



The City of San Diego
 Park & Recreation Department
 "We enrich lives through quality parks and programs"



Scripps Ranch Recreation Center

11454 Blue Cypress Drive, San Diego, CA 92131

Phone: (858) 538-8085 Fax: (858) 578-2419

<http://www.sandiego.gov/park-and-recreation/centers/recctr/scripps.shtml>

WINTER 2016 CLASS SCHEDULE



HOURS OF OPERATION

Monday - Thursday
 11:00 AM - 9:00 PM
 Friday
 10:00 AM - 7:00 PM
 Saturday
 9:00 AM - 4:00 PM
 Sunday
 12:00 PM - 4:00 PM

REGISTRATION HOURS

Monday - Thursday
 12:00 PM - 7:00 PM
NO REGISTRATION OR PERMITS
FRIDAYS - SUNDAYS
**Park Use Permits and
 Recreation Center Use
 Permits are processed
 by appointment only.*
 Please contact the Scripps Ranch Staff at
 (858) 538-8085 for availability.

CLASS REGISTRATION BEGINS NOVEMBER 21, 2015 AT 10:00AM

See page 2 of this brochure for more details.

SCRIPPS RANCH STAFF

Cathy Lawler
Area Manager II

Claudia Apodaca
Center Director III

Michael Stark
Assistant Center Director

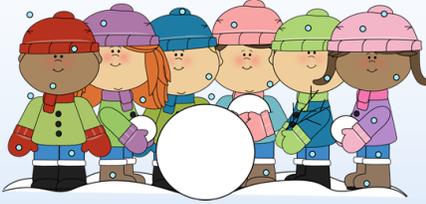
Tony Cruz
Ground Maintenance Worker II

Maile Cabanas
Recreation Leader I

Debra Davison
Recreation Leader I

Porsha Standard
Recreation Leader I

Debra Smith
Recreation Leader I



REGISTRATION INFORMATION

Online Registration will be available this season.
Children under 18 must be registered by their parent/legal guardian.
NO EXCEPTIONS!

REGISTRATION BEGINS:

SATURDAY, November 21, 2015 at 10:00AM

Registration at the Recreation Center will be done on a first come, first serve basis.

Historically, only a few classes fill to capacity on the first day of registration; register early for best availability. When classes fill to capacity, waiting lists are formed. Many classes are expanded to accommodate additional students. However, to insure program quality for all participants, no exceptions are made regarding class enrollment sizes. *Programs may be cancelled if the minimum enrollment requirement is not met 48 hours prior to the start of the first class. Please register early. All participants must meet age requirements.*

PAYMENT POLICY:

- ◆ Payment is required at the time of registration.
- ◆ Payment methods for registrations taken at the Center are a credit card, EXACT cash or a check payable to SRRC.
- ◆ **Online Class registration requires a credit card payment.**
- ◆ **Credit cards accepted are VISA, MasterCard, American Express and Discover. We are unable to accept debit cards.**
- ◆ A \$35 fee will be charged for all returned checks.
- ◆ **Financial assistance is available. Please submit the application to Recreation Center office one week prior to the start of registration.**
- ◆ Class fees are not prorated/discounted after the beginning of the scheduled session.



Registration/Reservation Transaction & Credit Card Fees

Effective September 8, 2015 processing fees will apply as follows for all transactions. For Online Registration, \$2 transaction fee and 3% processing fee will be charged for every transaction. For In-house registration, \$2 transaction fee will be charged for every transaction. Rates are established by the service provider and are non refundable.

CONTRACTUAL PROGRAM vs RENTAL PROGRAM:

The Scripps Ranch Recreation Center offers a variety of programs for the youth which are provided through the means of two different sources; Contractual programs and rental programs. Contractual programs consist of independent contractors that have been approved by the Scripps Ranch Recreation Council as a sponsored program. Rental programs are commercial companies that rent out the facility to offer their programs and activities for the community. Please see below for specified requirements:

Requirements for Independent Contractors:

All contractors, sub-contractors and volunteers must be finger-printed through the City of San Diego Live Scan Process.
Contractors must submit a business license and proof of insurance
City staff handles all registration for the program
Contractors must provide Worker's compensation coverage for all their employees

Requirements for Permit Holders/Rental Programs:

Must provide proof of insurance
Must provide own advertisement for program
Handles all registration for their programs
Rental programs are **NOT required to submit proof of fingerprinting** for their coaches, volunteers and/or instructors.

