



Parks and Recreation Department

North Clairemont Recreation Center

4421 Bannock Avenue San Diego, CA 92117

858-581-9926

www.sandiego.gov

To provide healthy, sustainable, and enriching environments for all



March 1 - May 31, 2024



The City of San Diego is committed to providing an equitable and inclusive environment for all individuals. Consistent with these principles and applicable laws, it is the City's policy not to discriminate on the basis of any protected classification, including age, ancestry, color, creed, physical or mental disability, gender, gender identity, gender expression, genetic information, marital status, medical condition, veteran or military status, national origin, pregnancy (including childbirth, breastfeeding, or related medical conditions), race, traits historically associated with race (including hair texture and protective hairstyles such as braids, locks, and twists), religion, religious belief or observance, religious creed, sex, sex stereotype, sexual orientation, transgender status or transitioning, or any other classification protected by federal, state, or local law (including being perceived or regarded as or associated with any protected classification). If anyone believes they have been discriminated against, they may file a complaint alleging the discrimination with either the City of San Diego, Parks and Recreation Department District Manager at 619-235-1132, or the California Department of Fair Employment and Housing (DFEH) at (800) 884-1684. This information is available in alternative formats

HOURS OF OPERATION

Sunday 10:00am—3:00pm
Monday 12:00pm—9:00pm
Tuesday 9:00am—9:00pm
Wednesday 12:00pm—8:00pm
Thursday 9:00am—9:00pm
Friday 1:00pm—8:00pm
Saturday 9:00am—4:00pm

City Holidays/Closures

April 1, 2024—Cesar Chaves Day
May 27, 2024—Memorial Day

Supervisory Staff

Hannah Turner, Area Manager II
Richard Crider, Recreation Center Director
Lauren Turner, Assistant Center Director

Recreation Leaders

Kenneth Gardener
Warren Gilliard
Kenneth Gray
Christie Johnson
Charlene Kawabata

Recreation Aide

Olivia Barnhill
Perry Davis

Grounds Maintenance Staff

Jackie Green
Arturo Barajas

REGISTRATION INFORMATION

Registration begins

Saturday, February 10, 2024
at 10:00 AM
www.SDRECCONNECT.com

Returning customers (previously registered for classes online) - Click the “My Account” button. Enter the login (email address) and password. Log in with this password to activate the account.

New Accounts click on the “Create Account” button. Fill out the new account request form completely, including all required fields (date of birth, gender, email, address, etc.) and click submit. Please submit the request only once. Registrant will receive a confirmation email at the email address provided. Please follow directions provided to activate account.

- ◇ Look for the 6 digit ActiveNet Codes **[12345]** for easier search of each program in this brochure.
- ◇ Only a parent or legal guardian can register participants under the age of 18 years.
- ◇ Cash or paper check is not accepted for registration.
- ◇ Acceptable payment methods (on-line and in-person) include:
 - ◇ Electronic check – proper ID with proof of checking account (blank or voided check) required
 - ◇ Credit, debit, or gift cards issued by qualified card service merchants (Visa, MasterCard, American Express, and Discover only).
- ◇ A **\$25.00 fee will be charged for declined electronic checks**. All customers must verify that bank routing and account numbers are entered correctly.
- ◇ All fees must be paid in full prior to attending the first class.
- ◇ Classes not meeting the minimum number of students may be cancelled.
- ◇ All participants must meet age requirements.

PROCESSING FEES ARE INCLUDED

All registration and reservation fees include a non-refundable 3.56% processing fee.

RECREATIONAL PROGRAMS

REFUND AND TRANSFER POLICY

Written refund applications must be submitted, using the Application for Miscellaneous Refund Form (COM-6), in person at the facility where the program occurs. Refunds will be processed in accordance with the following policy:

- ♦ **Refund Policy Exclusions:**
 - ♦ Three percent (3.56%) processing fee will be deducted from all refunds
 - ♦ No refund or transfer for non-attendance at any class
 - ♦ No credits to account
 - ♦ No refunds for costumes or equipment
 - ♦ Activity fees less than \$10.00 will not be refunded
- ♦ **Classes:** Refund is based on the date that the written application is submitted.
 - ♦ 96.5% refund – 3 or more calendar days prior to the first day of the class
 - ♦ 75% refund – less than 3 calendar days prior to the first day of class
 - ♦ No refund for requests submitted more than 24 hours after the first day of class
- ♦ **Camps:** Refund is based on the date that the written application is submitted.
 - ♦ 96.5% refund – 10 or more calendar days prior to the first day of camp
 - ♦ 50% refund – less than 10 calendar days prior to the first day of camp
 - ♦ No refund or transfer for requests less than 48 hours prior to the first day of camp.

