

VOLUME 4, ISSUE 3/MARCH 2016

SDPD Northeastern Welcomes New Captain

I'm pleased to announce that Acting Captain Lieutenant Sandra Rapalee-Albrektsen, has been officially promoted to Captain of SDPD Northeastern Division, which serves most of District Five. She replaces retiring Captain Dawn Summers, a 30 year veteran of the department.

Albrekson has held a variety of jobs during her 30-years in law enforcement including patrol officer, detective, sergeant, lieutenant and acting captain. She served as a Community Relations Officer, Field Training Sergeant, and Field Training Administrator: coaching and training officers and new police recruits. As a detective, she worked in Child Abuse, Sex Crimes, Internal Affairs, and the Vice Unit dealing with police regulated businesses. As a Lieutenant, she was in charge of the Internet Crimes against Children and Sex Registrants. Captain Albrektsen is a police academy instructor in Racial Profiling, EEO, Problem Solving and Active Shooter. Captain Albrektsen is also a FEMA Instructor for Cal State Long Beach and has been a college professor for over 25 years.



Captain Albrektsen has a master of public administration and a bachelor of science in criminal justice, both from San Diego State University. She is currently pursuing a Doctorate in Education from USD.

As you can see, Captain Albrektsen has a wealth of knowledge and experience. I look forward to working with her to ensure the safety of our District Five residents.

More Street Repairs Coming to District Five

The below list of District streets are expected to be repaired via slurry seal in the next few months. If you live on any of these streets, you will be notified by the City or its contractor when construction is imminent.

Albury Ct.	Chardonnay St.	Hasbrook Rd.	Pickford Rd.	Scripps Vista Way
Atwood Ct.	Cobblecreek Ln.	Ivy Hill Dr.	Punta Dulcina	Sierra Crest Ct.
Bacara Ct.	Cohansey Rd.	Lakecrest Pt.	Ramsdell Ct.	Silver Ridge Pt.
Ballystock Ct.	Eastglen St.	Lake Rim Rd.	Redcliff Ct.	S. Brookville Dr.
Big Canyon Ln.	Eglantine Ct.	Les Arbres Pl.	Rock Creek Dr.	Summerwood Ct.
Cassowary Ct.	Erma Rd.	Les Fleurs Tr.	Rue des Amis	Timsford Rd.
Charbono St.	Falcon Rim Pt.	Lindly Ct.	Rue du Nuage	Tipperary Way
Charbono Tr.	Forestview Ln.	Montbury Pl.	Scripps Lake Dr.	Village Ridge Rd.
Chardonnay Pl.	Hall Meadow Rd.	N. Brookville Dr.	Scripps Gateway Ct.	Waterton Rd.
		Oakbend Dr.		

District Five Business Profile: Man Cave Barbershop

Get a modern haircut in a vintage environment. The Man Cave Barbershop opened recently in Rancho Bernardo and offers men's haircuts, straight razor shaves, and beard or mustache trims. Plus, you can sip on a cold brew while you're there. Owner DeAnna Hood has more than 30 years experience and first-time clients get \$5 off their service. If you are looking to get treated to a fun and relaxing haircut experience, head over to **Man Cave Barbershop**.

15731 Bernardo Heights Pkwy. Suite 104 A/B Monday—Friday 10 a.m.-6 p.m., Saturday by Appointment Only Walk-ins welcome, Reservation highly recommended

www.themancavebarbershop.net

(858) 205-4374



Easter Bunnies, Egg Hunts and More

Spring is here! Celebrate the new season with neighbors at a community gathering this month.

Carmel Mountain Ranch/Sabre Springs Spring Egg Hunt

Saturday, March 19, 10 a.m.-Noon

Carmel Mountain Ranch Recreation Center

10152 Rancho Carmel Drive

Bring your own bag/basket

Bunny pictures, crafts, jumpers and refreshments (\$1)

Rancho Bernardo Community Easter Celebration

Saturday, March 26 at 10 a.m.

