



THE CITY OF SAN DIEGO
San Diego Public Library

FOR IMMEDIATE RELEASE
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**ANCIENT SOUNDS OF PEACE: NEW CENTRAL LIBRARY HOSTS
TWICE-MONTHLY FLUTE MUSIC PROGRAM**

Reduce stress, build community and promote wellness through the healing power of music

SAN DIEGO – The San Diego Public Library and Ancient Sounds of Peace (ASOP), whose goal is to promote harmony and peace through the healing power of ancient sounds and music, will host a twice monthly flute music program from 5:30 to 6:30 p.m. on the 1st and 3rd Wednesday of every month in the first floor lobby of the New San Diego Central Library @ Joan A Irwin Jacobs Common, located at 330 Park Blvd in downtown San Diego. ASOP manager and master flutist Eugene Sukhorukov will present the music. The music will begin on May 7 and will continue through the year.

ASOP is a non-profit charitable project founded in 2012 and dedicated to promoting harmony and peace through ancient music and sounds. The goal is to build community through music by creating a healthy environment for people to live in, to preserve indigenous musical traditions and to promote unity with nature. They have conducted numerous performances at city parks and other outdoor settings, meditation facilities, yoga centers, Buddhist temples, tea clubs, senior community residences, etc.

Founder Eugene Sukhorukov is a member of the San Diego Flute Circle, versed in several ancient flute playing traditions including Japanese and Native American styles. He's a restorative and cosmetic dentist in San Diego County. Dr. Eugene has been practicing martial arts, yoga and various forms of Chi Kung and meditation since the 1980s. Visit Ancient Sounds of Peace at <http://ancientsoundsofpeace.com/>.

Learn about other events at the San Diego Public Library's New Central Library and 35 branches, find links to numerous additional resources, or search for materials in the Library's catalog online at www.sandiegolibrary.org.

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