



## **Increasing Access to Healthcare and Healthy Foods Working Group**

**HITEC Center, Family Health Centers of San Diego**

**5160 Federal Blvd., San Diego, CA 92105**

**Nov. 16, 2017, 3-5 p.m.**

### **Meeting Notes**

**In Attendance:** Harder + Co, San Diego Promise Zone, AmeriCorps VISTA, City of San Diego Public Library, HUD, Jackie Robinson YMCA, San Diego County HHSA, Kitchens for Good, SAY San Diego, National Conflict Resolution Center, Project New Village, UPAC, Family Health Centers and Harmonium

### **Welcome and Introductions**

Co-Chairs Tina Emmerick (HHSA) and Rosa Ana Lozada (Harmonium) called meeting to order and led introductions.

### **Announcements**

The added subgoal related to active living was taken to the November Creating a Priority of Safety Working Group meeting for comment. The group identified several cross-threading activities.

### **Review of October 2017 Working Group Meeting**

The group is continuing to update the logic model with the goal of updating the work plan with specific contacts, timelines and priority activities. The meeting covered all subgoals, but only briefly addressed Subgoals 6c and 4c, which will be the focus of this month.

### **Logic Model Draft Review**

**Subgoal 6c: Improve residents' health through access to healthcare insurance, access to mental health services, access to appropriate care and support of continuum of care. Outreach and enrollment coordinators will distribute information and offer free application assistance in health clinics located in the SDPZ.**

#### **Suggestions:**

- Mental Health
  - Need to integrate existing efforts for mental health. Who is recognized as the mental health champion in the Promise Zone and who are the accessing it in the Zone?
  - The increasing number of people experiencing homelessness moving into the SDPZ may need to be addressed here. Without coverage or access to medication, many will have trouble meeting their other needs.

- Health centers have onsite mental health services, and schools or other entities offer preventative youth and family services.
- The group will look into HHSA contracts for mental health providers in the SDPZ.
- Family Health Centers will be opening a new youth health and behavioral health center in Barrio Logan.
- Live Well communities also collected mental health data.
- Connections
  - Faith-based communities are already working to connect people to providers and may need to utilize them to help connect providers to each other.
  - Could we measure the number of preventative healthcare visits as an output of our activities around access and appropriate care?
  - The City may want to use a network analysis and mapping of organizational ties to see where partnerships and service referrals can be strengthened within the SDPZ.

#### **Subgoal 4c: Increase community supports and opportunities for active living(NEW)**

##### Suggestions:

- Activities 1 and 2
  - Only the City can enforce land-use policies, but the partners must be advocating for change in land-use policies to support active living.
  - Support the Imperial Avenue bike project
  - Measure miles of bike lines, number of new crosswalks, number of new or renewed joint-use spaces and number of new bike racks.
- Activity 3 (NEW)
  - Prioritize infrastructure improvements in areas of the SDPZ where there is high pedestrian traffic.
  - This activity will tie in the City's Climate Action Plan and Vision Zero.
- Activity 4 (NEW)
  - Increase SDPZ residents' access to and usage of quality, affordable opportunities for physical activity (e.g., coaching, programs and facilities).
  - Measure the number of new YMCA members and number of Park and Recreation Department programming enrollments.
- Overall Outcomes
  - Increased positive presence in parks, recreation centers and school joint-use facilities.
  - Increased physical activity of SDPZ residents.
  - Improved resident health.

##### **Updates**

##### Community Survey:

- Community Survey will be wrapping up before Thanksgiving, with the results hopefully available in late January.

**Next Steps and Closing**

Meeting in December will be canceled for the holidays.

**Next Meeting Date:**

HITECH Center

Jan. 18, 2018, 3-5 p.m.