**For more information, refer to the complete Recreational Programs Refund and Transfer Policy attached to all receipts.*

Independent Contractors vs. Permit Holders

The City of San Diego Parks and Recreation department offers a variety of programs for the youth which are provided through the means of three different sources; in-house programs (run by city staff), contractual programs, and rental programs. Contractual programs consist of independent contractors that have been approved by the City of San Diego as a sponsored program. Rental programs are commercial companies that rent out the facility to offer their programs and activities for the community. Please see below for specified requirements:

Requirements for Independent Contractors*

All contractors, subcontractors and volunteers are fingerprinted through the City of San Diego Live Scan process.

- ♦ Contractors provide Worker's Compensation coverage for all employees.
- ♦ All Contractors have a business license and carry insurance.
- ♦ City staff handles all registration for the program.

Requirements for Permit Holders/Rental Programs***

- ♦ Must provide proof of insurance plus endorsement page(s)
- ♦ Must provide own advertisement for program
- ♦ Handles all registration for their programs
- ♦ Rental programs are NOT required to submit proof of fingerprinting for their coaches or instructors.

*Independent Contractor programs are identified with *
Permit Holders/Rentals are identified with ****



ALL City of San Diego parks and beaches are smoke free.



DONATING

By donating to our park system, you can help the Parks and Recreation Department provide a healthy, sustainable, and enriching environment for all. Your gift will help ensure that we meet the needs of the community, including people of all ages, abilities, and income levels through recreation, natural open spaces, neighborhood parks, and aquatics programs. For more information on how you can become a donor to your favorite park, pool, or recreation program; please call the District Manager at (619) 235-1132.

VOLUNTEERS NEEDED

Ongoing opportunities are available at recreation centers, pools and regional parks throughout the City, as well as with senior and therapeutic recreational programs. If you would like to volunteer, please see staff for more information, or contact the Volunteer Office at (619) 525-8231

North Clairemont Parks: Reservation and Permitting Information

Permits are required when any of the following occur:

The use of special equipment (i.e. generator, large canopy, bubble soccer), fifty (50) plus attendees, athletic field rentals, tournaments, clinics, fitness classes, room reservations, and special events.

More information about reserving the following neighborhood parks is available by calling the Center

North Clairemont Recreation Advisory Group

The Greater North Clairemont Parks and Recreation Advisory Group represents the communities around North Clairemont and

Cadman Community Parks. The North Clairemont Recreation Advisory Group is looking for new members. Membership is free and open to the public. This group serves as an advisory group to the City of San Diego Parks and Recreation Department and facilities.

Meetings are held at 6:30 PM on the third Wednesday of each month.

Therapeutic Services

All activities accommodate people with disabilities. Upon availability, Therapeutic Recreational Services staff will provide additional assistance along with recreation staff (a three (3) week notice is required). An assessment will be made to determine if a one-on-one aide is needed. Therapeutic Recreational Services is a city-wide program that provides recreation opportunities for people with disabilities. For more information, or to be placed on their mailing list, please call (619) 525-8247.

Contact Information

Cadman Recreation Ctr. (858) 581-9929

Clairemont Pool (858) 581-9923

So. Clairemont Recreation Ctr. (858) 581-9924

Tecolote Recreation Ctr. (858) 581-9930



**Sunday
March 10, 2024**



Just a Reminder, Public Defibrillators are located at all Recreation Centers in the City of San Diego.

Seniors Classes

Rhythmic Workout Plus:
This gentle senior exercise program will help increase the energy and overall well-being of participants. [112644]

Day: Tuesdays-Thursdays
Time: 1:30 - 3:00 pm
Location: Gym
Cost: Free



Reality Tennis

Classes are taught by Mr. Brooks, USNTA Certified with 30 years of teaching experience. Classes are designed to accommodate the skill and learning level of each student. Lessons will be made up only if rained out or canceled by the instructor.

