



THE CITY OF SAN DIEGO

# San Diego Public Library

**FOR IMMEDIATE RELEASE**

Saturday, March 5, 2011

**CONTACT**

Adriana Huertas  
Logan Heights Branch Library  
619-533-3968

## **Local Authors and Motivational Leaders Inspire Tweens and Teens to Achieve Positive Results in Life**

*Parents and Teachers Also Invited to Motivate their Tweens and Teens to Succeed*

**SAN DIEGO** - The Logan Heights Branch Library is sponsoring two FREE events that tweens, teens, and their parents are sure to remember. Both events will be in the Logan Heights Branch Library Community Room at 567 So. 28<sup>th</sup> Street, San Diego, CA 92113.

- **Inspirational Event for Students**

Learn how to motivate and empower yourself to succeed and increase life's positive results!

Friday, March 18th, 2011, 10:00 a.m. – 11:00 a.m.

Presented by:

**Zenaida Roy-Almario** (see information below for more detail)

- **Inspirational Event for Parents, Teens, & Tweens**

Learn how to succeed in life, so you can fulfill your goals and dreams!

Saturday, March 19th, 2011 at 10:00 a.m. – 12:00 p.m.

Presented by:

**Zenaida Roy-Almario, Mary E. Gilder, and Paul R. Leite** (see information below for more detail)

**Zenaida Roy-Almario** is author of *Rhymes and Reasons to Inspire Positive and Proactive Communicating Young Adults*. She encourages youth to “Be Real and Great Now” (BRAGN). She inspires without lecturing. Through meaningful, yet simple rhyming poems and creative journaling, she teaches young adults how to build better, more solid relationships with their parents, other adults, peers and most importantly their inner selves. By helping them establish and strengthen their personal belief systems, she teaches young people how to more authentically live life from the heart.

-more-

**Mary E. Gilder** is a licensed clinical therapist, motivational speaker, and author of the award winning novel, *A Misrepresentation of Myself*. Mary is also the Co-Host of *Inspirational Conversations* on Blog Talk Radio and a contributor to *Conversations Magazine*. She shares how mentorship guided her through many successes as a young adult. Through her thoughtful discussion, she encourages participants to think reflectively, get their creative energy flowing, and live a life that will produce no regrets.

**Paul R. Leite** is an independent licensed LifeSuccess consultant and the founder and president of Fire, Light & Glory Global Ministries. He assists individuals in achieving their dreams by taking them from the brink of *possibility* to the path of *probability*. He teaches tweens, teens and parents how the path of probability begins through the gateway of daily empowering affirmations. He helps them become clear-headed so they can confidently stride toward their destiny, no matter how big their goals may be.

The speakers' products will be available for sale and 10% of the proceeds will be donated to the Logan Heights Branch Library. Please note that neither Library sponsorship nor hosting constitutes an endorsement of the content or the views expressed by the participants.

Learn about other events at the San Diego Public Library's Central Library and 35 branches, find links to numerous additional resources, or search for materials in the Library's catalog online at [www.sandiegolibrary.org](http://www.sandiegolibrary.org).

*The City of San Diego Public Library - Your Link to the Past and Gateway to the Future.*

###