



THE CITY OF SAN DIEGO

San Diego Public Library

FOR IMMEDIATE RELEASE
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SAN DIEGO CENTRAL LIBRARY HOSTS KATHRYN LILLEY, AUTHOR OF *DYING TO BE THIN*

Mystery writer's fun and fast-paced book puts the "die" into "diet"

San Diego, CA...The City of San Diego public Library will host an author talk by Kathryn Lilley about her new release *Dying to Be Thin*. Ms. Lilley describes herself as a writing chef who combines her two obsessions in life--writing and food. Her new Fat City Mystery introduces heroine Kate Gallagher, a spunky, slightly chunky TV journalist-turned sleuth. This event will be held on Sunday, October 7 at 3:00 p.m. in the Wangenheim Room of the Central Library, located at 820 E Street in downtown San Diego. The event is FREE to the public.

Plus-sized TV producer Kate Gallagher has been told she has the "face" for TV--it's the body that she needs to work on. When she gets dumped by her boyfriend and laid off from her job in the same week, Kate decides to trade in her Whoopie Pies for thinner thighs, and enrolls in an exclusive weight-loss clinic. Working freelance on a story about her own transformation, Kate must endure petrified fruit, tasteless gruel, sunrise walks, and crazy neighbors. When the clinic's diet guru turns up dead, Kate uses her journalism skills to track down the killer, and finds that the tables are suddenly turned—on her. Copies of the book *Dying to Be Thin* will be available for purchase at the event.

Learn about other events at the San Diego Public Library's Central Library and 34 branches, find links to numerous reference resources, or search for books, media and documents held in the Library's collection at www.sandiegolibrary.org.

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