

The City of
SAN DIEGO
Parks and Recreation Department

MID CITY GYMNASIUM
SUMMER PROGRAM 2019

4302 Landis Street

San Diego, CA 92105

Phone – (619) 516-3082 Fax – (619) 516-3081

<https://www.sandiego.gov/park-and-recreation>

Hours of Operation

Monday – Friday 2:00pm-9:00pm
Saturday 10:00am-4:00pm
Sunday 12:00pm-4:00pm



Staff

Raul ContrerasArea Manager II
Salvador Partida Jr Center Director I
Anuar MartinezGMS
Leticia CaballeroRec. Leader I
Dajasia MoralesRec. Leader I
Marlin MaxwellRec. Leader I
Karl Mickelsen.....Rec. Leader I
Gabriela Padilla.....Rec. Leader I
Robert Tamayo.....Rec. Aide



Permit Processing Days & Times

Tuesday's, 2:00pm-6:00pm or by Appointment

Class Registrations Days & Times

Tuesday's and Thursday's, 2:00pm-6:00pm. We also encourage you to register online at SDRecConnect.com

Hours of Operation, Programs, Fees and Open Play Basketball may change without notice.

Pee Wee Sports - T BALL

This course is an introductory sports program for all Pee Wee ages. The program is organized by parks & rec staff from Mid-City Gym & neighboring parks.

Ages: 4 – 7. Coed. Fee: Free (Spaces are limited).

Days & Times: Wednesday's 6pm-7pm & Saturday's 1:30pm-2:30pm.

Effective: June – August

Activenet Activity Code: [61939](#)



FERN STREET CIRCUS

Ages: 6 – 17. Coed.

Days & Times: Tuesday's 4:30pm-6:30pm

Fee: Free

Activenet Activity Code: [61933](#)



Cherokee Summer Sports

Participate in weekly sports activities organized by parks and rec. staff and volunteers.

Ages: 7 - 14. Coed. Fee: Free (Spaces are limited)

Dates/Times: TBD. Location: Cherokee Join Use Field.

Activity Code: [61968](#)

Effective: June 14, 2019 – August 30, 2019



Summer Volleyball

Participate in a Volleyball Clinic organized by parks & rec staff.

Ages: 12 - 17. Coed. Fee: Free

Dates/Times: TBD. Location: TBD.

Activity Code 12U: [61969](#)

Effective: July 2, 2019 – August 30, 2019



Warriors Baseball

Compete in an RBI baseball league organized by parks & rec staff from neighboring parks.

Ages: 8 - 12. Coed. Fee: Free (spaces are limited).

Dates/Times: TBD. Location: Park de la Cruz Softball Field.

Instructor: Robert, Gabby, Karl.

Activity Code 10U: [61970](#)

Activity Code 12U: [61971](#)



ADDITIONAL PROGRAMS AT MID CITY GYMNASIUM



The purpose of SPORTS for Exceptional Athletes is to create enhanced opportunities for people with and without disabilities to interact and form lasting bonds of friendship through shared sports and recreational activities in their community. In team sports for league play, divisions consist of four-to-ten teams playing a single or double round robin format. Teams may be made up of athletes with developmental disabilities, families, friends, and others in the community who want to play on inclusive teams



Our mission is to provide affordable Athletic Enrichment Programs that are locally accessible and available in every community that promote Life Skills such as: Honor, Respect, Discipline, Self-Confidence, Self-Esteem, Physical Fitness, Concentration, Coordination, Commitment and a Competitive Spirit, which increases and improves Social Interaction and Academic Performance in our youth of today and leaders of tomorrow, while providing a fun and safe environment for the children of today.



Kids to Canyons

Kids to Canyons, partnered with NRPA's Wildlife Explorers, is a new program for children ages 5-14 years old that will introduce kids to positive outdoor recreational opportunities. The program will teach healthy habits by providing outdoor opportunities through creative play while using their natural surroundings. Sessions will be offered starting in **Summer of 2019**.