Existence Church, 10960 Via Frontera Rd. 92128 Bounce houses, live music, Easter bunny photo booth,

free food and more

Scripps Ranch Farmers Market Easter Celebration

Saturday, March 26, 11 a.m.-1 p.m.

Scripps Ranch Farmers Market, Innovations Academy, 10380 Spring Canyon Rd. Includes visit with the Easter Bunny and a Kids Treasure Hunt



Words Alive!

Literacy organization Words Alive! brings volunteer readers into classrooms throughout San Diego. This year, I had a chance to read to preschoolers at Webster Child Development Center in Mira Mesa as part of the organization's annual "Share Your Love of Reading" event. They are always looking for volunteer readers so visit their website www.wordsalive.org for more information.



Community Calendar

New Junior Chefs Class March 8-April 6, 5-6 p.m.

Carmel Mountain Ranch Recreation Center

Ages 6-12

Kids can learn to make fun and tasty recipes to share with friends and families. Cost \$40.

carmelmtnranchrec.org

Disaster Preparedness Academy Wednesday, March 9, 8 a.m.-3 p.m.

Gain valuable skills and insights necessary to protect your business, employees, family and community from the potential impacts of disasters or emergencies. Hosted by the American Red Cross and the San Diego Chamber of Commerce.

<u>www.sdchamber.org/event/disaster-preparedness-academy/</u>

"Senior Moments" In Concert Sunday, March 13 at 3 p.m.

Ed Brown Senior Center

Enjoy a relaxing afternoon filled with the music from the 30s, 40s, 50s and 60s www.edbrowncenter.org

San Diego Women's Week March 14-18

Events designed to inspire, empower and connect women of all ages and professions. Hosted by the North San Diego Business Chamber.

www.sdwomensweek.com

"Seven: Our World Through Colored Pencil" Thru March 25

Mission Trails Regional Park Visitor Center One Father Junipero Serra Trail An exhibition featuring seven award-winning artists. www.mtrp.org

Free Community Cleanup & Recycling Event

Saturday, March 12 8 a.m.– 1 p.m.

Qualcomm Stadium parking lot section N1



Open to City of San Diego residents only

> Questions? 858-694-7000

ACCEPTED

bulky items
electronics
appliances
metals
junk furniture
mattresses
grass
leaves
wood
wood trimmings
fluorescent light bulbs
household batteries

NOT ACCEPTED

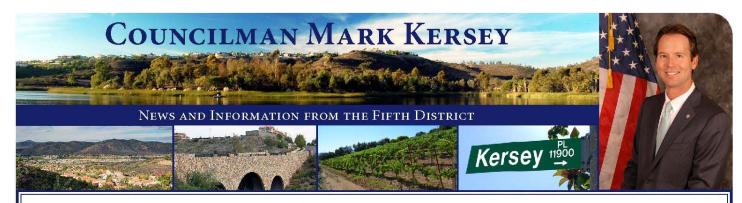
NO tires

No automotive batteries

NO hazardous waste: Including paint, chemicals, pesticides, cleaners, aerosol cans, sharps/lancets, motor oil, propane tanks, gas cylinders, etc.

NO construction & demolition debris: Including concrete, painted wood, bricks/blocks, asphalt, porcelain fixtures, etc.

NO business or commercial waste



Scripps Ranch Storm Drain Replaced



I am happy to report that we finally succeeded in getting the damaged storm drain on Rue Chantemar in Scripps Ranch replaced. The work on the storm drain will be completed this month. Additional measures are also being made to protect the slopes until revegetation occurs. I want to thank the homeowners in the area for continuing to speak up on this issue and their patience.

It will be critical that we maintain this and other newly repaired storm drains so I will continue to press for maintenance funding to be included in the budget. If my Rebuild San Diego proposal is approved by voters, we will have a dedicated funding stream for this and other infrastructure projects for the next 25 years.

