

PROUDLY REPRESENTING

- · Alta Vista
- · Broadway Heights
- · Chollas View
- · Emerald Hills
- · Encanto
- · Greater Skyline Hills
- · Jamacha
- · Lincoln Park
- · Lomita Village
- · North Bay Terraces
- · Oak Park
- · O'Farrell
- · Paradise Hills
- · Redwood Village
- · Rolando Park
- · South Bay Terraces
- · Valencia Park
- · Webster

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WEEKLY UPDATE FROM THE OFFICE OF COUNCILMEMBER MYRTLE COLE

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Myrtle's Message

Be Prepared, San Diego!

Earlier this week, my Council colleagues and I declared September to be "Prepare San Diego Month" in the City of San Diego. I am proud to be working with the American Red Cross on a regional effort to get one million San Diegans, over a four-year period, prepared for the next major emergency by "getting a kit, making a plan, or getting trained."

According to the American Red Cross, only 7% of households in San Diego County are prepared for a disaster. We must all contribute to building safe neighborhoods by ensuring that we, in our own homes, are prepared and safe. Here's how you can contribute:

Get a survival kit

At a minimum, you should have the following basic supplies:

Water—one gallon per person, per day Food—non-perishable, easy-to-prepare items Flashlight Battery-powered or hand-crank radio Extra batteries

First aid kit

Medications (7-day supply) and medical items

Multi-purpose tool Sanitation and personal hygiene items Copies of personal documents (medication list and pertinent medical information, proof of address, deed/lease to home, passports, birth certificates, insurance policies) Cell phone with chargers Family and emergency contact information Extra cash



SEPTEMBER 27, 2013

American Red Cross

Emergency blanket Map(s) of the area

Make a plan

It is important to make sure that the entire family is prepared and informed in the event of a disaster or emergency. You may not always be together when these events take place and should have plans for making sure you are able to contact and find one another. So, take time to meet with your family or household members, and discuss how to prepare and respond to emergencies. For example, identify places to meet in case of emergency and plan for evacuations.

Get trained

The American Red Cross offers various training courses for individuals to learn lifesaving skills. Each year, an average of more than 9 million people gain the skills they need to prepare for and respond to emergencies through American Red Cross training classes, including First Aid, AED and CPR training. Please visit http:// www.redcross.org/take-a-class to find a class that best suits your needs and interests.

More information is available at www.preparesandiego.org.

Getting Things Done in D4



COMMUNITY MEMBER SPOTLIGHT

Community Clean up in Paradise Hills

Each year the City of San Diego's Environmental Services Department conducts special community cleanup events in neighborhoods throughout the City. Areas are selected for these events based upon citizen requests, pledges of community involvement and previous citizen participation levels.

On September 18, 2013, this department, along with the community volunteer, **Ms. Carmen Toral**, conducted a community cleanup in the Paradise Hills area. This successful cleanup removed a total of 10.74 tons of waste (9.43 tons of non-recyclables and 1.31 tons of recyclables) consisting of metals and appliances from the neighborhood.

Ms. Toral is to be commended for her assistance and support. Please feel free to call Solid Waste Code Enforcement Officer Michael Flores at (858) 627-3314 if there are any questions regarding this cleanup event.



Mr. Robert Brown cleaning the streets in the Bay Terraces community.





LET'S KEEP OUR COMMUNITIES CLEAN!

Councilmember Cole in the Community







Enjoying the fun festivities at this year's San Diego Praise Festival



Coastal Clean-up Day at Gompers Park in Chollas View

Community Events & Meetings

Culinary Fusion Festival– Come sample delicious food from ten local Asian restaurants that have been modified to be good for your waist line, heart and health. The event will take place at the Jacobs Center for Neighborhood Innovation, Saturday, September 28th from 10AM-3PM.

2013 Financial Planning Day– Join Interim Mayor Gloria and the Financial Planning Association of San Diego on September 28th from 10AM-4PM at the Alumni Center, SDSU for one-on-one personal financial counseling combined with group presentations on selected topics throughout the day.

The new San Diego Central Library will be fully open for business Monday, Sept. 30. Special opening day hours will be in effect that day from 9:30AM to 8PM. Before it's officially open for business, the City of San Diego will be hosting a free Celebration and Sneak Peek of the new Central Library on Saturday, September 28, which will feature the Library dedication, family-oriented street festival and a sneak peek at first floor areas and the auditorium of the iconic new building.

Museum Mash Up - FREE ADMISSION! SDHC joins nearly 20 museums and cultural institutions across the county for a family friendly fair at the Jacobs Center for Neighborhood Innovation. Live music, dance performances will be on the cultural stage as well as animal and creature appearances from local nature centers plus dozens of hands-on activities from museums across the region make for a family fun day out like no other. Sunday, September 29 from 1PM to 4PM at the Jo & Vi Jacobs Center 404 Euclid Avenue.

Jazz on the Patio -September 29, 2013 2PM – 5 PM. Featuring the Larry Streaty Band at the Southeast Community Church (PCUSA) 210 South Euclid Ave. San Diego, CA 92114. Call 619 264 0183.

Myrtle's Job Board Look Who's Hiring NOW!

San Diego Zoo Web Site For External Applicants Only: https://www.hrapply.com/ sandiegozoo/Setup.app

Hotel Del Coronado http://www.hospitalityonline.com/ employers/214568

YMCA of San Diego County www.ymca.org/jobs

HigherEd Jobs http://www.higheredjobs.com/ American Red Cross http://www.redcross.org/about-us/ careers

FedEx http://fedex.hodesiq.com/careers/ job_search.aspx?Locale=en&User_ID=

City of Chula Vista http://agency.governmentjobs.com/ chulavista/default.cfm

Cox Communications www.cox.com/coxcareer

KUSI www.kusi.com MAAC Project http://www.maacproject.org/main/ about-us/careers/

Embassy Suites- La Jolla www.hiltonworldwide.com/careers

City of Del Mar http://www.delmar.ca.us/ Government/dept/Pages/ Employment.aspx

Andaz and Manchester Grand Hyatt manchestergrand.hyatt.com

Arc of San Diego http://www.arc-sd.com/jobs

Find Out What's Happening At Our Libraries



Paradise	Hills Public Library
Nam	
B. August	Events in October:
Enjoy our beautiful patio outside or cool off inside in our air conditioned library.	Fantastic Forces!Fieet Science Museum fun packed demonstration. Help build a rollercoaster!Thursday 24th from 10- 11.30amBook discussion: Caleb's Crossing Wednesday 23rd 7pm.Spooky Halloween Face painting/craftWednesday 30th 4pm
Study/meeting room available	Free homework help tutor, Tuesdays at 5pm, Basic computing, eBooks, career workshop & more.
	Free burgers for reading!
New vending machines. Laptops to borrow.	Register for the In -and-Out burger reading program this month, complete the log and get a free hamburger or cheese- burger. Receive up to three reward certificates! For children ages 4-12
The filters	Corner of Reo Drive and Rancho Hills 619-527-3461 www.facebook.com/phlibrary Open Mon-Sat