



SIGN UP SOON FOR YOUTH BASKETBALL

Ages 5 through 16 years
Games will be played during the Weekdays and on Saturdays

Divisions: Peewee, 10 & Under, 12 & Under, 14 & Under, 16 and Under, Girls 12 & Under
Registration: December 14, 2015
Practice: TBA
Cost: \$15.00

All players need to have proof of age, player verification form, and a picture on file before playing.

ActiveNet
#10056,10059,10061,10063,10065

SIGN UP FOR YOUTH FLAG FOOTBALL

Ages 5.5 through 16 years
Games will be played during the Weekdays and on Saturdays

Divisions: Peewee, 10 & Under, 12 & Under, 14 & Under, 16 & Under
Registration: August 10, 2015 through October 14, 2015
Practice: TBA
Cost: \$15.00

All players need to have proof of age, player verification form, and a picture on file before playing.

ActiveNet #9474,9100,9110,9114



Upcoming Events

Southcrest Recreation Center

HALLOWEEN CARNIVAL

FRIDAY, OCTOBER 16, 2015 from 5:00 – 7:30 pm
Food, Carnival Games, Costume Contests, Crafts, Games and a whole lot of Spooky Fun for the Entire Family!!
"5th ANNUAL HAUNTED HALLWAY!!!"
COSTUME CONTEST: Gifts will be awarded to the 4 winners in each age group in multiple categories.
Purchase wristbands/tickets for all food and games
6 tickets for \$1.00

5th Annual "Haunted Hallway"



The Southcrest Recreation Center is a proud sponsor of the United States Marine Corp and their annual Toys for Tots Program.

Dates: October 13th through November 20, 2015
Time: 1:00 p.m. - 4:00 p.m. & 6:30 p.m. to 7:30 p.m.
Ages: Children 1 to 12 years old

Please come with the following documentation:

- Childs Social Security Card(s)
- Proof of San Diego residency (current utility bill)
- ONLY parents/guardians can register children
- Proof of low income (AFDC, FS, 2014 Tax Return, General Relief)



Southcrest Recreation Center

Breakfast with Santa and Toy Distribution

Saturday, December 19, 2015
9:00am – 11:30am

- ✓ **150 Breakfasts**
- ✓ **Free Event**
- ✓ **Movie starts 9:15 a.m.**
- ✓ **4149 Newton Ave. SD 92113**
- ✓ **For more information (619)527-3413**

AS A RECIPIENT OF FEDERAL FUNDS, THE CITY OF SAN DIEGO CANNOT DISCRIMINATE AGAINST ANYONE ON THE BASIS OF RACE, COLOR, CREED, SEX, AGE, NATIONAL ORIGIN OR ANCESTRY, RELIGION, PREGNANCY, PHYSICAL OR MENTAL DISABILITY, VETERAN STATUS, MARITAL STATUS, MEDICAL CONDITION, GENDER (TRANSEXUAL AND TRANSGENDER), SEXUAL ORIENTATION, AS WELL AS ANY OTHER CATEGORY PROTECTED BY FEDERAL, STATE OR LOCAL LAWS. IF ANYONE BELIEVES HE OR SHE HAS BEEN DISCRIMINATED AGAINST, HE OR SHE MAY FILE A COMPLAINT ALLEGING THE DISCRIMINATION WITH EITHER THE CITY OF SAN DIEGO PARK AND RECREATION DEPARTMENT (CONTACT DISTRICT MANAGER (619) 236-7342 OR THE OFFICE OF EQUAL OPPORTUNITY, U. S. DEPARTMENT OF THE INTERIOR, WASHINGTON, D.C. 20240. THIS INFORMATION IS AVAILABLE IN ALTERNATIVE FORMATS UPON REQUEST. PRINTED ON RECYCLED PAPER.

Winter 2015

Seasonal Brochure of Southcrest Recreational Programs

Southcrest Recreation Center



Park & Recreation Department
Community Parks II Division



REGISTRATION INFORMATION

- ☞ Registration is on a first come, first serve basis.
- ☞ Registration is on a monthly basis, unless otherwise noted.
- ☞ Register prior to start date of each session/month, but no later than the second class meeting. Classes will not be prorated.
- ☞ Please bring cash or credit card when registering for classes made out to **Southcrest Recreation Council. If paying with cash, please bring EXACT CHANGE.**
- ☞ A reduced fee waiver is available upon request for low income families. Fee waiver request require a copy of your last income tax form.
- ☞ Classes may be cancelled due to lack of enrollment, instructor illness, weather conditions, and changes in operation hours.

