

MISSION BAY PARK SPECIAL EVENT NARRATIVE AND IMPACT

Presentation to Mission Bay Park Committee will be limited to 5 minutes

***Please attach a site map**

Name of Event: parkrun San Diego

- 1. Type of Event: 5k run/walk**
- 2. When, Day and Date: Saturday 15 January, 2022 Continues every Saturday afterward.**
- 3. Dates: Load In: Saturday 15 January 2022**
- 4. Times?**
 - Load in: 8:30 am**
 - Event: start 9am, end 10:30 am**
 - Load out: 10:30 am**
- 5. Location: South Shores, Mission Bay Road Closure: None**
- 6. Parking Lot Closure: None**
- 7. Parking Plan: use South Shores parking lot (30 cars max). Shuttle Plan: None**
- 8. Traffic Plan: not necessary**
- 9. Attendance:**
 - Estimated Participants: approx 45**
 - Estimated Spectatorship: 20**
- 10. P.A. System: none**
- 11. Amplified Music: none**
 - Time frame: n/a**
- 12. Other Prolonged Noise Impacts: none**
- 13. Day and Time of Sound Checks: none**
- 14. Do you plan to apply for an Alcohol Permit: no**
- 15. Do you plan on selling Alcohol: no**
- 16. Do you plan on serving Alcohol: no**
- 17. Time frame for Alcohol Sales/Service: n/a**
- 18. Any Other Special Events of more than 500 people occurring concurrently: none**
- 19. Other unique event features not covered above: This is a free (no charge) 5k run/walk event for any community members. Registration is mandatory.**

What is parkrun?



parkruns are free, weekly, community events all around the world.

parkrun events are 5k and take place on Saturday morning in parks and open spaces.

parkrun is a positive, welcoming and inclusive experience where there is no time limit and no one finishes last. Everyone is welcome to come along, whether you walk, jog, run, volunteer or spectate.

Locations: 50

All-time events: 5,372

Average finish time: 00:33:06

How do I take part?



Registration is completely free and only needs to be done once, whether you intend to walk, jog, run, or volunteer or do a combination of all these things! Simply complete the [registration form](#), print your barcode and head down to your local event.

There are 50 events around the country to choose from. You can find your nearest parkrun using our [event map](#).

We'd love to see you soon!

Finishers: 58,802

Volunteers: 6,101

Average finishes per participant: 4.3

Be part of our community



There are so many reasons to take part!

Whether you walk, jog, run, volunteer or spectate, you can learn new skills and enhance your health and happiness in the great outdoors whilst making new friends, feeling part of your local community and improving your fitness.

Still not convinced? Check out loads of inspirational stories from parkrunners on our [blog](#), or watch them on our [YouTube channel](#).