Our Vision: "To connect all to the City's diverse world class park system."

A program introducing kids to their local, natural environments

FREE SPORTS CLINICS FOR SENIORS



Senior Citizen Services will be providing free sport clinics throughout the year at various locations. This quarter, we will highlight Pickleball which is one of the fastest growing sports for older adults. Players face off and hit a wiffleball with a solid paddle across a low net on a small court, similar to tennis, ping pong and badminton. Fun to play, easy to learn and an equalizer sport for men and women of all ages and abilities. Blake Fidler, from San Diego Pickleball, will instruct attendees in learning the basics of the game. Equipment, comprehensive instruction and a light snack will be provided. For additional questions please contact us.

GENERAL INFORMATION/INFORMACIÓN GENERAL

EQUIPMENT CHECK OUT

You can check out a variety of recreational equipment including: footballs, basketballs, soccer balls, ping-pong, board games etc... For kids and for adults, you need a picture ID.

EQUIPO PRESTADO

Pueden sacar prestado hay una variedad de equipo recreativo incluyendo pelotas de fútbol americano, fútbol, baloncesto, ping-pong, juegos de mesa y más. Niños nomás necesitan una tarjeta recreativa. Adultos necesitan su tarjeta de identificación.

PARK USE & SPECIAL USE PERMITS

Call the nearest recreation center. Permits are required for jumps and special use.

PERMISO DE PARQUE O USO ESPECIAL

Llame al centro recreativo más cercano. Se requiere permiso en el parque para brincolines y para el uso especial.

REGISTRATION

All fees based on contractual programs register on a monthly basis. Fees are due before the start of the first class. There is a \$25.00 service charge for all returned checks. Classes not meeting the minimum number of participants may be cancelled. Some activities have limited space available.

INSCRIPCIONES

Las inscripciones contractuales para clases serán cada mes.

Las cuotas deben pagarse antes de que empiece la clase. Habrá un recargo de servicios de \$25.00 para los cheques que se devuelva. La clase podrá ser cancelada si no tenemos el mínimo requisito de estudiantes. Unas clases tienen espacio limitado.

DONATIONS

By donating to our park system, you can help the Parks and Recreation Department to enrich the lives of others through quality parks and programs. Your gift will help ensure that we meet the needs of the community, including people of all ages, abilities and income levels through recreation, natural open space parks, neighborhood parks, and aquatics programs. For more information on how you can become a donor to

your favorite park, pool or recreation program, please call David Monroe, Deputy Director, CPII Division, (619) 525-8235.

DONACIONES

Con su donación al sistema de parques, usted puede ayudar al Departamento de Parque y Recreación enriquecer las vidas de otros por medio de parques y programas de calidad. Su donación ayuda que podamos cumplir con las necesidades de la comunidad de todas las edades, habilidades y niveles de ingresos por medio de recreación, parques de espacios naturales, y programas acuáticos. Para más información sobre cómo puede donar a su parque, alberca o programa recreativo favorito, comuníquese con David Monroe, Director Diputado, CPII División, (619) 525-8235.

VOLUNTEERS NEEDED!

Ongoing opportunities are available at recreation centers, pools and regional parks throughout the City, as well as with senior and therapeutic recreation programs. If you would like to volunteer, please see staff for more information, or visit www.sandiego.gov/park-and-recreation/general-info/volunteer.shtml or contact the Volunteer Office at (619) 533-4017.

¡NECESITAMOS VOLUNTARIOS!

Tenemos oportunidades disponibles en nuestros centros de recreación, albercas, y parques regionales en toda la ciudad, también con programas de recreación para mayores de edad y terapéuticos, y mucho más. Si usted está interesado, infórmese con el personal o visite nuestra página de Internet a www.sandiego.gov/park-and-recreation/generalinfo/volunteer.shtml o comuníquese con la Oficina de voluntarios al (619) 533-4017 para más información.