PARK RESERVATION INFORMATION

For information about reserving the following parks for sporting events, leagues & tournaments, group picnics (over 50 people), parties, Astro jumps, etc...

Please call 619-527-3413 or come into the main office at the Southcrest Recreation Center.

SOUTHCREST RECREATION CENTER

- * DORTHY PETWAY PARK *
- * SOUTHCREST TRAILS *
- * GAMMA MINI PARK *
- *CESAR CHAVEZ JOINT USE SITE*

SUMMER HOURS OF OPERATION

Monday	1:00 – 8:00 pm
Tuesday	1:00 – 8:00 pm
Wednesday	1:00 – 8:00 pm
Thursday	1:00 – 8:00 pm
Friday	1:00 – 7:00 pm
Saturday	9:00 – 4:00 pm
Sunday	11:00 – 3:00pm

Hours are subject to change without notice
Closed on all observed City Holidays

CITY HOLIDAYS / CLOSURES

All Recreation Centers and City Facilities will be closed in observance of the following Holidays

Labor Day	September 7, 2015
Veterans Day	November 11, 2015
Thanksgiving	November 26, 2015
Christmas	December 25, 2015
New Years	January 1, 2016

VISIT OUR OTHER LOCAL RECREATION CENTERS

Mountain View Recreation Center
641 South Boundary St.
619-527-3417
Willie Henderson Sports Complex
1035 South 45th St.

SOUTHCREST STAFF

OCA Juan Lizarraga
Area Manager II
Hector Rios
Center Director II
Paulette Antoine
Rigo Rodriquez
Micheal Singletary
Enrique Araiza
Angela Shelton
Recreation Leader I
Mitch Anderson
Idelia Dawkins
Recreation Aide



EXPLORE YOUR LOCAL RECREATION CENTER PROGRAMS

**Southcrest
Mt. View
Willie Henderson
92113
Recreation Councils
(Public meetings)**

**SOUTHCREST
RECREATION
COUNCIL**

The Southcrest Recreation Council is an advisory committee made up of individuals from our community. Recreation Council members work with city staff to promote recreational activities for the citizens of zip code 92113. The recreation council meets the second Tuesday every month at 5:30 p.m. Council does not meet for the month of August.

**MT. VIEW
RECREATION
COUNCIL**

The Mt. View Recreation Council meets on the 2nd Tuesday of every month at 6:30 pm. The meeting is open to the public; please call the office to confirm about the meeting (619) 527-3417

**WILLIE
HENDERSON
SPORTS
COMPLEX
RECREATION
COUNCIL**

The Willie Henderson Sports Complex Recreation Council is an advisory committee made up of local volunteers who work with city staff to promote recreational activities. The recreation council meets the last Tuesday of every month at 6:00 p.m.

Winter Fun Café Lunch & Snack Program (Monday – Friday)

Winter Fun Café is where kids can eat healthy food, engage in active play, and have fun.
Starts: TBA
Age: 18 & Under
Cost: Free
Time: Lunch Served 12:30 p.m.
Snacks Served 3:30 p.m.



**ADULT OPEN PLAY
INDOOR SOCCER**

Open Play Indoor Soccer is an excellent way for kids to develop their motor skills and exercises.

Day: Tuesdays
Ages: 16 and older
Times: 6:45 – 7:45 pm
Cost: Free
Instructor: Enrique



**YOUTH CERAMICS & ARTS
AND CRAFTS CLASSES**

This class will teach the basics of creating a ceramics keepsake. Classes will include learning how to work with slip, green-ware, bisque and create a beautiful final memento. Classes will provide all supplies such as slip, use of molds, paints and firing cost. Creations such as pinch pots, coil work, slab work, and animal sculptures will be part of the curriculum.

Day: Tuesdays / Thursdays
Time: 3:30 – 5:00
Cost: Free
Age: 3 – 13 years



COMMUNITY BIKE PROJECT

Be safe on the road and join us for on the spot bike repair and tune – up clinic for youths and family members. There will also be bicycle safety checks along with free information flyers on where to ride safe in San Diego County.

