In partnership with Volunteer San Diego's annual Family Volunteer Day, volunteers planting flowers and shrubs at a recreation center

Volunteers painting a pier at the beach

Volunteers brightening up a picnic table at a recreation center

Volunteers assembling playground equipment

Volunteers painting a recreation center

"Volunteers don't have to act as if they care ... they care enough to act."

Volunteers cutting wood for a fence around a cactus garden

Volunteers doing trail restoration

Volunteers making a rock pool at the source of a stream

AS A RECIPIENT OF FEDERAL FUNDS, THE CITY OF SAN DIEGO CANNOT DISCRIMINATE AGAINST ANYONE ON THE BASIS OF RACE, COLOR, GENDER, RELIGIOUS CREED, MARITAL STATUS, SEXUAL ORIENTATION, ANCESTRY, NATIONAL ORIGIN, AGE, MENTAL OR PHYSICAL DISABILITY, MEDICAL CONDITION (INCLUDING HIV, AIDS & AIDS-RELATED COMPLEX). IF ANYONE BELIEVES HE OR SHE HAS BEEN DISCRIMINATED AGAINST, HE OR SHE MAY FILE A COMPLAINT ALLEGING THE DISCRIMINATION WITH EITHER THE CITY OF SAN DIEGO PARK AND RECREATION DEPARTMENT (CONTACT DISTRICT MANAGER (619) 685-1308) OR THE OFFICE OF EQUAL OPPORTUNITY, U. S. DEPARTMENT OF THE INTERIOR, WASHINGTON, D.C. 20240. THIS INFORMATION IS AVAILABLE IN ALTERNATIVE FORMATS UPON REQUEST. PRINTED ON RECYCLED PAPER.

Designed by a Volunteer: www.gwen-designs.com

For information on the Volunteer Program, please visit our website at:
www.sandiego.gov/park-and-recreation
or contact:
The Department Volunteer Coordinator at
(619) 533-4017

City of San Diego
Park and Recreation Department
Volunteer Program
2130 Pan American Way
San Diego, CA 92101

THE CITY OF SAN DIEGO PARK AND RECREATION DEPARTMENT
"WE ENRICH LIVES THROUGH QUALITY PARKS AND PROGRAMS"

Group Volunteer Opportunities

SAN DIEGO PARK & RECREATION DEPARTMENT
AMERICA'S FINEST

WORK TOGETHER ...
GIVE BACK TO
YOUR COMMUNITY!

The City of San Diego
Park and Recreation Department
www.sandiego.gov/park-and-recreation

THE CITY OF SAN DIEGO PARK AND RECREATION DEPARTMENT
"WE ENRICH LIVES THROUGH QUALITY PARKS AND PROGRAMS"

Mission Statement of the City of San Diego Park and Recreation Department:

To acquire, develop, operate, and maintain a park and recreation system which enriches the quality of life for residents and visitors alike and preserves it for future generations.

The Department offers various one-time volunteer opportunities for school groups (fraternities, sororities, service clubs, etc.), religious groups, youth groups, civic organizations and corporations.

Volunteerism can help your group:

- Build leadership
- Enhance teamwork
- Improve morale
- Build a record of community service
- Fulfill a service learning requirement
- Fulfill a community service requirement
- Fulfill a school or club credit

If your goal is to make a difference in a community with special needs, we can offer a worthwhile and satisfying experience.

If your goal is to build a team, we can tailor an activity based on goal setting and teamwork.

If your goal is to learn more about the environment, or develop your conservation skills, we can tailor an opportunity to meet your learning needs.

The minimum age for group volunteers is 13. Participants under the age of 13 must be accompanied by a parent, adult guardian, teacher, or adult group leader.

Group volunteer opportunities are as diverse as the groups that volunteer! Projects are based on community needs and vary depending on the size of the group and their time commitment. Opportunities include:

Special Projects / Special Events

There are year-round opportunities to volunteer for special projects (bulk mailings and other office projects) and for special events, including, but not limited to:

January - Teen dances
February - Valentine's Day events
March - Senior Citizen's Services Talent Show
April - Spring Egg Hunts and Carnivals / Therapeutic Recreation Services' Children's Camp
May - Cinco de Mayo Celebrations / Therapeutic Recreation Services' Recovery Games
June - Chollas Lake Country Fair
July - Community Fairs/ Therapeutic Recreation Services' Camp at the Bay / Aquafest
August - City Championship Swim Meet and Water Polo Tournament / Wheelchair Sports Camp
September - Fiestas Patrias
October - Halloween Carnivals / Therapeutic Recreation Services' U.S. Open Wheelchair Tennis Tournament
November - Senior Citizen's Services Arts and Crafts and Hobby Show / Therapeutic Recreation Services' Quad Rugby Tournament
December - Toys for Tots / Therapeutic Recreation Services' Holiday Carnival

Volunteers can provide pre-event assistance as well as assistance the day of the event and after the event. Group opportunities exist in a variety of areas from designing, painting, and building game booths and Haunted Houses, to timing races at a swim meet, or keeping score at a wheelchair basketball tournament.

If your group is interested in volunteering for a ***Special Project or a Special Event***, please contact one of the following:

Therapeutic Recreation Services:
(619) 525-8247
TDD line (619) 525-8249

Senior Citizen's Services:
(619) 236-6905

Recreation Centers and Swimming Pools:
(619) 685-1324

Nature Lovers

The Department operates and maintains more than 330 community and neighborhood parks and 4 regional parks and undeveloped open space.

Volunteer opportunities include:

- Grounds maintenance/Planting Projects
- Graffiti removal
- Painting projects
- Trail building and restoration
- Removal of non-native plants & weeds
- Habitat improvement

If your group is interested in volunteering at a ***Park or Preserve***, please contact one of the following:

Community and Neighborhood Parks:
(619) 685-1324

Regional Parks, Open Space Parks and Preserves:
Balboa Park:
(619) 235-1120
Black Mountain / Crest Canyon / San Pasqual Valley:
(858) 538-8082
Kumeyaay Campground at Mission Trails:
(619) 668-2746
Los Peñasquitos Canyon Preserve:
(858) 538-8066
Mission Bay Park:
(858) 581-7879
Mission Trails Regional Park:
(619) 668-3276
Otay Valley Regional Park:
(619) 235-5262
Presidio Park / Mission Hills Pioneer Park:
(619) 235-5935
Tri-Canyon Parks / Mission Valley Preserve:
(858) 581-9961

Beach Combers

The Department operates and maintains the beaches of Mission Bay and San Diego's oceanfront.

If your group is interested in volunteering for a ***Beach Clean-Up***, please contact:
(619) 235-1100

All volunteers working with minors are required by State law to be fingerprinted and cleared by the Department of Justice.