



THE CITY OF SAN DIEGO  
MAYOR JERRY SANDERS

## San Diego Public Library

FOR IMMEDIATE RELEASE  
Wednesday, July 09, 2008

CONTACT: Lynn Whitehouse  
619-236-5821

### **ELIAS ABOUJAOUDE, MD, TO SPEAK ON OBSESSIVE COMPULSIVE DISORDERS AT THE SAN DIEGO PUBLIC LIBRARY**

*"An Engaging Glimpse into the All-Too-Often-Crippling Disorders That Many Thousands Suffer."*—Booklist

**SAN DIEGO** –Writing with compassion, humor, and a deft literary touch, Elias Aboujaoude, MD, tells stories inspired by memorable patients he has treated, taking us from initial contact through the stages of the doctor-patient relationship. The City of San Diego Public Library will host an author talk with Dr. Aboujaoude to read from and discuss *Compulsive Acts: A Psychiatrist's Tales of Ritual and Obsession* on Saturday, August 9 at 2:00p.m in the 3<sup>rd</sup> floor auditorium of the Central Library, located at 820 E Street in downtown San Diego. This event is free to the public.

In this compelling book, we meet a man who can't let anyone get within a certain distance of his nose, two kleptomaniacs from very different walks of life, an Internet addict who chooses virtual life over real life, a professor with a dangerous gambling habit, and others with equally debilitating compulsive conditions. Aboujaoude weaves his own personal experiences into these interconnected vignettes while presenting up-to-date, accessible medical information. Rich in both meaning and symbolism, *Compulsive Acts* is a journey of personal growth and hope that illuminates a fascinating yet troubling dimension of human experience as it explores a group of potentially disabling conditions that are too often suffered in silence and isolation.

Elias Aboujaoude, MD, is Director of the Impulse Control Disorders Clinic at Stanford University School of Medicine and is an expert on obsessive compulsive disorder and behavioral addictions. His work has been featured in *The New York Times*, *The Wall Street Journal*, *The Los Angeles Times*, on the NBC Nightly News, and elsewhere.

-more-

Learn about other events at the San Diego Public Library's Central Library and 35 branches, find links to numerous additional resources, or search for materials in the Library's catalog online at [www.sandiegolibrary.org](http://www.sandiegolibrary.org).

*The City of San Diego Public Library – Your Link to the Past and Gateway to the Future*

# # #