REFUND POLICY:

This policy applies to programs offered by the Scripps Ranch Recreation Council. Sorry, no refunds available for programs with less than 4 class meetings. No partial refunds or make ups for missed classes (i.e. routine illness, vacation or other schedule conflict). Sorry, no exceptions!

A **\$15 service fee** will be charged per registrant for each refund request. Refunds are processed within 10 business days of request. All approved refund requests will be paid via check. This includes credit card transactions. A CVRC Refund Request Form (available at the Recreation Center) and your registration receipt must be submitted **at least 48 business hours prior to the second scheduled class meeting.**

Due to the nature of their business, class instructors rely on registration numbers in order to plan safe and well supervised classes. If you or your child are unhappy, or your child does not participate after the refund deadline, we cannot process a refund or transfer. Thank you for understanding.

GENERAL INFORMATION

SCRIPPS RANCH PARKS

Cypress Canyon Park	11480 Cypress Canyo Road
Dingman Park & Spring Canyon	10907 Scripps Poway Pkwy
Jerabek Park & School	10050 Avenida Magnifica
Lakeview Park	10794 Mira Lago Terrace
Marshall Middle School Field	9700 Avenue of Nations
Overlook Park	11417 Scripps Ranch Blvd
Scripps Ranch Community Park	11454 Blue Cypress Drive
Scripps Ranch High School Field	9993 Scripps Ranch Lake Drive
Stonebridge Park	15030 Sycamore Trial

Please see page 4 of this brochure for

Call for availability and more information at (858) 538-8085.

SCRIPPS RANCH COMMUNITY PARK AND RECREATION CENTER:



FACILITIES AVAILABLE

The Scripps Ranch Community Park and Recreation Center is a City of San Diego Park and Recreation facility and is free and open to the public, during designated hours.

Facilities and programs available:

- ◆ Indoor multipurpose courts
- ◆ Two Indoor Classrooms
- ◆ Passive picnic areas with barbeque
- ◆ Multipurpose fields
- ◆ Small Gazebos (First Come, First Serve)
- ◆ Indoor Multi-Purpose Room
- ◆ Outdoor basketball courts
- ◆ Playground
- ◆ Large Gazebo for Rent

CITY HOLIDAYS

Park and Recreation Department offices, facilities, and most City facilities will be closed in observance of the following City Holidays.

Veterans Day	November 11, 2015
Thanksgiving Day	November 26, 2015
Christmas Day	December 25, 2015
New Years Day	January 1, 2016
Martin Luther King Jr. Day	January 18, 2016
Presidents Day	February 15, 2016



OPEN PLAY SCHEDULE

Hours are subject to change without notice.
Lights will shut off 15 minutes before closing time.

* Indicates open play pickleball only.

Mondays	11:00 AM - 1:00 PM 4:30 PM - 5:30 PM
Tuesdays	NONE
Wednesdays	11:00 AM - 4:00 PM
Thursdays	11:00 AM - 2:30 PM 6:30 PM - 8:30 PM
Fridays	10:00 AM - 6:30 PM
Saturdays	11:00 AM - 3:30 PM
Sundays	2:00 PM - 4:00 PM



