

ASSAULT

HELP

SEXUAL ASSAULT

SEXUAL ASSAULT RESPONSE TEAM (SART) LAW ENFORCEMENT AGENCIES

- ◇ Carlsbad PD 760.931.2197
- ◇ Chula Vista PD 619.691.5151
- ◇ Coronado PD 619.522.7350
- ◇ El Cajon PD 619.579.3311
- ◇ Escondido PD 760.839.4722
- ◇ La Mesa PD 619.469.6111
- ◇ National City PD 619.336.4411
- ◇ Oceanside PD 760.966.4909
- ◇ San Diego PD 619.531.2000

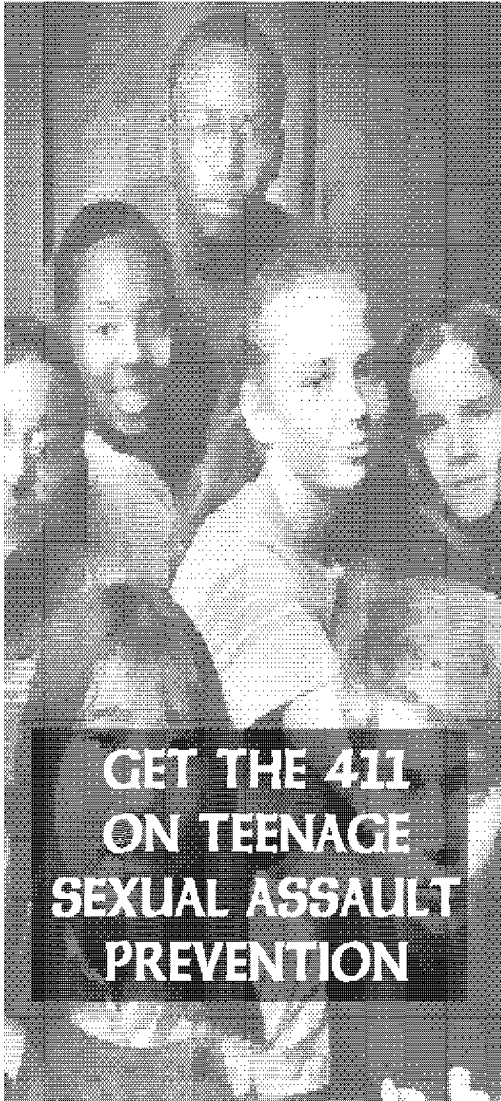
OFFICE OF DISTRICT ATTORNEY FAMILY PROTECTION DIVISION

- ◇ Child Abuse & Domestic Violence Unit: 619.531.4300
- ◇ Juvenile Division: 858.694.4250
- ◇ Superior Court: 619.531.4040
- ◇ Victim Witness Assistance Program: 619.531.4041

24 HOUR RAPE CRISIS HOTLINES

- ◇ Center for Community Solutions: 888.272.1767
- ◇ Eye Counseling and Crisis Center: 760.747.6281
- ◇ Women's Resource Center: 760.757.3500
- ◇ California Youth Crisis Line: 800.843.5200
- ◇ Teens Helping other Teens: 888.999.8336

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PARENTS

THE FACTS

- ◇ The majority of teen sexual assaults reported to the police are **NOT** stranger assaults. 75% of teen sexual assault victims are assaulted by someone they know.
- ◇ Nearly 1 in 4 teen sexual assaults occur after school in the suspect's home.
- ◇ The average age difference between a teen victim of sexual assault and her assailant is 10 years.
- ◇ Student surveys show that teens understand that drugs and alcohol play an important role in sexual assault.
- ◇ If a person voluntarily ingests alcohol and becomes drunk, that person is not able to give consent and any sexual activity with that person is a crime.

PARENTING TIPS

GET INVOLVED

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HOW TO HELP YOUR TEEN BE SAFE

Teens who are close to their parents are less likely to engage in risky behaviors.

- ◇ Make yourself available to your teen. Establish a regular time to be together.
- ◇ Make sure your teen understands the danger of going someplace alone with a new acquaintance.
- ◇ Come up with a plan with your teen and practice what he or she will say and do if someone makes them feel uncomfortable; you know, that “uh-oh” feeling.
- ◇ Know where your teen is and with whom. Know how to contact her or him.
- ◇ Tell your teen if she or he feels unsafe, you will pick her or him up anytime, anywhere, without questions.
- ◇ Make sure your teen knows your rules and limits.
- ◇ Trust your instincts. If something or someone your teen is involved with doesn't seem right, follow through and intervene. The average age difference between a teen and her assailant is 10 years.
- ◇ Walk the walk - be a role model and a day to day living example of your value system.
- ◇ The more involved you are in your teen's life, the more valued he or she will feel and the more likely he or she will respond to your guidance.

GET HELP

WHAT TO DO IF A SEXUAL ASSAULT OCCURS

If you are unsure about what to do call 1.800.656.HOPE and you will be connected to a rape crisis center in your community.

- ◇ Reassure the teen that the assault is not their fault, no matter what.
- ◇ If the sexual assault just occurred, have the teen go to a safe place.
- ◇ Encourage the teen to call or offer to call a rape crisis center or the police. Tell the teen that there is a special team available to help and the police may offer a sexual assault exam to collect evidence.
- ◇ In addition to having someone the teen trusts during the law enforcement interview, the teen has the right to a victim advocate who specializes in working with this type of assault. Also reassure the teen that the details of the assault will be kept confidential.
- ◇ Even if the teen decides not to have the sexual assault exam, encourage the teen to see a doctor to be treated for sexually transmitted diseases and pregnancy. The doctor is required to report the incident to the police, however the teen doesn't have to talk to the police.
- ◇ Instruct the teen not to destroy evidence if possible. This includes washing clothes, showering, douching, eating, chewing gum, smoking, brushing teeth and gargling. However, reassure the teen that if any of these things have been done, evidence may still be found.

THE LAW

WHAT DOES IT SAY?

The California Penal Code definition of sexual assault includes:

- ◇ Penile/vaginal intercourse
- ◇ Contact between the genitals and mouth
- ◇ Contact between an anus and a penis
- ◇ Penetration of the vagina or anus with a foreign object, including a finger, if even ONE of the following conditions exist:
 - force, even if there is no bruise or injury
 - fear, even if the victim doesn't fight back
 - the victim is disabled and is unable to give consent
 - the victim is severely intoxicated, helpless or unconscious as a result of drugs or alcohol
 - the victim is under the age of 18