

Vegan Food Fair

Saturday, May 9th from 1:00PM to 3:00PM



Come join us for a free food sampling and information fair that promotes healthy eating.

Get tips and ideas on how to begin adding new plant based foods to your diet, taste test a variety of new food products, see cooking demonstrations, take home coupons, recipes, and lots of information and resources that will help make preparing healthy foods fun and easy.

Please come early! Samples are limited!