Group Tennis Lessons

Instructor approval is required prior to enrollment. More information is available by contacting Mr. Brooks at (858) 715-3908.

Pickleball is HERE!

Pickleball is a racquet sport that combines badminton, tennis, and table tennis. It is played on a indoor court surface.

Equipment is available for loan when the participant provides a photo ID.

Open play is available:

Tuesdays 10:30 AM—1:30 PM
Thursdays 10:30 AM—1:30 PM



Outdoor Pickleball Courts

Are now open at North Clairemont Recreation Center. Please call to confirm Pickleball hours at (858)581-9926.



Youth Co-Ed Volleyball League

North Clairemont Recreation Center offers a Spring Volleyball League. The league is for all skill levels. Registration includes 6 regular season games, practices, playoffs, awards, and a banquet. **Volunteer coaches are welcome!**

Season: March 12, 2024

Fee : \$77.00



Ages: 10-14 years

12 years & Under [112642]
Games : Fridays

14 years & Under [112643]
Games : Saturdays

Youth Basketball Clinic

This co-ed clinic is geared towards players of all levels for ages 7-14 years. This program will focus on the fundamental aspects of the game, with emphasis on refining technical ability and strengthening individual athletic confidence.

Day: Wednesdays

Time: TBA

Dates: April 12– May 17

Fee: \$40.00



Ages: 7-14 years

10 years & Under [112636]

14 years & Under [112637]

Mondays

Girls 9-11 : [112640]

Girls 12-14: [112641]

Important Information

AED's (Automated External Defibrillators) are located in the North Clairemont Recreation Center and the Cathy Hopper Clairemont Friendship Center.



To provide healthy, sustainable, and enriching environments for all.

North Clairemont Recreation Center

4421 Bannock Avenue

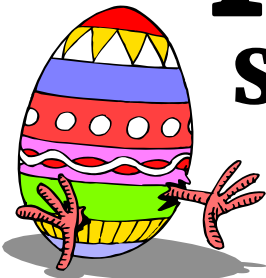
San Diego, CA 92117

858-581-9926

Spring Egg Hunt

Saturday, March 30, 2024

9:00 – 11:00 am



Everyone is invited to the Annual Spring Egg Hunt.

FREE

Times:	9:30 a.m.	Ages: 1–2 years
	9:50 a.m.	Ages: 3–5 years
	10:10 a.m.	Ages: 6–8 years
	10:30 a.m.	Ages: 9–12 years and late comers

Children need to bring their own baskets to the egg hunt and parents should bring a camera for photo opportunities with the bunny.

More information is available by calling
North Clairemont Recreation Center at

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Arts & Crafts

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Neighborhood Parks

Gershwin Park₁

3549 Conrad Ave, San Diego, CA 92117

12 hour alcohol ban: 8:00 PM—8:00 AM

(1) Basketball court/(1) Tennis court

NO restrooms/NO team sports

MacDowell Park₂

5183 Arvinels Way, San Diego, CA 92117

24 hour alcohol ban

(1) Tot lot

NO restrooms/NO team sports

Olive Grove Park₃

6075 Printwood, San Diego, CA 92117

12 hour alcohol ban: 8:00 PM—8:00 AM

(1) Comfort station

Mt. Etna Community Park

4741 Mt. Etna Drive, San Diego, CA 92117

24 hour alcohol ban

(1) Comfort station

North Clairemont Recreation Center ★

4421 Bannock Ave., San Diego, CA 92117

24 hour alcohol ban

Facility

includes: (2) Meeting rooms/(1) Game room/(1) kitchen/(1) Gymnasium/(1) Comfort station

Joint Use Sites

CPMA₅

5050 Conrad Ave., San Diego, CA 92117

24 hour alcohol ban

(1) Multi-purpose field

NO restrooms

Sequoia Elementary 6

4690 Limerick Ave. San Diego , CA 92117

24 hour alcohol ban

(1) Multi-purpose field

NO restrooms

Innovation Middle 7

5095 Arvinels San Diego, CA 92117

24 hour alcohol ban

(1) Multi-purpose field

NO restrooms

