

## We need your help to prevent sewer spills!



### FOG INCLUDES:

- Cooking oils & grease
- Meat fats
- Lard
- Salad dressings
- Gravy
- Butter & margarine

You may be thinking “I’m just one person,” but it’s simpler than you think to help prevent the blockage of sewer lines that can lead to damaging—and costly—sewer spills.

“**FOG**” stands for **Fats, Oils and Grease**, and the pouring of these substances down the drains of homes and apartments in San Diego is the leading cause of local sewage spills. Clogged pipes can lead to blockages that ultimately result in overflows into our homes, onto our streets, down storm drains and into local waterways—damaging property and costing money.

Remember to always dispose of FOG in non-recyclable containers and, most importantly, to **NOT** dispose of these substances down the drain. It’s harmful as well to dispose of FOG into your yard or elsewhere outdoors, where it can run off into storm drains when it rains, and attract insects and rodents.

*FOG brochures available • Printed on recycled paper*



For more information on the FOG program, call the Public Utilities Info Line at 858.292.6484 or go to [www.sandiego.gov/publicutilities](http://www.sandiego.gov/publicutilities)