



Office of Council President Pro Tem Barbara Bry
San Diego City Council
District 1

March 20, 2020
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March 20, 2020: Daily COVID-19 News Update

Dear Community Members,

Please visit www.sandiego.gov/citycouncil/cd1/news for a PDF version of this email. **As a PDF, you will be able to download this update, as well as select the links.**

Since my last update, here's what you need to know.

Federal News

Travel Effects

The President has issued Border closures to nonessential travelers from Canada and Mexico. Additionally, the State Department has implemented a Level 4 travel advisory warning Americans against traveling abroad, meaning all international travel from the US should be avoided and US residents should return back to the US.

New rules are being developed at ports of entry to prevent non-essential travel, will not impede commerce and trade.

Briefing [here](#).

Tax Day now July 15

Treasury Secretary Steven Mnuchin announced that Tax Day would be moved to July 15, giving Americans an additional three months to file their income tax returns.

Link to article [here](#).

Education News

The Department of Education will not enforce standardized testing this school year. Also, all interest on federally held student loans have been temporarily suspended and federal lenders are allowed to suspend payments for the next 60 days.

Full statement [here](#).

State News

Governor Newsom Issues “Stay at Home” Order

Last night, Governor Newsom announced a statewide order for all people to stay at home. This order restricts non-essential movement, but still allows for Californians to carry on essential activities such as grocery shopping, picking up prescriptions, visiting laundry services, and walking their dogs.

Further, any Californians working in the 16 critical infrastructure sectors, as defined by the Federal Cybersecurity and Infrastructure Security Agency [here](#), may continue their work.

The full executive order can be found [here](#).

Governor Newsom Requests Deployment of USNS Mercy Hospital Ship to Port of LA

Governor Newsom announced that he has sent a letter to President Trump requesting the immediate deployment of the USNS Mercy Hospital Ship to the Port of Los Angeles through September 1, 2020, to help decompress the state’s health care delivery system in Los Angeles in response to COVID-19.

Full letter found [here](#).

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Full letter found [here](#).

County News

March 20 Press Conference

Some key takeaways were:

- All businesses not deemed essential by the state MUST close. Employees of essential businesses aren’t included in the county’s 10-person rule but must practice social distancing.
- 80 percent of COVID-19 cases are mild and can be ridden out at home. Those folks should isolate at home until three days have passed with no fever without medication and at least seven days since the onset of symptoms.
- The County has opened SDCCU Stadium for drive-up testing. This is only for patients who get referred by a physician.

Link to conference found [here](#).

Current Cases in San Diego County

Per the 3/20 county conference, at least 1,049 tests have been done.

As of 4 p.m. 3/20:

- Total Cases in San Diego County: 105
 - 10-19 years: 1 case
 - 20-29 years: 20 cases

- 30-39 years: 24 cases
- 40-49 years: 22 cases
- 50-59 years: 13 cases
- 60-69 years: 4 cases
- 70-79 years: 15 cases
- 80+ years: 6 cases
- Hospitalized Cases: 13

City News

Tijuana and Baja California Public Health Measures

Mayor Faulconer, other border mayors, and Supervisor Fletcher held a call Thursday with the Mexican consulate and the Secretary of Health from the State of Baja California to discuss collaboration and coordination.

They are urging Tijuana and Baja California to implement public health measures similar to those implemented by the County of San Diego.

Local Resources

United Way San Diego offering emergency assistance to low-wage workers affected by pandemic-related layoffs

United Way of San Diego County is offering emergency assistance to low-wage workers affected by pandemic-related layoffs or reduced working hours to help pay utility bills and housing payments.

Applications for its San Diego Worker Assistance Initiative can be found [here at https://uwsd.org/covid19/](https://uwsd.org/covid19/).