Day: 3rd (third) Saturday of every month
Time: 9:00 a.m. to 12:00 p.m.
Cost: Free



“ENRIQUE THE COOKING GUY”

Come hang out and learn how to cook with Enrique. Classes will create some wonderful and health food. Each classes instructs the student in preparing food and drinks, kitchen safety, food handling instructions, and how to have a great time in the kitchen.

Day: 1st & 3rd Wednesday of every month
Time: 3:00 – 4:00 p.m.
Ages: 7 and up
Cost: Free
Instructor: Enrique



PEEWEE SPORTS

This program provides participants with an introduction to a variety of sports including Basketball, Football, T-Ball and Soccer. Activities are designed to help increase exercise, coordination, balance, sportsmanship and self-esteem. *Minimum 10 students.*

Session I: September 15 – September 24
Session II: October 6 – October 15
Days: Tuesdays & Thursdays
Ages: 3 – 5 years old (4:30 – 5:30 pm)
Cost: FREE!
Instructor: Angela



Adult Programming & Organizations

International Friendship Soccer League
www.ifslsd.com

Future Programming Coming Soon!

- Adult Softball
- Adult Kickboxing / jiu jitsu
- Adult Yoga
- Adult Zumba
- Adult Basketball

Please contact Southcrest Recreation Center for further assistance (619)527-3413



YOUTH KICKBOXING

This program provides a total body workout that targets core strength and balance. Participants work with a partner practicing kicks, punches, and self-defense strategies designed to increase cardiovascular endurance, muscular strength, range of motion, and agility. The total effect of the class is development of body and mind while having FUN! Meets in the meeting room

Instructor: Rigo Rodriguez
Days: Tuesdays & Thursdays
Ages: 6 – 13 years old (6:30 – 7:30 pm)
Cost: Free

TEEN CENTER

The Teen Center offers free drop-in recreation to all local teens during our daily operational hours. Drop-in activities include use of our game room which has one pool table, ping pong table, and a foosball. Our facility also has PlayStation 3, XBOX 360, and more. We encourage local teens to stop by and enjoy our beautiful air-conditioned facility.

HOURS OF OPERATION

Monday – Friday 3:00 p.m. till 7:00 pm
Summer / Winter Break / Spring Break
Monday – Friday 2:00 p.m. till 6:00 p.m.



**DON'T SEE THE PROGRAM YOU WERE
LOOKING FOR?**



We are always looking for people who would like to share their knowledge and passion. If you are interested in teaching a class in Sports, Arts & Crafts, Scrap booking, Singing, Music, Tutoring, Science, or any other program; come in and speak to the Center Director.



WEIGHT ROOM

Southcrest Weight Room is built to help people realize their goals and find their inner strength by providing you with the ultimate fitness experience.

Day: Monday - Sunday
Time: Please look under hours of operation
Ages: 16 & Up
Cost: \$10.00 per month



ONLINE REGISTRATION

The City of San Diego, Park & Recreation Department program and class registration is going online.

Look online at:
www.SDRecConnect.com

Set up your families now!

Simply sign in to get started. With your account, online registration is convenient and easy. Start today so you don't miss out! The San Diego Park and Recreation Department is working to expand the availability of online registration and facility reservations. View calendars for facilities in Balboa Park, Mission Bay, Recreation Centers, Field Rentals, and shoreline areas. We hope to expand access to all our programs by the end of 2014.

Volunteers Needed

Ongoing opportunities are available at Recreation Centers, Pools, and Regional Parks throughout the City of San Diego, as well as, with Senior and Therapeutic Recreation programs. If you would like to volunteer or see what kind of volunteer opportunities are out there, please call the Volunteer Office at 619-685-1324 or visit us online:

www.sandiego.gov/park-and-recreation/general-info/volunteer.shtml

Donations

By donating to our park system, you can help the Park & Recreation Department enrich the lives of others through quality parks and programs. Your gift will help ensure that we meet the needs of the community, including people of all ages, abilities, and income levels through recreation, natural open spaces, neighborhood parks, and aquatics programs. For more information on how you can become a donor to your Favorite Park, pool, or recreation program; please call the Deputy Director of Community Parks Division I at 619-525-8235

Just a Reminder, a Public Defibrillator is located at the Southcrest Recreation Center in the main entry.



Classes are monthly unless otherwise noted For more info www.211sandiego.org/winterlunch