



THE CITY OF SAN DIEGO

## San Diego Police Department

**FOR IMMEDIATE RELEASE**

**Date: June 6, 2014 (Friday)**

**Time: 1900 hours**

**CONTACT: Lieutenant Mike Hastings**

**Homicide Unit**

**(619) 531-2275**

### **POLICE ASKING FOR PUBLIC'S HELP WITH SAN CARLOS HOMICIDE**

**On Thursday, June 5, 2014, at about 6 p.m., the San Diego Police Department received a radio call to check the welfare of a female inside of an apartment in the 7700 block of Mission Gorge Road.**

**Officers found 38-year-old Russina Vale had suffered blunt force trauma to her upper torso and was pronounced deceased at the scene.**

**Vale was in a relationship with 39-year-old Tiffany Nowden of San Diego.**

**Nowden is considered a person of interest in this case but her whereabouts are unknown at this time. A picture of Nowden is attached to this press release and investigators are asking for the public's help in locating her.**

**Anyone with information related to Nowden's whereabouts is encouraged to call the San Diego Police Department at 619-531-2000 or Crime Stoppers at 888-580-8477.**

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**Tiffany Latoya Nowden**

**Aka Tiffany Vale**

**5-9, 190 lbs., Brn/Brn**