Pickleball Schedule

Mondays	11:00 AM - 1:00 PM
Tuesdays	4:30 PM - 5:30 PM
Sundays	12:00 PM - 2:00 PM



PARK RULES

- ◆ Dogs **MUST** be on leashes at all times.
- ◆ Park closes at 10:00pm.
- ◆ The Park and Recreation Department cannot be held responsible for any lost or stolen property.
- ◆ Each rental group is responsible for leaving the facility and equipment in a safe, proper working order, and clean condition.
- ◆ Litter pick up and disposal is the responsibility of the permittee.
- ◆ The City of San Diego does not provide any equipment, electrical power, or water hookups for outdoor events.
- ◆ Petting zoos, pony rides, or any animal related activities are not allowed without prior City staff approval.
- ◆ Permittee must adhere to all county Health Department Food Handlers regulations.
- ◆ Glass beverage containers are prohibited
- ◆ **BALLOONS of all types at all outdoor areas are PROHIBITED.**
- ◆ Electronic amplification for music and or voice projection must be approved in writing on the final permit by City Staff and must comply with City noise regulations.
- ◆ Animals (other than service animals) inside buildings or off leash at any park (unless designated as an off leash site) is prohibited.



RECREATION COUNCIL:

The Scripps Ranch Recreation Council is a group of concerned citizens who volunteer their time to advise Park and Recreation staff on matters related to park and recreation programs, community events, equipment, and improvements. They plan, promote, publicize, and help provide recreation opportunities for citizens in the Scripps Ranch community. Groups, clubs, and leagues using the parks are encouraged and welcomed. The Scripps Ranch Recreation Council meets on the second Thursday of each month at 7:00pm at the Scripps Ranch Recreation Center. Persons interested in making a positive impact or who have concerns about local parks and the recreation center should attend these meetings.

DONATIONS:

By donating to the Park and Recreation Department you can help enrich the lives of others by improving the quality of the Parks and Programs. For more information on how to donate please contact Center Director Claudia Apodaca (858) 538-8085

NEARBY FACILITIES

Closest City Skate Park: Rancho Penasquitos Skate Park
10111 Carmel Mountain Road
Closest Off-Leash Dog Park: Rancho Penasquitos Park
Salmon River Road at Fairgrove Lane

All City of San Diego Parks and Beaches are Smoke Free!



Public Defibrillators are located at all City of San Diego Recreation Centers.



GENERAL INFORMATION

PARK RESERVATION INFORMATION

For more information about reserving the following parks for adult and youth sports, picnic shelters, parties, and jumpers, please contact the Scripps Ranch Recreation Center at (858) 538-8085.

Scripps Ranch
Community Park
11454 Blue Cypress Drive
San Diego, CA 92131
3 Softball Fields
2 Soccer Fields
1 Large Gazebo

Jerabek Park &
Jerabek School
10050 Avenida Magnifica
San Diego, CA 92131
4 Softball Fields
2 Soccer Fields

Scripps Ranch
High School
9993 Scripps Ranch Lake Drive
San Diego, CA 92131
1 Softball Field
1 Soccer Field

Stonebridge Park
15030 Sycamore
Trail Road
San Diego, CA 92131
2 Softball Fields
1 Soccer Field
1 Large Gazebo



Cypress Canyon Park
11480 Cypress Canyon
Road
San Diego, CA 92131
4 Softball Fields
2 Soccer Fields

Spring Canyon & Dingeman
10907 Scripps Poway Pkwy
San Diego, CA 92131
4 Softball Fields
2 Soccer Fields

Marshall Middle School
Field
9700 Avenue of Nations
San Diego, CA 92131
2 Softball Fields
2 Soccer Fields

Overlook Park
11417 Scripps Ranch Blvd
San Diego, CA 92131
1 Large Gazebo

Lakeview Park
10794 Mira Lago Terrace
San Diego, CA 92131
1 Large Gazebo

DEPARTMENT VOLUNTEER PROGRAM

Ongoing opportunities are available at recreation centers, pools, and regional parks throughout the City. As well as with senior and therapeutic recreation programs. If you would like to volunteer, please see staff for more information, or visit www.sandiego.gov/park-and-recreation/generalinfo/volunteers.html or contact the Volunteer Office at (619) 533-4017.

ONLINE REGISTRATION INFORMATION

You may register for all contractual programs offered by the Recreation Council using the online Activity Registration System.

Log onto: www.SDRecConnect.com



Returning Customers

(Previously registered for classes online)
Click the "My Account" button. Enter your Login (email and password). Log-in with this password to activate your account.

