Intro to Being Fit	Saturdays – 9:00am - 10:00am	Class Code 18785
<b>Cost:</b> Free		<b>Instructor:</b> Carol

Lets get that heart pumping! Relieve stress and feel good about yourself! Wear exercise attire and athletic footwear. Please bring a towel and hand weights if you wish.

## Bridge Club

**Day:** Saturdays **Cost -** Free **Class Code** 18778

**Time** 10:00am- 2:30 pm Join us for a fun filled day of playing bridge and conversing with community members. Bring a snack to share (optional).

## Senior Tech Savy

**Day:** Wednesdays **Cost -** Free **Class Code** 19401

**Time** 4:00-5:00 pm

Learn mobile device basics, such as using your Smart Phone settings, sending text messages, saving photos into albums and much more. Bring your cell phone, lap top or tablet.



# Adult Programs

## Adult Basketball League

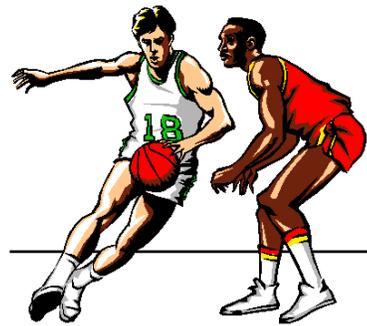
\$150.00 per team plus \$30.00 Referee fee per game/team.

Referee fees are NOT included in registration fee.

10 games plus playoff, Please register online as a team. Ages 17 up

Wednesdays: 6:00 pm to 9:00 pm

League Director: Eric      Class code: 19402



## Adult Volleyball League

COMING SOON

Mondays 5:30 to 9:30 pm.

Cost: TBA



## Open Adult Volleyball

Tuesdays: 6:45 to 8:45 pm

FREE      Ages: 16 up

Class Code: 19403

## Adult Crafts

Wednesdays: 6:30-7:45 pm

Cost: \$10.00 per month (Some additional accessories will be available for purchase)

Ages: 17 up

Instructor: Johana

Class code: 19404

Join us for a variety of craft making such as ceramics, jewelry making, plastic canvas and more!

# Facility Information

## Center Staff

Carlos Rios	Area Manager
Casper Zamudio	Center Director III
Raeniece Jefferson	Recreation Leader I
Michael Bordson	Recreation Leader I
Eric Snyder	Recreation Leader I
James Cloud	Recreation Leader I
Johana Castillo	Recreation Leader I
Betty Godinez	GMWII
Paul Henderson	GMWII
Chris Guzman	GMWII
Anthony Hicks	GMWII

## REFUNDS

- Must be submitted prior to the 2nd class
- Original receipt required for refunds
- No partial refunds or make ups for missed classes.
- \$5.00 service charge per
- refund

## Donations

By donating to our parks system, you can help the Park and Recreation Department to enrich the lives of others through quality parks and programs. For more information on how to become a donor, please call Casper Zamudio at (619) 527-3415.

## Permits

Community members can obtain Building or Field Permits by appointment only.

For additional information, please contact MLK at  
(619) 527-3415.

## Room Rental

Large Meeting Room , Kitchen, Craft Room, Gymnasium

## Field Rental

Baseball Field, Multipurpose Field, Outdoor Basketball Courts, Ground Use for Special Events and Jumpers.

Parks: Martin Luther King Jr Park & Fields, Valencia, & Porter Multi-use fields, J. F. Kennedy Park, Gompers Neighborhood Park.

## PHONE NUMBERS

MLK Pool (619) 527-3451  
Senior Building (619) 266-2066

## ***Mountain View Sports & Racquet Association***

*(inside the MLK park – next to the baseball field)*

**\*\* For more information, please contact  
Coach Stan, (619) 770-7187 OR  
(619) 263-9224**

# UPCOMING EVENTS

## Carnival Game Night

Thursday October 29, 2015

5:30 to 7:30 pm

5 FREE game tickets per child.

**Volunteers Needed!**



### SAVE THE DATE

Saturday, January 9, 2016 will be our 6th Annual Martin Luther King Jr. Community Celebration & Sports Fest. We are currently accepting vendor & performer applications.

Email Casper @ [czamudio@san Diego.gov](mailto:czamudio@san Diego.gov)

Call: (619) 527-3415



**Free entry  
Ages 3 to 13**



5 tickets for \$1.00. Each game cost 1 ticket. Cup cake walk and costume

Contest!

### Toys For Tots

Registration Dates: All Tuesdays in October from 3:00-4:00 pm and November 3, 2015 from 5:00-6:30 pm. Late registrations may be taken by appointment.

Documents needed: Parent/Guardian photo Identification, proof of residence, proof of income, children's original social security cards. **NO EXCEPTIONS.** Please only register at one site for Toys for Tots.

Toys will be distributed on December 17, 2015 from 6:00 to 8:00 pm during our Cocoa & Cookies Elf Workshop event. Create a toy, decorate a cookie and receive your toy!

