

FALL CLASSES & PROGRAMS

Montgomery-Waller Recreation Center

Programs	Days	Time	Ages	Cost	Code
Fun Club	Mon, Wed, Thur	11:00am – 2:00pm	4 – 6 yrs.	\$100/ 3 months	29012
Flag Football 10 & Under	Mon-Thur	Practice times TBD	8 – 10 yrs.	\$20	29014
Flag Football 12 & Under	Mon-Thur	Practice times TBD	11 – 12 yrs.	\$20	29015
Flag Football 14 & Under	Mon-Thur	Practice times TBD	13 – 14 yrs.	\$20	29016
Flag Football 16 & Under	Mon-Thur	Practice times TBD	15 – 16 yrs.	\$20	29023
Youth Futsal	Games Wednesdays	Practice days & times TBD	8 – 12 yrs.	\$20	29037
Tae Kwon Do	Wed & Fri	Wednesday 5:30-9pm Friday 5 – 7pm	7 – 18 yrs.	\$60/month	Sept 29027 Oct 29026 Nov 29025
Hip Hop Dance	Thursdays	4:30 – 5:30pm	8 – 16 yrs.	\$20/ 3 months	29039
Easy Cooking with Kids	Tuesday	5:00pm – 6:00pm	9 – 15 yrs.	\$20/ 3 months	29030
Cupcake Baking	Wednesday	5:00pm – 6:30pm	8-16 yrs.	\$15/ 3 months	31852
Creative Crafts	Thursdays	3:30 – 4:30pm	7 – 12 yrs.	\$5/ 3 months	29040
Guitar Club	Wednesdays	Beginner 4:30-5:30pm Advanced 5:30-6:30pm	10+ yrs.	\$30/ 3 months	29041
Zumba	Mon & Friday	Monday 6:00-7:00pm Friday 5:45 – 6:45pm	13+	FREE	29032
Bellydance	Tues & Fri	Tuesday 11am-12:00pm Friday 11am – 12:00pm	13+	FREE	29044
Boundless Fitness	Saturday	9:00am – 10:00am	15+	FREE	29046
Adult Futsal	Mon & Wed	Monday 7-9:30pm Wednesday 7-9:30pm	16+	FREE	29033
Falun Dafa	Thursday	5:30 – 6:45pm	13+	FREE	29034
Karaoke & Salsa	Tues & Thur	Tuesday 5:30-8:30pm Thursday 5pm-7:30pm	13+	\$15/ 3 months	29036
Adult Self Defense	Mondays	6:30 – 8:00pm	18+	FREE	Session 1 31580 Session 2 31584
SPECIAL EVENTS					
Halloween Carnival	Friday October 28	5:00p.m. – 8:00p.m.	All Ages	\$5/wristband	N/A
Free Toys For Tots	Tue-Thurs Sept 20 – Oct 28	3:00p.m. – 6:00p.m.	0-12	FREE	N/A