First-time Online User

Click on the "Create Account" button. Fill out the New Account request form completely, including all required fields (Birthdates, gender, email address, etc.) and click submit. Please submit your request only once. You will receive a confirmation email at the email address that you have provided. Please follow directions provided to activate your account.

***Please Note: (For first time users only)**

Parents/Guardian must create their own account first using their own information. Once you have an online registration account, you will have the opportunity to add a child as a family.

INDIVIDUALS WITH DISABILITIES:

All classes or programs can accommodate individuals with disabilities. For programs that are sponsored by the Recreation Council, the City of San Diego Park and Recreation, Therapeutic Recreation Services will provide inclusion aides as additional assistances along with the contractual program staff. Inclusion aides will be provided only upon availability. Requests for this service must be made **at least three weeks prior to the first day of the program**. For more information on Therapeutic Services, please call (619)525-8247.

**Rental programs are required to provide reasonable accommodations for individuals with disabilities. Contact program provider to discuss accommodations.*



HEALTH AND FITNESS FACTS

1. Did you know that breakfast is an important start to the day? It gives your body energy and helps to wake your brain for classroom/work activities.
2. Milk and Yogurt help maintain strong bones and contain nutrients that, in combination with exercise, help build strong muscles.
3. Everyone should complete at least 60 minutes of moderate to vigorous activity daily.
Activities include: fast walking, jogging, swimming, soccer, basketball, tennis, playing tag with friends, and hiking. Kids be sure to ask mom and dad permission before going



YOUTH PROGRAMS

Fundamental Basketball

Staff Run Program



Children will be taught the fundamentals of basketball, including skills and drills. There will also be fun activities, so don't miss out on this fun and interactive program.

Days: Mondays
January 4, 2015 - February 29, 2015
(No Class January 18, 2015 & February 15, 2015)
Ages: 7 - 11 Years
Time: 3:30 - 4:30 pm
Code: [21265]
Cost: FREE
Location: Scripps Ranch Recreation Center Gym
Instructor: Porsha Standard



Artists Studio

Independent Contractor



Children are by nature creative and my job is simply to encourage the natural interest and curiosity that kids display. In this fun and creative themed art class, children will ignite their imagination, develop concentration, build confidence, develop skills and have fun. Using real artists materials including watercolors, tempera paints, oil pastels, children create masterpieces that are truly unique. Kids will bring home a portfolio at the end of each session.

Days: Fridays *(No Class February 12, 2015)*
January 15, 2016 - February 26, 2015
Ages: 4 - 12 Years
Time: 3:30 - 4:30 pm
Cost: \$95.00 / 6 Weeks
Code: [21266]
Location: Multi-Purpose Room
Instructor: Anu Gujral



For more information, Contact Anu Gujral at 858-386-8923
Email: gujralanu@gmail.com

Arts & Crafts

Staff Run Program



In this fun and interactive program participants will explore their creative side with a variety of craft projects. There is a new craft offered every week. Suggestions for crafts are always welcome by participants and parents.

Days: Wednesdays
February 3, 2015 - February 24, 2015
Ages: 7 - 11 Years
Time: 3:30 - 4:30 pm
Code: [21290]
Cost: FREE
Location: Scripps Ranch Recreation Center
Classroom 2
Instructor: Maile Cabanas
*A \$2.00 Transaction Fee will apply.

Fundamental Pickleball

Staff Run Program



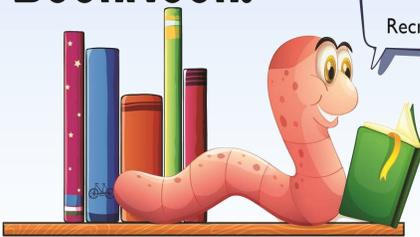
Adults will be taught the fundamentals of pickleball, including serving and returning the ball. There will also be a chance for participants to play against their peers in friendly games, so don't miss out on this fun and interactive program.