Volunteering Opportunities

Certain volunteer opportunities are exempt from the Governor's stay at home order. Some local opportunities are:

- **211 San Diego**; Call: 21; Web: <https://211sandiego.org/>
- **San Diego Food Bank** Call: 866-350-FOOD Web: <https://sandiegofoodbank.org/>
- **San Diego Blood Bank** Call: 619-326-4926 Web: <https://www.sandiegobloodbank.org/>
- **Serving Seniors** Call: 619-235-6572 Web: <https://servingseniors.org/>
- **Red Cross** Call: 1-800-RED-CROSS Web: <https://www.redcrossblood.org/>
- **Feeding San Diego** Call: 858-452-3663 Web: <https://feedingsandiego.org/>
- **Meals on Wheels** Call: 619-260-6110 Web: <https://www.meals-on-wheels.org/volunteer>

Online Small Business Resource Center from ICIC

ICIC has created a Small Business Resource Center (SBRC) which hosts several national and local resources aimed at supporting small businesses through the COVID-19 crisis.

Visit this resource here: icic.org/small-business-resource-center-covid-19-crisis

Planned Parenthood of Pacific Southwest

At this time, Planned Parenthood health centers remain open for urgent and essential services including birth control and abortion, but encourage patients who are experiencing fever and cough to contact their primary care provider first.

Additionally, they are not accepting online appointments at this time and patients should call 1-888-743-7526 to make an appointment.

Jewish Family Services: Service Update

Jewish Family Service will remain open and continue providing resources and services to the community.

*If you need assistance, **please contact JFS at (858) 637-3210.***

San Diego Center for Children

The services provided by the San Diego Center for Children are considered essential by the State. The following activities will be in service:

- The Academy, the San Diego Center for Children's nonpublic K-12 school, is following San Diego Unified directive and will be closed through April 3rd. All parents have been informed and resources are being sent home with students.
- A telehealth protocol for community-based programs to continue to provide mental health services safely.
- The residential treatment program with no visitors allowed. We have activated the protocol we developed in preparation for this pandemic to have the appropriate staffing and provide the necessary level of care.

Dogs on Deployment

Dogs on Deployment is in immediate need for temporary borders of pets due to the USNS Mercy being deployed. The sailors on this hospital ship need a place for their pets to stay while serving during this time. If you are able to help or want to learn more, please contact VCC's Program Manager, Amy Richards (amy@vccsandiego.org) or visit <https://www.dogsondeployment.org/>.

Government Resources

CA Dept. of Public Health :

<https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/Immunization/ncov2019.aspx>

CDC: <https://www.cdc.gov/coronavirus/2019-nCoV/index.html>

City of San Diego: <https://www.sandiego.gov/coronavirus>

County of San Diego: <https://www.sandiegocounty.gov/coronavirus.html>

Office of Governor Gavin Newsom: <https://www.gov.ca.gov/>

State of California Official COVID-19 resource: <https://covid19.ca.gov/>

Health Information

Drive-up testing at SDCCU Stadium

Only for patients who get referred by a physician.

211 San Diego

<https://211sandiego.org/>

2-1-1 San Diego in partnership with County of San Diego Health and Human Services Agency's Public Health Services department is actively responding to the Coronavirus (COVID-19) outbreak.

For County updates about the coronavirus pandemic and its impact on our community, text COSD COVID19 to 468311.

Scripps Health COVID-19 nurse line

888-261-8431 (7 a.m. to 9 p.m, Mon - Fri, and 8 a.m. to 5 p.m. Sat - Sun)

Those determined to have a risk of infection might be instructed to go to one of three cabanas located outside our urgent care centers for further testing or if necessary, to an urgent care center or emergency room for further treatment.

The cabanas are located outside of:

- Scripps Clinic Torrey Pines (opening Friday, March 13)
- Scripps Clinic Rancho Bernardo (opening Tuesday, March 17)
- Scripps Coastal Medical Center Vista (opening Tuesday, March 17)

UCSD Health COVID-19 nurse line

800-926-8273 (8 a.m. to 5 p.m. every day)

Patients should not walk in or schedule an appointment online. They should first call the COVID-19 nurse line BEFORE coming to any hospital or clinic. After answering questions, they will be directed to a video visit or a location for the necessary evaluation and testing.

Council President Pro Tem Barbara Bry represents San Diego City Council District 1, which includes the communities of Carmel Valley, Del Mar Heights, Del Mar Mesa, La Jolla, Pacific Highlands Ranch, Torrey Hills, Torrey Pines, and University City.