Days: Mondays
February 1, 2015 - February 29, 2015
(No Class February 15, 2015)
Ages: 18 years old and Older
Time: 4:30 - 5:30 pm
Code: [21394]
Cost: FREE
Location: Scripps Ranch Recreation Center Gym
Instructor: Deb Davison
*A \$2.00 Transaction Fee will apply.



The Park & Recreation and Library Departments Present

BookNook!



Reading
IS
Recreation!

BOOKNOOK AT SCRIPPS RANCH RECREATION CENTER

The Park and Recreation and Library Departments are partnering to provide BookNooks at all City of San Diego Recreation Centers. What is a BookNook? BookNook is a "take a book, leave a book" gathering place where you can share your favorite literature and stories. If you really like a book, you can keep it and then donate a different book to share. If you are looking for something new to read, the BookNook is the perfect place for children and adults.

No Library card required...Let's read! The BookNook is located inside the lobby.

YOUTH PROGRAMS

Gymnastics Classes

****Permit Holder****

SpiritKids, formerly Scripps Ranch Gymnastics, has been providing children the opportunity to participate in the sport of gymnastics at a recreation level in Scripps Ranch since 1999. We offer a relaxed, supportive and non-competitive environment that does not require a large time commitment with a low coach to student ratios and low fees! Our program is a great accompaniment to other sports as gymnastics is excellent for building strength, coordination, and flexibility while developing body awareness, the foundation of any successful athlete. Our goal is to help children build self-esteem, have fun, and to instill positive attitudes that will set the place for their future athletic development.

Days: Tuesdays

Session 1: December 1, 2015 - January 19, 2016

(No Class 12/22/2015 & 12/29/2015)

Session 2: January 26, 2016 - February 23, 2016

Ages & Times:

4 - 8 Years

4:00pm - 4:50pm

5 - 12 Years

5:00pm - 5:50pm



Location: Scripps Ranch Recreation Center Gym

For more information, visit www.spiritkidssports.com, call (858) 229-4462, or email Kim@SpiritKidsSports.com

Dance to EvOLvE

****Permit Holder****

Dance To EvOLvE specializes in children's dance classes in tap, ballet, and hip hop. Times will vary based on class type. Please go to www.dancetoevolve.com for class schedule.

Days: Saturdays

Ages: 2 - 6

Location: Scripps Ranch Recreation Center
Multi-Purpose Room

For more information and registration, please contact Dance to EvOLvE by visiting their website at www.dancetoevolve.com or email them at info@dancetoevolve.com



Lil Peoples Programs

****Independent Contractor****

Junior Explorers

Lil People Programs offer a unique and dynamic place for children just starting out. Junior Explorers is a program designed for children ages 2.5 to 4 years old. Junior Explorers is organized into several sessions. During these weeks the children have the opportunity to express their creativity and learn preschool basics such as letter, color, and shape recognition. Through games, arts & crafts, songs and stories we develop physical coordination and encourage social interaction. Our teachers understand children need an opportunity to explore new horizons while learning about the new world around them. Our class schedule provides time for the children to socialize and learn how to play and share together.

Pre-K

Our Pre-K class represents a great balance between playing and learning. This is the perfect way to get your child ready for kindergarten and help you and your child's transition into Kindergarten be much easier. This program is careered to 3.5 to 5 years old. This class is structured to include Language Arts, Math, Writing, Crafts, Music, and movement and much more. Pre-K provides a great mix of academics and recreation! It is also of course a great way for your child to learn the basic classroom routine and rules, as well as begins peer socialization. Along with building confidence and self-esteem, our activities stimulate cognitive, physical and emotional development.

For more information, contact Miss Jane at (619)370-4681 or lilpeepsprog@hotmail.com



Winter Session A: December 7, 2015 - January 29, 2015 (NO CLASS 12/18/15-1/3/2016 & 1/18/2016)

Class	Time	Age	Days	Fee	ActiveNet Code
Junior Explorer	9:00am	2.5 - 4 Years	Monday, Wednesday, Friday	\$450/6 Weeks	21275
Pre-K	9:00am	3.5 - 5 Years	Monday through Friday	\$655/6 weeks	21280

Winter Session B: February 1, 2015 - March 11, 2015 (NO CLASS 2/12/2016-2/15/2016)

Class	Time	Age	Days	Fee	ActiveNet Code
Junior Explorer	9:00am	2.5 - 4 Years	Monday, Wednesday, Friday	\$450/6 Weeks	21284
Pre-K	9:00am	3.5 - 5 Years	Monday through Friday	\$655/6 weeks	21285

YOUTH PROGRAMS

Civic Dance

****Permit Holder****

Students who were enrolled in the Fall 2015 session have priority in these ongoing classes. Classes for Spring emphasize choreography for June Recitals. Customers are mandatory to participate in June Recital. Please see instructor for more information on recital, costumes, and enrollment.

Days: Thursdays
Cost: \$41.00 for 10 weeks
Location: Multi-Purpose Room
Instructor: Sheryl Easter

Contact the dance office at (619) 235-5255 or visit www.civildancearts.org for the up to date class information

Class	Time	Age	Code
Pre-Tap	2:45pm	4 - 5	20303
Beg Tap 1A	3:30pm	6 - 17	20301
Beg Jazz 1A	4:15pm	6 - 17	20299
Beg Ballet 1A	5:00pm	7 - 17	20298
*Beg Tap 1B	5:45pm	6 - 17	20302
*Beg Jazz 1B	6:30pm	6 - 17	20300



January 2016

Class	Time	Age	Code
Tot Starter	4:00p.m.	3-5	21267
Youth	4:30p.m.	6-12	21268



February 2016

Class	Time	Age	Code
Tot Starter	4:00p.m.	3-5	21269
Youth	4:30p.m.	6-12	21270

Ice Skating

****Independent Contractor****

Skaters can practice during the public session from 3:00pm to 5:00pm before or after their class. Skate rental is included.

Students should dress warmly and wear gloves or mittens.

Fee: 50.00 / 4 Weeks

Days: Wednesdays

Location: San Diego Ice Arena

11048 Ice Skate Place

San Diego, CA 92126

Instructor: Breanne Bonilla

For more information, contact Breanne at (858) 530-1825 Ext. 308

ARE YOU GOING TO REGISTER ONLINE?

SRRC Online Registration Activity Numbers are assigned for each class and appear in brackets; e.g. [157]



UPCOMING SPECIAL EVENTS



THE CITY OF SAN DIEGO
Park & Recreation Department

LUNCH WITH SANTA

Enjoy a hearty lunch, entertainment, and a chance to talk with Santa himself. Tickets go on sale November 29th, 2015. Be sure to buy them early because we sell out fast. Photos with Santa will also be available for purchase.

Where: Scripps Ranch Recreation Center
11454 Blue Cypress Drive

When: Friday, December 18, 2015

Time: 1:30pm-3:30pm



AS A RECIPIENT OF FEDERAL FUNDS, THE CITY OF SAN DIEGO CANNOT DISCRIMINATE AGAINST ANYONE ON THE BASIS OF RACE, COLOR, GENDER, RELIGIOUS CREED, MARI-TAL STATUS, SEXUAL ORIENTATION, ANCESTRY, NATIONAL ORIGIN, AGE, MENTAL OR PHYSICAL DISABILITY, MEDICAL CONDITION (INCLUDING HIV, AIDS, & AIDS-RELATED COMPLEX.) IF ANYONE BELIEVES HE OR SHE HAS BEEN DISCRIMINATED AGAINST, HE OR SHE MAY FILE A COMPLAINT ALLEGING THE DISCRIMINATION WITH EITHER THE CITY OF SAN DIEGO PARK & RECREATION DEPARTMENT (CONTACT THE DISTRICT MANAGER AT (619) 235-1133) OR THE OFFICE OF EQUAL OPPORTUNITY, U.S. DEPARTMENT OF THE INTERIOR, WASHINGTON D.C. 20240. THIS INFORMATION IS AVAILABLE IN ALTERNATIVE FORMATS UPON REQUEST.